

SM Athletic Hall of Fame to honor first inductees

Three coaches, four athletes, two teams and one at-large supporter duo will be the first inductees into the Staples-Motley Athletic Hall of Fame.

Coaches: Don Dravis, Bill Finn and Jerry Riewer, athletes: Del Cerney, Arden Beachy, Warren Mertens and Bob Peterson: 1985 Staples girls basketball team: the 1988 Staples football team: and at-large supporters: Derald and Juanita Miller, are the 2019 inductees.

The Hall of Fame Committee will host an award presentation ceremony, Friday, April 5, at Staples-Motley Centennial Auditorium. A short reception from 6 to 6:30 p.m. with the program starting at 6:30 p.m. Brian Baustian, a 1973 Staples graduate, will be the keynote speaker.

Following the induction ceremony, a gathering at Timbers Restaurant and Event Center, Staples will be held from 8:30-11 p.m. for social time with the inductees. A small cover charge at the door of the gathering at Timbers will be charged. No charge for the inductees and attendee guests under 18 years of age.

The Hall of Fame Committee received 33 nominations for the first athletic hall of fame, it was narrowed down to the ten inductees.

SOS forum starts community connections to prevent suicide

By Mark Anderson
Managing Editor

“S.O.S.: Safety Over Suicide,” a mental health forum was held Feb. 25 at Central Lakes College in Staples. Four panelists gave their views on suicide before answering questions from the crowd of about 90 people.

Panelists were Alyssa Vanderhoof, author of “When the World Goes Dark,” Mary Marana, Executive Director of the Crisis Line and Referral Service, Stephanie Downey, suicide prevention planner with the Minnesota Department of Health, and Dr. Paul Davis, Lakewood Health System psychologist and Manager of Clinic Behavioral Health Services.

The event was sponsored by Staples Motley Beyond Poverty, Engage by Lakewood Health System and Todd County Creating A Difference.

Alyssa Vanderhoof

Vanderhoof read her book “When the World Goes Dark”, inspired by her personal journey with depression and suicide.

Vanderhoof told the crowd she still faces the darkness at times, and had advice for anyone who doesn't see a way out of it.

“Find a light to guide you. Embrace your passions and hold the ones who love you close. Never give up, you are not alone,” said Vanderhoof.

She said she felt alone at the time of her depression, and even worse, felt she was a burden to those around her. “I was bringing these scary emotions in someone else's life, I went down a really dark path for many years,” she said.

Just like her depression and suicide attempt, her recovery was also a personal journey.

“Eventually I realized if I want to get somewhere, I have to stop these unhealthy behaviors,” she said.



Sharing stories of depression and hope

Alyssa Vanderhoof reads from her book while a page of the book is projected on the screen and Mary Marana looks on. (Staples World photo by Mark Anderson)

She began by taking small steps, and it led to a realization that the depression is a part of life. She got over the stigma of depression and suicide and is now not ashamed to tell her story.

“Without all that I wouldn't be who I am now,” said Vanderhoof. “I'm thankful I am alive, so unbelievably thankful.”

She said others who feel they have no hope should keep working on

“Eventually you do find the light,” said Vanderhoof. “Step back, you can finally breathe. It's okay to have darkness, how else do you see the light? Now I have the possibility of acknowledging these great amazing things in my life.”

Mary Marana

Marana told about how common signs of depression are, for just about everyone: wanting to stay in bed, tears for no reason, or being ticked at the whole wide world...

“Those are symptoms of depression, but it doesn't mean everyone is depressed, those are typical emotions we have

during the day,” said Marana. “What is not typical is when you wake up and you physically can't get out of bed, or you have those feelings for weeks, you have pain for no reason, you truly feel like you can't go on ... possibly then you have depression, and you need to seek help.”

Marana then introduced her favorite four letter word: HOPE. She gave many examples of how people can get help, starting with the Crisis Line, which is open 24 hours a day, with mobile teams that can come to you or direct you where you can go for the help.

Marana said anyone can help someone who is showing signs of depression. She had conversation cards available to help people start the conversation about it.

“Just pull out a card and say you seem to be having some of these signs,” and the conversation leads to options for help.

“With hope there is always help available,” said Marana.

Stephanie Downey

Downey said the community is already taking a big step by hosting the forum.

“It is very impressive you are coming together to discuss this important topic,” she said. “It takes people who are willing to stand up, share their story. Make it okay.”

Downey said she believes in “upstream prevention” before a person needs help from the Crisis Line or medical treatment. That prevention takes a personal effort to make sure conversations are constantly started with loved ones about big and small issues.

“Talk about everything: celebrations, joy, and the difficult stuff too,” said Downey. “You are creating a path to making it more comfortable to have the conversation when something difficult is happening.”

If a loved one appears to be having depression symptoms, Downey suggested a few phrases to help the conversations along.

“Use I statements: I care See **SOS** on page 3a

Weather

This Week's Forecast

	High	Low	Cond.
Mar. 13	37°	29°	Wintry-Mix
Mar. 14	35	20	Snow-Showers
Mar. 15	27	10	Cloudy
Mar. 16	28	9	Sunny
Mar. 17	30	12	Cloudy
Mar. 18	31	12	Snow-Showers
Mar. 19	30	13	Snow-Showers

Average Temp.:
H = 38° Low = 16
Snow Total:
Nov.-Mar. 5 = 66"

Recall: a) Each day is 3-4 minutes longer
b) Year 2012 - Week of 60° - 70°!

Compiled by
Dale Hausmann,
Staples WCCO's area
Weatherwatcher

Frozen water lines cause danger

The City of Staples announced there have been several water line freeze-ups in the area.

The city asks citizens to monitor water temperature during the day to avoid water lines freezing up. If the temperature goes below 35 degrees, you should let your water run in a stream the size of a pencil. Contact the City at 894-2550 and advise them of your situation. The city may be crediting a portion of the additional sewer charge if this situation exists.

Dale Hausmann, Staples' own WCCO weather watcher

By Dale Hausmann, Staples WCCO weather watcher

WCCO TV started the Weather Watchers program in 2008, lead by meteorologist Mike Augustyniak.

I signed up as a weather watcher in 2010. I have visited WCCO twice over

the last nine years. The Weather Watcher Network has grown to around 500 watchers in Minnesota and Wisconsin. The network provides WCCO with temperatures, rain and snow totals for our given area.

Predicting any weather See **DALE** on page 12a



Weather watcher at work

Dale Hausmann, rural Staples, measures the snow recently at his home north of town. Hausmann's a weather watcher with WCCO News and a local weather correspondent for the Staples World. (Submitted photo)



Once upon a time...

...there was an ugly duckling who just wanted to fit in. The classic fairy tale “The Ugly Duckling” by Hans Christian Anderson has been adapted into the musical, “Honk! Jr.,” which will be performed by the Motley-Staples Middle School March 15 and 16. Above, Matthew R. Olsen, director of the middle school play, speaks with first graders at Staples-Motley Elementary School March 7, to introduce them to the story prior to their seeing the musical. The play covers a variety of themes including finding a community where you feel at home. In lower photo, Olsen helps Nyah Noska, portraying the part of “Ugly” during the recent story time, search for a student with the same color paper she has been given. Ultimately, “Ugly” finds her mother. (Staples World photos by Dawn Timbs)



Public Notices

Todd Bituminous projects: **9A**

Obituaries

Kenneth Edin
Donald Edwards
Joel Greenwaldt
Duane Starke

8 10499 02493 3

Thank you for subscribing!



No rest for snow plows this winter

Traffic along Hwy 10 in Motley was down to one lane March 5, as MnDOT snow plows worked to remove several inches of snow from the roadway. Several more inches of snow fell throughout the area the weekend of March 9 and 10, so snow plows were back at work once again. In addition to plowing, crews work

to scoop up the large piles of snow and bring them to another location. Motley's Public Works Director, Bruce Brotherton, said that all of the snow is brought to the field behind the Motley maintenance shop. (Staples World photo by Dawn Timbs)

Cass County Sheriff's Office

Recent reports from the Cass County Sheriff's Office (CCSO) included the following:

- March 3 - The CCSO assisted at the scene of an accident at the 2000 block of Searcyville in Pillager. No injuries.
- March 9 - The CCSO responded to a report of an accident at the 6000 block of State Hwy 210 SW in Motley. No injuries.
- March 9 - The CCSO assisted at an incident at the 600 block of Hazel Ave. W. in Pillager
- March 6 - The CCSO responded to an 'attempt to locate' report at the 10000 block of 57th Ave. SW in Pillager.
- March 7 - The CCSO responded to a report of crime at the 1000 block of Searcyville in Pillager.
- March 7 - The CCSO provided extra patrol at the 6000 block of 116th St. SW in Motley.
- March 7 - The CCSO received a report of a gas drive-off at 110 State Hwy 210 E. in Pillager.
- March 5 - The CCSO responded to a report of consumption by a minor at the 300 block of East Second St. S., Pillager.
- March 4 - The CCSO assisted a motorist at 49th Ave. SW and 104th St., Pillager.
- March 8 - The CCSO responded to a property damage report at the 1000 block of 136th St. SW in Pillager.
- March 7 - The CCSO responded to a report of threat at the 300 block of East Second St. S. in Pillager.
- March 9 - The CCSO responded to a report of threat at the 2000 block of 132nd St. SW in Pillager.

R5 seeks 50 veterans for CSA food program

Veterans Notes
By David A. Anderson
Wadena County Veteran Service Officer

Region Five Development Commission (R5DC) is seeking 50 veterans who live in rural Minnesota to participate in the Veteran Community Supported Agriculture (VetCSA) program. They are accepting applications to the program from veterans who reside in the counties of Cass, Crow Wing, Morrison, Todd or Wadena. Participating veterans will receive a Community Supported Agriculture (CSA) food package twice per month, for one year at no cost. Cooking demonstrations and classes will be offered monthly by local food experts, chefs and nutrition educators.

The goal of the VetCSA is to improve the overall quality of life for veterans and their families.

This initiative delivers healthy foods and gives additional knowledge and skills on how to prepare them. Building a healthy lifestyle creates a positive effect on physical and mental health. The VetCSA also brings veterans, families, growers and communities together.

If you are interested in participating, contact Staci Headley by phone at 218.894.3233 or via email at sheadley@regionfive.org or contact your appropriate Veterans Service Officer, based on your county of residence.

About Region Five Development Commission:

Enhancing the vitality and quality of life in Cass, Crow Wing, Morrison, Todd and Wadena counties is the mission of Region Five Development Commission. Resiliency, inclusion and collaboration are guiding concepts in achieving mutually shared goals

that continue to evolve with local municipalities, state, federal agencies, philanthropic, non-profit and social advocacy agencies. Visit www.regionfive.org to learn more.

Veterans Day on the Hill

Veterans Day on the Hill is a chance for Veterans to talk with their legislators about issues that affect them. This event is open to all Veterans and will be held at the state capitol in St Paul. This year's Veterans Day on the Hill rally will take place Wednesday, March 20 2019.

Veterans Day on the Hill is hosted by the Minnesota Association of County Veterans Service Officers, the Minnesota Commanders' Task Force, and the United Veterans Legislative Council of Minnesota.

The schedule will be as follows:

- 10:30 - Free Veterans and supporters pre-rally lunch presented by the Disabled American Veter-

ans of MN at the St. Paul Armory (600 Cedar St.)

- 12:45 - Veterans March to the Rally, starting from the Veterans Services Building (20 W. 12th Street)
- 1:30-2:30 - Commanders' Task Force, United Veterans Legislative Council, and Minnesota Association of County Veterans Service Officers present Rally in the Rotunda.

Note all of the above events are held right in the area of the capitol parking is limited and there could be a great deal of walking to attend all of the events.

As always please see your local County Veterans Service Officer if you have any questions. You can contact your local VSO at (218) 631-7617 or by email at [david.anderson@co.wadena.mn.us](mailto:anderson@co.wadena.mn.us) and as always have a great week.

Nagel, Veronen re-elected to Sourcewell Board

Sourcewell's Region 5 members will benefit from consistent representation as two Board of Directors members have been re-elected to their four-year terms.

Sara Nagel and Scott Veronen were re-elected to the Sourcewell Board of Directors at an organizational meeting Feb. 19 at Sourcewell in Staples. Both will serve a four-year term.

Nagel, a resident of Pillager, represents Sub-Region II which includes school districts in Cass Lake-Bena, Crosby-Ironton, Northland Community, Pequot Lakes, Pillager, Pillager Area Charter, Pine River-Backus, and Walker-Hackensack-Akeley.

Veronen, of Verndale, represents Sub-Region I which includes districts in Bertha-Hewitt, Browerville, Eagle Valley, Freshwater Education District, Long Prairie-Grey Eagle, Menahga, Sebeka, Staples-Motley, Verndale, and

Wadena-Deer Creek.

"We are excited to have Board members Nagel and Veronen re-seated on the Board as they both have considerable governance experience, a passion to serve, and they will be able to leverage their past experiences and history with Sourcewell's as they help lead into the future," said Sourcewell CEO and Executive Director Dr. Chad Coauette.

Also during the meeting, Mike Wilson was elected as chairperson, Scott Veronen as clerk, Barb Neprud as treasurer, and Greg Zylka as vice-chairperson.

Sourcewell's Board of Directors is charged with the care and management of Sourcewell, as stated in Minnesota Statute M.S.123A.21, Subd. 4. Sourcewell full-voting members elect the eight-member board. Six are local school board members, and two are elected representatives from Region 5 member cities, counties, and government agencies.



Sara Nagel



Scott Veronen

Submitted by Todd County Health and Human Services

It is starting to feel as if winter will never end! If you are feeling depressed, bored and frustrated try a few of these tips.

- 1. Make your environment brighter.**
Opening blinds and curtains and sitting closer to windows can help provide an extra dose of sunshine.
- 2. Eat smarter.**
Eating healthy foods can help to enhance your mood and relieve anxiety. Other foods, like candy and carbohydrates provide temporary feelings of euphoria, but could ultimately increase feelings of anxiety and depression.
- 3. Exercise.**
Walking fast for about 35 minutes a day five times a week or 60 minutes a

day three times a week improved symptoms of mild to moderate depression. Exercising under bright lights may be even better.

- 4. Turn on the tunes.**
Listening to upbeat or cheery music can significantly improve your mood in both the short and long term.
- 5. Help others.**
Helping out and volunteering your time at the local food shelf or senior center can improve mental health and life satisfaction.
- 6. Get outside.**
Talking yourself into taking a walk when the temperatures plummet isn't easy, but the benefits are big: Spending time outside (even when it's chilly!) can improve focus, reduce symptoms depression, and lower stress levels.

Ask A Trooper

By Sgt. Jesse Grabow of the Minnesota State Patrol

Question: I was arrested for DWI. Where do I find information about ignition interlock?

Answer: First-time DWI offenders arrested at 0.16 alcohol-concentration level or above and second-time offenders can voluntarily enroll in the ignition interlock program to regain legal driving privileges. If they don't enroll, they face at least one year without a driver's license. Offenders with three or more offenses are required to use interlock for three to six years or they will never regain driving privileges.

The law gives DWI offenders a chance to regain driving privileges by ensuring safe and legal driving through the use of the interlock device. Interlock users will regain full driving privileges immediately after the offense and enrollment into the program. This ensures they are driving with a valid license and are not a threat

on the road.

The Minnesota Department of Public Safety Driver and Vehicle Services Division administers the ignition interlock program and you can contact them at dvs.ii@state.mn.us or 651-296-2948 to enroll in the program. Information is also available at dps.mn.gov/divisions/dvs/programs/mn-ignition-interlock/Pages/default.aspx.

Interlock devices are installed near the steering wheel and connect to the engine. They require a driver to blow into a tube and provide a breath sample in order for the vehicle to start.

The vehicle will not start if the device detects an alcohol-concentration level of 0.02 or above. Interlocks require rolling retests after the initial test, but a failed test will not disable the vehicle while in motion for safety reasons. The device also has features to deter others from starting the vehicle for the intended user.

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Staples World

DEADLINES
Newspaper deadline for copy and advertising: **12 noon Fridays**

•Elect Steve Riewer•

Todd-Wadena Electric Cooperative Board of Directors

My name is Steve Riewer. I retired from the Bertha-Hewitt School District last spring after 34 years of teaching and coaching. If elected to the TWEC Board, I promise to deliver the same dedication and commitment to TWEC members that I gave to the students and families at Bertha-Hewitt. Ballots were mailed to members on March 11. Please review the candidates and exercise your right to vote.

I would sincerely appreciate your vote.

Paid for by Steve Riewer, in his own behalf; 11593 110th Street, Wadena, MN 56482

SM Area Community Foundation announces spring grant opening

Is your organization or group in need funding to support a community project? The Staples Motley Area Community Foundation (SMACF) is accepting grant applications from non-profit organizations within the Staples Motley School District boundaries.

The Staples Motley Area Community Foundation will accept and consider funding proposals that fit within the following categories:

- **Economic Vitality:** Making our community vital now and in the future. Grants to promote community development and appearance.
- **Children, Youth and Families:** Supplementing the endeavors of people

striving to develop and implement positive opportunities for residents of the Staples/Motley area.

- **Human Services:** Programs to promote the overall quality of life and meeting human needs (i.e. healthcare, food shelves, domestic violence, etc.).

The average grant is \$2,000 and a limited number of grant funds are available so apply now. For large projects, grants are available for a maximum amount of 50 percent of the project cost up to \$2,000. The application and grant guidelines are available on the SMACF website at: <http://www.staplesmotley-foundation.org>. Completed applications must be submitted no later than April

15.

Questions can be directed to committee members: Melissa Birkholtz, Ron Denning, Joe Roline or Nick Trout by phone: 218-296-2565.

If you have difficulty using the web based application or if your request is labeled “ineligible,” ask for clarification from one of the grant committee members or call 218-296-2565.

Since its inception in 1999 the foundation has awarded over \$250,000 in grant funding to area projects. The Staples Motley Area Community Foundation is a component fund of the Initiative Foundation, a regional foundation serving Central Minnesota.



SM Area Community Foundation board

The Staples Motley Area Community Foundation board met March 6, at Centennial Auditorium in Staples. Pictured front row, from left: Katie Hepner, Mike Schmidt, John Wolak, Danny Kriefall, Chris Trout. Back row: Melissa Birkholtz, Joe Roline, Tammy Miller, Rob

Jasmer, Barb Markus, Jason Borash, Gretchen Bestland, Nick Trout. The 2019 Officers are: Chris Trout, Chairperson; John Regan (not pictured), Vice Chair; Nick Trout, Treasurer; and Joe Roline, Secretary. (Staples World photo by Dawn Timbs)



SM Speech at Walker tournament Mar. 2

Front, left to right: Torii Nienow, Macy Judd, Alex Brings, Andrew Bates, Sadie Thompson, Caden Mrazek, Iain Sams. Second row: Micah Larson, Coach Delaney Larson, Jaydon Friedel, Connor Judd, Luke Bates, Cy Johnson. Third row: Jack Tyrell, Ethan Gilbertson,

Jonah Johnson, Ari Brings, Samantha Mrazek, Lilly Niemi, Brooke Ferdon. Back: Emery Lorber, Coach Brian Sams, Coach Heather Sams, Grace Allen, Antonio Cuetera, Katie Niemi, Coach Coleman Klimek.

Staples-Motley Speech earns 3rd place trophy

The Staples-Motley Speech Team placed third out of 32 teams at the 47th Annual Chuck Beckman Memorial Speech Tournament held at Walker High School March 2.

The Cardinal team finished well ahead of the fourth place team and only four points behind the second place team from East Grand Forks; the team from Moorhead (AA) took first.

Finalists bringing home first place medals were Jonah Johnson (Creative Expression - his seventh straight win), Caden Mrazek (Humor), Jaydon Friedel and Andrew Bates (Duo). Placing second were Ari Brings (Prose) and Ethan Gilbertson (Creative Expression). In third, Ari Brings (Great Speeches) and Jaydon Friedel (Drama). Samantha

Mrazek and Caden Mrazek placed fourth in Duo; fifth were Andrew Bates (Drama), and Samantha Mrazek (Original Oratory); sixth were Lilly Niemi (Info), Macy Judd (Extemp. Reading) and Sadie Thompson (Humor).

In Honor Finals, Alex Brings took home a first place medal in Great Speeches. Placing fourth were Luke Bates (Humor), and Torii Nienow (Info); Antonio Cuetera placed fifth in Extemp. Speaking; sixth place ribbons were awarded to Sadie Thompson (Creative Expression), Iain Sams and Cy Johnson (Duo); seventh were Jack Tyrell (Discussion) and Macy Judd (Poetry).

Earning ribbons for excellence were Connor Judd (Humor) and Torii Nienow (Prose).



Staples-Motley Speech captains Andrew Bates and Sadie Thompson.

SOS continued from page 1a

Spend time listening... tell me about you...

about you, I am concerned about you, I've noticed you are acting this way," said Downey. "Spend a lot of time listening: tell me more about that, tell the story of what is going on..." And if the conversation doesn't seem to be helping, "Is there someone else you would be more comfortable talking to?"

Downey also had suggestions on how to talk to people who have lost a loved one to suicide.

"Accept their feelings for what they are, they can feel anger, shame, guilt, even a sense of relief if someone has been struggling a long time. Accept without judgement, use the name of the loved one, don't be afraid," she said.

If you don't know what to say, "just say 'I don't know what to say, but I care,'" said Downey.

"Share a positive memory about the person, but avoid details about the death, and avoid sharing your own personal details or judgement, like 'that was a real selfish thing of them to do,'" said Downey.

"Do something for them: bring them food, make them dinner, do laundry, babysit, watch their kids - do things with them, just be there for them."

Downey said suicide prevention can also come down to simple basics of life: "get sleep, be physically active, eat healthy, drink water, and avoid social isolation. Connectedness is a protective factor."

Dr. Paul Davis

Depression is on the rise in the nation and in the world, Dr. Davis told the crowd.

"As nations get more industrialized, depression



Panelists

Staphanie Downey and Dr. Paul Davis during the SOS mental health forum. (Staples World photo by Mark Anderson)

goes up, there is a loss of connection," said Dr. Davis.

He added that electronic devices that supposedly connect everyone in the world actually make it worse, most people feel more depressed the more they use social media.

Dr. Davis read a quote from a physician about how "humans are not designed to cope with the pace of life today" because of three factors. When the audience couldn't guess the factors, he revealed that it was the steam engine, telegraph and bicycle. The physician was from the 1800s.

"Fast forward to 2019, if we were burning out on the 1800s pace of life, what are we doing today?" he asked.

Another major factor is the lost connection to the natural world. Kids used to spend their days climbing trees and making forts with friends.

"The antidote is to reconnect," said Dr. Davis, "get hobbies, create meaningful values ..."

Dr. Davis said the people who most commonly attempt suicide are those who feel they don't belong or are a burden, and they also see death a lot and are habituated to it. For example, physicians, military members and veterinarians have high rates of suicide. He also said there is not a lot of correlation between people taking drugs and alcohol and suicide.

Following the panelist presentations, one question from the audience asked about suicide in the LGBTQ (lesbian, gay, bisexual, transsexual, queer) community, as that adds another stigma to depressed people, especially in rural areas where it is not as accepted. The panelists recommended the Trevor Project, which has a crisis line, chat room and breakup support for people getting out of relationships.

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Sunshine Week: a musical review

By Brian Hunhoff
Yankton County Observer

*Little darling, it's been a long cold lonely winter
Little darling, it seems like years since it's been here
Here comes the sun (doo doo doo doo)
Here comes the sun, and I say it's all right*

George Harrison's song of spring is a fitting start to my Sunshine Week salute to everyday heroes bringing light to local government.

"Why do you want to know that?" is a question most reporters have heard when asking for public documents. It generally becomes a Freedom of Information teaching moment from the journalist to the reluctant keeper of records.

Many years ago, I was covering a county commission meeting when a department head stood to speak. Before addressing commissioners, he turned to a radio reporter next to me and gruffly ordered him to turn off his tape recorder.

Say what?! We insisted my friend had every right to tape comments at a public meeting, but it took a while to convince the surly official. He clearly didn't know the first thing about open meeting laws.

It goes with the territory. The press must sometimes teach Sunshine 101 to public officials on Main Street, U.S.A. This column recognizes some of those public servants and intrepid reporters with symbolic citations from my Sunshine Week playlist.

"Here comes the sun" award to Hilde Lysiak, a plucky 12-year-old reporter who made headlines on a visit to Patagonia, Arizona. Riding her bike to investigate a tip, Lysiak was stopped by Patagonia town marshal Joseph Patterson and asked for ID. Lysiak gave her name and said she was a reporter. Patterson said, "I don't want to hear

about any of that freedom of the press stuff." Lysiak said he also threatened to put her in juvenile detention.

In a second encounter, Lysiak began video-taping Patterson and said, "You stopped me earlier and said I could be thrown in juvie? What exactly am I doing that's illegal?" Patterson warned her (inaccurately) against posting the video online. "If you put my face on the Internet, that's against the law," he said.

Lysiak posted a YouTube video of their exchange on her Orange Street News website. She later received an apology from Patagonia mayor Andrea Wood who said the town respects her First Amendment rights.

"House of the rising sun" award to Brenda Fisk, mayor of Paint Rock, Alabama (population 200). Mayor Fisk drafted a resolution to close town board meetings to non-residents and members of the press. She told the Jackson County Sentinel, "What goes on in Paint Rock is the business of the people who live in Paint Rock." Fisk said she had "personal reasons" for proposing the move, "but I since found out that I cannot do that."

"I can see clearly now" award to Kirby Delauter, a county councilman from Frederick, Maryland. Delauter once threatened to sue the Frederick News-Post for "unauthorized use of my name." The newspaper responded with an editorial using his name 26 times. They also explained why newspapers in America are actually allowed to write about public officials without their permission. Delauter later apologized.

"Let the sunshine in" award to Jerry Toomey, former mayor of Mitchell, South Dakota. A citizen called Toomey "a drunk" during the public forum portion of a Mitchell City Council meeting. His accusation set off a heated exchange, and stemmed from an earlier altercation between the two men in the citizen's driveway.

In an interview with the Mitchell Daily Republic, Toomey called the incident "a black eye" for the city, but added, "The public forum has a critical place in government and it is important to let people voice their issues, valid or not."

"Ain't no sunshine" award to the Kentucky State Police spokesman who sent the following

email to the Barbourville Mountain Advocate: "From this point forward when KSP is working on an investigation, you are to wait until OUR press release is sent out before putting anything on social media, radio, and newspaper ... If this continues, you will be taken off our media distribution list."

Jon Fleischaker, general counsel for the Kentucky Press Association, said the order violated the First Amendment and state agencies cannot withhold information "just because they don't like what the media outlet is writing."

"Walking on sunshine" award to Art Cullen, Pulitzer Prize-winning editor of the Storm Lake Times in Iowa. Cullen's editorials about agricultural impact on his state's poor water quality were not popular with some prominent Republicans. The GOP-controlled Iowa Senate stalled a resolution to recognize his national writing prize. Cullen responded, "I would not want the support of a den of philanderers and oafs." He added, "I honestly do not care if I am ever honored by the Iowa Senate, the U.S. Congress, or any other institution of dysfunction and cynicism."



Celebrate for sunshine week

By Christian Trejbal
Founder, Opinion in a Pinch

Amid all the doom and gloom about government secrecy that we hear during Sunshine Week, let's take a moment to appreciate that Americans have unprecedented of access to their government.

Government transparency is an ongoing battle. Preserving it requires vigilance from the press, from advocates and activists, and from the public. Look away even for a moment, and public officials will find new ways to keep the people in the dark.

In Washington State, the Legislature for more than a year has tried to exempt itself from the state's Public Records Act. In Missouri, lawmakers overwhelmingly voted to keep constituent communications confidential. And in Florida, lawmakers want to seal records related to mass shootings, among sev-

eral dozen public records exemptions proposed this year.

The press itself is in a funk. The organizers of Sunshine Week want this year's event to be a wake for the newspaper industry. Thousands of newspapers have closed in the past 20 years. Tens of thousands of journalists have lost their jobs. Without them, government is under less scrutiny, and that isn't healthy for democracy.

All true, and a sad message the media shares year-round.

Instead of woe-is-us, though, let's remember that there is a lot of sunlight shining on government. This week is supposed to be "the annual nationwide celebration of access to public information and what it means for you and your community."

So let's celebrate. We've had wins for transparency in the past year. That effort by the Washing-

ton Legislature died twice when Washingtonians and press organizations rallied against secrecy.

The Congressional Research Service, after years of pressure, finally started to release its excellent reports publicly.

And news organizations across the country forced local officials to come clean about myriad topics like public school pensions in Pennsylvania, air pollution along the California-Mexico border and sexual harassment among Georgia state employees.

The thing most worth celebrating, though, is the baseline transparency that exists today.

Governments at all levels provide a tremendous amount of information without the need for a formal public records request. People in many states can watch legislative hearings via livestream or archived on an official site. Bills in statehouses and

Congress are online, usually with tracking records so people can learn who sponsored what and when the vote might be. And agency reports – like Oregon's Death with Dignity annual report – are out there for anyone to review.

Thank the Internet in large part for that expansive access. This wasn't possible 30 years ago, let alone 100. Digital technology is not just an enabler, though. It also has changed how people think about government and secrecy. Americans view transparency as a fundamental right.

Challenges remain, but transparency is winning. Happy Sunshine Week, everyone.

Christian Trejbal was the open government chair for the Association of Opinion Journalists for more than a decade.

A long winter for a house cat

Staples World editorial
By Jim Smoger

A long winter like the one we're having is hard emotionally on our pets.

We don't take our dogs for walks as often they need to go. If you place a fish bowl in front of the window, there's a chance the water will get so cold it will kill that purple betta inside.

But I found the last couple of days that no pet struggles as much as a cat in heat. My wife and I realized we were in trouble last Thursday with an especially loud call.

"Meooooooooooooow," the cat said.

I was actually concerned it might be caught in a trap of some kind.

"Meooooooooowereow," the cat went again.

We both knew what that signaled.

This is the fourth cat my family has owned over the past 29 years. It is the only animal we have never gotten fixed.

My wife found the cat living in a small culvert in Rosholt three years ago close to where the former nursing home there was located. She was a kitten and was in rough shape when we rescued her.

The cat quickly realized how lucky she was and has never shown any interest in wanting to go outside since that time. She sits by open screened windows during the spring and summer, but never bolts for the door to hunt birds or squirrels like our other cats have done.

We've done our best to make the indoors interesting to her. The cat has two towers with scratchy posts and we recently purchased a couple of spinning toys with balls she can bat back and forth.

I also offer her a lot more catnip than I did the other cats. We really enjoy watching her roll in it and purr.

All this indoor activity doesn't help much when the bewitching hour hits, and continues for about a week.

The cat paces around calling out to any Prince Charming who happens to be listening.

"Meooooooooowereow," the cat goes. "Merrrrrwooooo."

I reached down to scratch the cat on the head during a harsh fit Saturday morning.

"It's not going to do you any good," I said to the cat. "There's 90 feet of snow out there and nobody can hear you."

As it turns out, I was wrong.

I went outside to shovel the front sidewalk and noticed walking by a snow drift was a big black cat thick with fur. He was obviously a survivor who wasn't phased by the winter.

This was the sort of cat who went into garages to dig into bags of garbage for food and crawls into the engines of warm cars for an hour or two to get a break from the cold. He knows all the people in town who leave out bowls of food.

I looked at the cat. He looked back at me. Maybe he wasn't looking at me. Maybe he heard our cat inside.

It was the Call of the Wild, and not the novel.

"Meooooooooowereow," she would be saying. "Eerrrrmeowwer!!"

I tossed a block of ice at the cat. He took off down the street. "Not today, big guy," I thought to myself. "Not any day."

Sunday night my wife

and I were on the couch watching a Masterpiece show on our PBS streaming service. I've found you have to listen carefully because the actors are talking in British accents.

Another fit by the cat was so loud it blocked out the dialogue.

"Meeeeeowwerer," she said. Meer-Meer-Merrow-ereor."

Even our dogs, whose barking is just as crazy, seemed troubled by the call. The bigger dog got up and chased the cat upstairs to keep her quiet.

When the cat came back downstairs, I sprinkled catnip on one of the tower platforms. She rolled in it and seemed to calm down.

That lasted until about 3 a.m. when the howling woke me up. "Meerere-woow," she said. "Meerow-erwoow."

My wife said I need to make an appointment to get her fixed so we don't have to go through this again.

I felt sorry for the cat. It has to be frustrating to look outside and see nothing but white and cold -- to have a longing for something that seems far away.

After four months of this winter, we all understand.

Bipartisan again

The 2019 Legislative Session was supposed to be a fresh start after years of bickering between GOP lawmakers and DFL Governor Mark Dayton.

But there are signs ridiculous bipartisanship is starting to show up again, and with possibly serious results.

At stake is a \$6.6 million in Help American Vote Act (HAVA) funds focused on election security. The funding was allocated by Congress last year in a law signed by President Trump. Legislators and other stakeholders involved have to determine and approve the best use of the funds in their respective states.

Minnesota is now the only state in the country where the legislature hasn't granted access to the funds, and it could be awhile before action is taken.

The State House of Representatives, controlled by the DFL, in late February passed a bill giving the Minnesota Secretary of State's Office access to all the funds. The Senate majority, controlled by Republicans, on the other hand has voted to authorize only 20 percent of the HAVA funds.

It is unclear why the Senate limited the use of funds which are available to be spent. But comments by Senate leaders indicate they intend to use the remaining money as a bargaining chip in the coming months.

This would be a savvy political move, except for the fact the state really needs to get to work on election security. The state's presidential primary is less than a year away and will be followed by two other statewide elections next year.

Last year, the Minnesota Secretary of State convened a working group to make recommendations on spending the funds. The working group submitted a list of 20 specific proposals to enhance the security and accessibility, some of which will filter down to county governments.

If the Senate has specific problems with those working group proposals, the differences need to be worked out with the Secretary of State and the House. But legislators must get moving on this issue as soon as possible.



Staples World

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The deadline is 12 noon, Friday. Opinions expressed on this page do not necessarily represent the views of this newspaper.

PublisherRMM Publications LLC
Rick Gail, Mike Kremer, Mark Anderson
Managing Editor.....Mark Anderson editor@staplesworld.com
Advertising Representative...Brenda Lee Temple gmuellet@staplesworld.com
Photo Tech/Graphics.....Janice Winter jwinter@staplesworld.com
Bookkeeping/Circulation/
Front Office.....Kathy Odden kadden@staplesworld.com
Reporter.....Dawn Timbs dtimbs@staplesworld.com
Front Office.....office@staplesworld.com

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Cardinal Calendar SM school events

March

• **POPS CONCERT (VOCAL)**
Thurs., March 14, 7 p.m.,
Centennial Auditorium in
Staples.

• **MIDDLE SCHOOL MUSICAL,**
“**HONK! JR.**” Fri., March
15, 7 p.m.; and Saturday,
March 16, 2 p.m., Centen-
nial Auditorium in Staples.

• **SUBSECTION VOCAL LARGE**
GROUP CONTEST AT SM Wed.,
March 27, 9 a.m. - 4 p.m.

April

• **SUBSECTION INSTRUMENTAL SOLO/ENSEMBLE CONTEST**
April 3

• **SUBSECTION VOCAL SOLO/ENSEMBLE CONTEST** April 10

• **SPECIAL OLYMPICS BASKETBALL** April 17, at SMHS

• **PROM** April 27

• **FFA STATE CONVENTION**
April 28 - 30

All Staples-Motley Upcoming Events are subject to change. Go to www.isd2170.k12.mn.us for up to the minute information.

Helstrom is Director of Quality at Cuyuna

Registered Nurse Cathline Helstrom of Staples is Cuyuna Regional Medical Center’s new Director of Quality. She comes to the Crosby Medical Campus from St. Gabriel’s Health in Little Falls where she worked as Director of Quality, Patient Safety and Risk Manager.

Helstrom has also worked as a nurse manager at Lakewood Health System as well as a personal safety technique trainer and Licensed Practical Nurse for the Minnesota Neurorehabilitation Hospital. The director holds a Master’s degree in Nursing Leadership and Organization Management and Bachelor’s degree in



Performances for ‘Honk! Jr.’ March 15 and 16

Motley-Staples Middle School will perform the musical, ‘Honk! Jr.’ at Centennial Auditorium in Staples on Friday, March 15, 7 p.m.; and Saturday, March 16, at 2 p.m. Above, cast members rehearse one of the

songs from the musical which is a re-telling of the Ugly Duckling story by Hans Christian Andersen, described as a heartwarming celebration of being different. (Staples World photo by Dawn Timbs)

Agenda for school board meeting

Items on the Staples-Motley School Board agenda for the meeting Monday, March 18, at 6 p.m., at the high school media

center:

- School/Community Forum (The Board Chair or Superintendent must be informed by noon on the previous Friday).
- Approve the Professional Services contract with Nexus, Inc.
- Approve the agreement with Northland Public Finance, provides bond underwriter services.
- Approve the 2017-2019 Administration Master Agreement
- Accept the retirement requests of: Ruth Tokarczyk, Connie Roline and Carol Craft.
- Administrative recommendation regarding makeup days.
- Approve the Resolution Appointing Election Judges for the May 14, 2019 School District Special Election.

Upcoming meeting schedule:

Mon., April 1; Board work session; 6:00 p.m.; HS Media Center.

Mon., April 22; Regular board meeting; 6:00 p.m.; HS Media Center.



Received ashes

Parochial students attended the Ash Wednesday Mass at Sacred Heart Church in Staples March 6. Pictured after receiving ashes is eight-year-old Grace Dalquist, a third-grader at Sacred Heart Area School. Ash Wednesday is a Christian holy day of prayer, fasting and repentance and falls on the first day of Lent, the six weeks of penitence before Easter. (Staples World photo by Dawn Timbs)

Mark Your Calendar

March 13

FREE TAX-AIDE Wednesdays, 1 - 4 p.m., through April 10, Staples Community Center. No appt. needed. For low to moderate income taxpayers. For info., 218-894-5772.

STAPLES ALL VETERANS AND COMMUNITY PARK ASSOCIATION Mtg Wed., March 13, 5:30 p.m., Timbers Restaurant in Staples. The public is invited to attend.

March 20

GAME DAY at Motley United Methodist Church, Wed., March 20, 1 p.m. All welcome. Free. For info., 218-352-6466.

‘The Killer Vees’ to perform benefit concert

A benefit concert for Hands of Hope Resource Center, featuring The Killer Vees, will be held Saturday, March 23, at the Falls Ballroom in Little Falls. Doors open at 6:30 p.m. and the concert begins at 7:30 p.m..

The Killer Vees will be performing their show, “Killer Country..The Classic Songs from the Golden Age of Country.”

According to a press release, Hands of Hope Resource Center exists to help victims of domestic, sexual and general violence seek help. It is their hope that through continued education, it will be possible to reduce the number of cases in Todd and Morrison counties, reducing the related health issues from the violence.

Proceeds from the benefit concert will be used to help fund the education programs of Hands of Hope Resource Center.

Tickets are available online at www.hands-of-hope.net/events.

Todd County Sheriff’s Office report

The Todd County Sheriff’s Office recently reported the following incidents:

Feb. 28, Todd County Public Works reported a motor vehicle accident involving a snow plow on Cty Rd 21 at the intersection of Cty Rd 20. The 2010 Mack plow truck was being operated in reverse by Kolby Kruse, 36, of rural Browerville, who was sanding the intersection. Virginia Butler, 65, of rural Long Prairie was turning southbound onto Cty Rd 21 from Cty Rd 20 when she collided with the plow truck. Neither driver was injured. Butler’s 1998 Dodge Dakota truck sustained front end damage with minor damage to the plow truck.

Feb. 26, Todd County Sheriff’s Office received a report of a fire hydrant that had been struck and damaged at the intersection of N Pickle St and E 5th Ave in Hewitt. Anyone with information is encouraged to contact the Todd County Sheriff’s Office, 320-732-2157.

Feb. 26, at 6:59 a.m. TCSO received call of a one vehicle roll over accident that occurred at the intersection of Cty 5 and Imperial Road in Long Prairie

Twp. Eugene Krause, 39, rural Clarissa, was southbound on Cty 5 when he swerved to avoid a large pile of snow in the roadway, when he lost control of the 2005 Chevrolet SUV, went off the roadway and rolled. Eugene was not injured and the vehicle received moderate damage.

Feb. 22, Vyacheslav Bushmich, 70, of rural Browerville reported a burglary at his residence, believed to have occurred between Nov. 2018 and Feb. 2019.

Feb. 22, the Todd County Sheriff’s Office along with the Central MN Violent Offender Task Force executed a Search Warrant at the address of 102 Robert St. South in City of Clarissa. Taken into custody was Scott Andrew Ferrian, 43. Ferrian was booked into the Todd County Detention Center for 5th Degree Possession of a Controlled Substance (methamphetamine), receiving Stolen Property, 5th Degree Possession of Controlled Substance (prescription medication Schedule 4 Controlled Substance). Court appearance was set for Feb. 25.

Feb. 17, TCSO received information that a snowmobile chassis was

dropped in a ditch on 340th St east of Highway 71 in Eagle Valley TWP Sect 26. TCSO learned that the 1998 Polaris snowmobile was stolen on Feb. 8 from a field approach near County 87 and 290th St in Iona TWP Sect 19. The suspects stripped the snowmobile and dumped the chassis off at 340th St. If you have

information regarding the theft, call the TCSO at 1-800-794-5733. The incident remains under investigation.

LEADER LIONS ANNUAL Pancake Breakfast
Sun., March 17
Swan Valley Lutheran Church, Hwy. 64, Leader
Serving 10 a.m. to 2 p.m.

Pancakes, sausage, scrambled eggs, milk, juice, coffee

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COZY THEATRE
WADENA, MN

Screen 1: HELD OVER 2ND WEEK
CAPTAIN MARVEL PG-13
Fri. thru Thurs. March 15 - 28
Fri. & Sat. 2 Shows at 7:00 & 9:30
Sun. thru Thurs. 1 Show at 7:00
Matinees Sat. & Sun. March 16 & 17 at 1:15 pm

Screen 2: HELD OVER 2ND WEEK
FIGHTING WITH MY FAMILY PG-13
Fri. thru Thurs. March 15 - 21
Fri. & Sat. 2 Shows at 7:10 & 9:30
Sun. thru Thurs. 1 Show at 7:10
Matinees Sat. & Sun. March 16 & 17 at 1:25 pm

Screen 3: WONDER PARK PG
Fri. thru Thurs. March 15 - 28
Fri. & Sat. 2 Shows at 7:15 & 9:30
Sun. thru Thurs. 1 Show at 7:15
Matinees Sat. & Sun. March 16 & 17 at 1:30 pm

WONDER PARK
Tuesday Bargain Night All Seats \$5.00
Matinee Admission All Seats \$6.00
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Verndale Public School
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Monday March 18
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For more information please contact our kindergarten team at 218-445-5184!
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SSW10-11C

Motley Staples Middle School
Presents...

HONK! JR.

“Honk! JR.” Directed by Matthew R. Olsen
Music Direction by Nathan Thelen
•Music by George Stiles •Book & Lyrics by Anthony Drewe

Friday, March 15 @ 7 pm
Sat., March 16 @ 2 pm
Centennial Auditorium
Staples, MN

Tickets Available Online www.isd2170.k12.mn.us and at the Door.
\$7Adults and \$3Students

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Staples World

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Newspaper deadline for copy and advertising: 12 noon Fridays

EXTRA EXTRA



Full speed to the basket

Izaiah DeMars drives to the basket during a game earlier this year. (Staples World photo by Mark Anderson)

DeMars hits game winner for boys team

By Mark Anderson
Managing Editor

The Staples-Motley boys basketball team put a season of learning together to win their final regular season game, 44-43 at Long Prairie-Grey Eagle on March 4, as Izaiah DeMars made the game winning shot with three seconds left. The Cardinals then lost in the first round of the Section 8AA playoffs at Perham, 79-36.

"It was great to get a win obviously," said Coach Nick Doll.

Staples-Motley led most of the game, but LPGE tied it at 37 with six minutes left. The teams traded baskets until the Cardinals found themselves down one with 20 seconds left.

"Izaiah took the inbound pass, went the length of the floor and made a nice athletic jump stop and finished with a three foot extended layup off the glass," said Doll.

LPGE in-bounded the ball and threw up a half court shot that was "way too close for comfort" said Doll, bouncing off the front

of the rim.

"I told Izaiah to cherish hitting that game winner," said Doll. "A lot of players go their whole playing career without hitting a last second game winner like that. It is pretty special."

Before the big shot, there was a lot of good play to get to that point. Issac Kronenberg had a 10 rebound game and Ben Olander had seven. "We were giving up a ton of size," said Doll. "Those two and Ryan Wick have really become an annoyance for our opponents with how physical they play down low." Long Prairie had players 6'5" and 6'6", but the Cardinals won the offensive rebound battle and the total rebound battle.

It was just the second win of the season and it gave the team a boost going into the playoffs.

"Unfortunately, we didn't play well enough this season to earn a higher seed, and in our section that means playing the one seed Perham, who also happens to be the #3 ranked team in the state

in AA with a 25-1 record," said Doll. "They were just as good as advertised."

"We did some things different to try to take away what they normally like to do, but the problem with Perham is they will have someone else step up," said Doll. Staples-Motley did shut down one of the two college-bound players on Perham, holding him to zero points, but other players who don't average as many points stepped up to fill the scoring void. "It was like picking our poison," said Doll.

"Despite all of that, there were still moments in the game where we were able to capitalize on their mistakes," said Doll. "The experience that our guys gained in this game and this season will serve us well next year. Who we had on the floor at the end of the season, there was basically no one who had varsity playing experience the year before and that will not be the case next year. Watching this team improve is going to be fun."



Speed on the wing

Senior Jordon Carlson skips past an opponent during a basketball game earlier this season. (Staples World photo by Mark Anderson)

Snow deepens, plot thickens for local deer

As much as we may complain about the extremes of Minnesota winter weather, the impact of cold and deepening snow is more an inconvenience than a threat. County and MnDOT plows dependably open our roads after a snowfall, so we're able to get where we need to go. A Minnesota garage is as likely to house a snow blower as it is a lawn mower, so we can clear our sidewalks and driveways with relative ease. Down-filled clothing and other Antarctic-worthy gear can be found in nearly every Minnesotan's closet. Blizzards may come and go, but we're rarely unprepared or homebound for long.

On the contrary, many of us have taken advantage of this year's near-record snowfall by spending more time aboard a snowmobile, or on skis or snowshoes. In short, though we may tire of winter, the massive amount of snow this season is for most of us just a minor inconvenience; and for some it's been a source of great enjoyment. The positive side of an "old-fashioned winter" is not so positive for all creatures. I got a small taste of what our whitetail deer may be coping with after the latest snow event, when I attempted to deal with an unexpected domestic problem. Newly planted trees and shrubs in our yard had been given protection before the onset of winter, with plastic trunk sleeves or burlap barricades to keep the many neighborhood rabbits from making a meal of the bark and branch tips. But the deep snow has nullified those protections. The rabbits can simply walk atop the snow, which is now deeper than the height of those safeguards.

My solution was to trudge out to each of the vulnerable trees and shrubs, and fix those barriers to keep the rabbits at bay. I had the foresight to slip on snow pants and a pair of my tallest boots, but in hindsight I should

have strapped on a pair of snowshoes. Once off the path, the depth of the snow was a surprise, and easily reached my knees; later it was measured at nearly 24 inches.

I was quickly reminded how much more stable a four-legged creature is than a human. The snow resisted each attempt to lift a leg for another step. The result was a waver, wallowing path that might have been taken for drunkenness anywhere else. Only with small, slow steps was it possible to stay upright and make headway to reach those precious shrubs. Traveling a longer distance would have been daunting.

We've already been hearing that Department of Natural Resources (DNR) wildlife managers are getting the jitters about deer survival. But attempting to navigate those drifts myself brought home just how difficult the travel—and how serious this winter—could be. Perhaps more ominous, snow during the first week of March reminded us that this is typically the snowiest month in a Minnesota winter; and we're only halfway through it.

The best news is that snow depths were not extreme in December and January, so deer were able to move well between feeding and bedding areas during that time. But things began to change in February, when some parts of the state saw monthly snowfall records broken. Deer that have to travel through deep snow expend more energy and quickly burn up fat reserves accumulated in the fall. Once snow depths make travel really difficult, deer may "yard up," and remain in a more confined area where they've packed down the snow, and where movement is therefore easier. But such confinement can deplete the best food resources, leaving deer under-nourished, as well as more susceptible to both predation and disease.

Now, in mid-March, snow depths in some parts of the state have reached three feet, while others are approaching—or are above—two feet. A measure of winter's severity used by our DNR and by wildlife managers in other states is the winter severity index, or WSI. It tallies the number of days with

snow depth at, or above, 15 inches, and the number of days with a temperature of zero degrees or below Fahrenheit at some time during the 24-hour period.

A winter in which the index approaches 180 is considered severe, with a likely loss of deer. Already some parts of the state—particularly the Northeast, or Arrowhead, region—are at WSI totals of 120 to 140. A wider area of northern Minnesota shows WSI readings of 80 to 100. Wildlife managers acknowledge that with this much snow it could be April before a spring thaw brings depths down to the 15 inch mark. This alone could add 60 points to the WSI; not counting days with temperatures that are at, or below, zero. To some managers it seems almost inevitable that it will take an extremely early spring and snowmelt to avoid winter deer losses.

The first deer to be lost are generally the smallest, the fawns of the previous spring that haven't acquired the size and strength to cope with winter's rigors. Next to be affected are pregnant does whose vigor is compromised by the stresses of poor nutrition and weather; they can lose their fawns, or the fawns born to them may be too weak to survive. In a particularly bad winter, adult deer—particularly those that are past the peak of health—can be lost, too.

It seems ironic that winters with deep snow can be a survival advantage for some creatures that share our woodlands with whitetail deer. One is the ruffed grouse, which burrows under the snow to take advantage of its insulating properties, conserving energy and minimizing the time spent feeding and exposed to predation. Whitetail deer, on the other hand, can't hide from the harsh elements. They can be forced to expend more precious energy, be deprived of the best food resources, weakened, and even succumb during a particularly severe winter.

By this point in the winter, most Minnesotans who didn't migrate to warmer climes are hoping—perhaps praying—for an early spring. The welfare of our state's whitetails as well as our own comfort may depend on it.

DNR asking for input on deer management

Local wildlife managers across the state are inviting the public to come to open-house meetings to ask their deer questions and learn about the state's most popular mammal.

Meetings in this area include:

- March 19 - 10 a.m.-4 p.m., Sauk Rapids Area DNR Office 1035 South Benton Drive;
- March 20 - 9 a.m.-4 p.m., Little Falls Area DNR Office, 16543 Haven Road
- March 26 - 5-6:30 p.m. Aitkin Area Office, 1200 Minnesota Ave.
- March 26 - 6-8 p.m., Park Rapids Area Library, 210 W. First St.
- March 28 - 6-8 p.m., Fergus Falls Office Conference Room, 1509 1st Ave. N.
- April 2 - 5-7 p.m., Brainerd Area DNR Office, 1601 Minnesota Drive

Ever wonder how the DNR sets deer hunting regulations? Or how you can provide input on deer management in your area?

These local, open-house-style meetings are a way to encourage discussions about deer and deer management, enhance local relationships and foster two-way communication between the DNR and the public. The DNR began the meetings last year with the release of its statewide deer management plan.

"We're excited to hold these open houses and encourage conversations and shared learning between our local area wildlife staff and the communities they serve," said Leslie McInenly, the DNR's wildlife populations and regulations manager, who coordinated the state's deer management plan. "We had great discussions during our area events last year and want to build on that foundation." The DNR encourages anyone interested in our wildlife management to attend.

Each area DNR office has dedicated time during the weeks of March 18 and March 25 for these conversations. Specific time and location details are available on the deer plan webpage at mndnr.gov/deerplan.

In addition to discussing general concerns about deer, individuals can ask DNR staff about last year's harvest data, share observations, discuss potential season changes and get a preview of the updated draft Chronic Wasting Disease Response Plan that will be formally released in April. Season changes include a proposed statewide youth deer hunting season.

The meetings do not include formal presenta-

tions; people can arrive any time during the scheduled meeting times.

"Our deer management plan emphasizes the importance of providing input opportunities for the public," said Barbara Keller, the DNR's big game program leader. "These conversations are key to providing additional insight to the issues that are important to everyone with an interest in deer."

The DNR will provide further online feedback opportunities for the public, with surveys that will cover chronic wasting disease management alternatives, perception of local deer populations, and potential hunting season changes for deer and other species. The survey addressing CWD will be available online at mndnr.gov/deerplan in late March. Online feedback opportunities concerning deer perceptions and season changes will be available in early April.

The DNR encourages people who can't attend a scheduled meeting, but who have questions about deer management, to contact a local wildlife manager. A list of area wildlife offices is available online at mndnr.gov/areas/wildlife.



Spring fever

Brayden Christense, still recovering from a wrestling injury, found a way to get in a pre-season baseball workout. (Staples World photo by Mark Anderson)

Paskewitz is tennis player of the week

Nikki Paskewitz was named the Upper Midwest Athletic Conference Women's Tennis Player of the Week on March 4. The Staples-Motley alum plays for the University of North-western (St. Paul). Paskewitz went 4-0 in weekend action, dropping just seven total games in singles play. She won 6-0, 6-2 at No. 1 singles against St. Ambrose, and an 8-3 win in doubles. Paskewitz had a 6-1, 6-4 win over Edgwood, and a tight 8-7 (9-7) win at one doubles.

Winter's effect on wildlife

By Steve Carney

As I make my way through the North Country, I can't help but see the effect of our very cold temperatures and unusual heavy snowfalls on our wildlife. This very difficult winter has been a strain on fish as well as game. Here are some thoughts as we head into the month of March.

1.) Angling
There is no doubt the heavy ice and enormous amounts of snow on top of the ice has created unusual circumstances for fish. I have found that crappies have abandoned their usual March basins because the lack of sun penetration has deterred insects and larvae from hatching in deep, muddy basins. Weed growth and insect hatching can be retarded with no sun penetration. Chances are because of the severity of this winter, we could have some fish kill issues on many lakes.

2.) Pheasants
These amazing creatures always seem to find a way to survive. I have noticed however that the numbers of birds in the

fields is half what they were in January. After a banner year we just had, I believe we have had significant pheasant mortality. Significant snow has filled in their roosting spots and without cover they will not make it. There seems to be just enough high ground in the fields where they can eek out a meal as needed. It's the cover and roosting areas that are the issue for them.

3.) Whitetail Deer
This is the most adaptive creature in the wild. The problem for them this month is the snow depth is increasing to record levels and their ability to escape predators is getting much more difficult. These heavy snow and cold winters can be very tough on the young-of-the-year deer. We need some warmer temperatures to melt the snow which will assist them in finding food and escaping when needed.

As a footnote, expect to brace yourself for a very late ice out.

At this point we could have ice still statewide when the walleye opener hits in May...stay tuned.



Sneaky maneuver

Ben Olander comes up from the other side of the basket to score at a game earlier this season. (Staples World photo by Mark Anderson)



Preseason workouts

Still waiting for the snow to melt, members of the Staples-Motley track and field team did some pre-season strength training in the school hallways on

March 6. From front to back, Hunter Klimek, Isaac Christoffersen, Jack Tyrrell, Ben Bartczak and Bentley Christensen. (Staples World photo by Mark Anderson)

Staples Area Church Directory

Staples
Staples Alliance
1512 8th St. NE, Staples.....218-894-2891
Pastor Bob Hepokoski
Mark Shea, Pastor of Student Ministries
Sunday Worship.....9:30 a.m.
Sunday School.....11:00 a.m.
WEDNESDAY
AWANA.....6:15 p.m.

Assembly of God
914 3rd Ave. NE, Staples.....218-894-1081
Pastor Roy Miles
Discipleship Class.....9:15 a.m.
Sunday Worship.....10:30 a.m.
Evening Prayer.....6:00 p.m.
WEDNESDAY
Wednesday times are for Sept. - May
Sonlight (Kids Program)....4:00 - 5:30 p.m.
Youth Group.....5:30 - 7:00 p.m.

Church of Christ
27343 490th St., Staples.....218-894-2609
Pastor Barry Klein
Website: www.stapleschurchofchrist.org
Bible School (youth and adult).....9:30 a.m.
Sunday Worship.....10:30 a.m.
WEDNESDAY:
Teen Youth/Adults Bible Study.....6:30 p.m.

Congregational Church, UCC
204 5th St. NE, Staples.....218-894-2571
Worship.....9:30 a.m.
Fellowship, refreshments following service

Faith Lutheran
430 12th Street. NE., Staples.....218-894-1546
Pastor: Carl Larson
Sunday Worship Service.....9:00 a.m.
Sunday School and
Coffee Fellowship.....10:05 a.m.

Sacred Heart Church
310 4th St. NE, Staples
Church.....218-894-2296
Pastor Fr. Gabriel Walz
Youth and Young Adult Ministry
Coordinator:
Monica J. Simmons.....218-414-0081 cell/text
MASS:
Thursday and Friday.....8:30 a.m.
Saturday.....5:00 p.m.
Sunday.....8:30 a.m.

Seventh Day Adventist
421 Dakota Ave. SE, Staples
218-894-0033
Saturday Worship.....10:45 am.
Sabbath School.....9:30 a.m.

Thomastown Covenant
15940 251st Ave., Staples.....218-894-3923
Pastor Nathan Hillman
Sunday School.....9:15 a.m.
Sunday Worship.....10:30 a.m.
WEDNESDAY.....7:00 p.m.

Trinity Lutheran
1000 4th St., NE, Staples.....218-894-2372
Rev. Robin Collins
Sunday Divine Service.....9:00 a.m.
Sunday School & Bible Class.....10:30 a.m.

United Methodist
310 5th St. NE, Staples.....218-894-2248
Pastor Greg Leslie
Sunday Worship.....10:30 a.m.
(Nursery Available for Sunday Worship)
Sunday School (for grades K-12 and adults)
.....9:15-10:15 a.m.

Aldrich
Balsamlund Lutheran
19550 490th Street, Aldrich
Eric Clapp.....701-261-2394 (cell)
Sunday Worship.....8:15 a.m.
Sunday School.....8:30 a.m.

Cushing
Bethany Lutheran
25430 Bison Rd.Cushing, MN
320-749-2140
Pastor Carl Larson
www.bethanylutherancushing.com.
Sunday Worship.....10:45 a.m.
Sunday School and
Coffee Fellowship.....9:30 a.m.

Lincoln Evangelical Free
1354 320th St., Cushing.....218-575-2449
www.lincolnefree.org Facebook Lincoln E Free
Office Hours: Mon.-Thurs., 9 a.m.-2 p.m.
Senior Pastor: Donald Reigstad
Pastor: Jim Brown
Youth Coordinator: Kelly Gelle
SUNDAY
Sunday School for all ages.....9:00 a.m.
Worship Gathering.....10:00 a.m.
WEDNESDAY
Praise & Prayer.....4:30 p.m.
Kids' Club.....6:00 p.m.
Jr./Sr. Forge Youth Group.....6:00 p.m.

Cushing Baptist
26298 Bear Rd., Cushing
www.cushingbaptistchurch.org
Pastor Dan Holmes.....320-749-2583
Sunday School.....9:30 a.m.
Worship.....10:30 a.m.
WEDNESDAY
Bible study.....7:30 p.m.

Leader
Swan Valley Lutheran
Leader.....218-397-2470
Sandy Knight, Synodically Authorized Minister
of Word and Sacrament
Sunday Worship.....11:00 a.m.

Maple Hill Lutheran
Sandy Knight, Synodically Authorized Minister
of Word and Sacrament
Leader.....218-397-2470 (Rural Pine River)
Worship and Sunday School.....9:00 a.m.

Leaf River Township
The Old Country Church
Leaf River Twp., Wadena County Rd. 6
Info. 218-837-5690...Open by arrangement

Motley
Motley Free Methodist
33 Wellwood St. E
Motley 56466.....218-352-6888
Pastor Jim Johnson
Sunday Worship.....9:00 & 10:30 a.m.
Sunday School.....10:30 a.m.
WEDNESDAY
Kids Club.....4:00-5:30 p.m.
Youth Group.....5:30-7:30 p.m.

St. John's Lutheran
497 3rd Ave. S, Motley.....218-352-6399
Pastor Vicar Paul Koehler
Sunday School and Bible Class.....8:30 a.m.
Sunday Worship.....9:30 a.m.

St. Michael
1st St. and Birch, Motley.....218-894-2296
Pastor Fr. Gabriel Walz
MASS:
Tuesday.....6:30 p.m.
Wednesday.....8:30 a.m.
Saturday.....7:00 p.m.
Sunday.....10:30 a.m.

United Methodist
847 3rd Ave. S. Lane, Motley.....218-352-6466
Pastor Greg Leslie
www.motleyumc.org
Sunday Worship Service.....9:00 a.m.
Monday AA meeting.....8:00 p.m.

Hewitt
Church of the Nazarene
114 Front Street, P.O. Box 146 Hewitt, MN
218-924-2028
Pastor Wayne Hoffer
Sunday School.....9:30 a.m.
Sunday Worship.....10:45 a.m./6 p.m.
WEDNESDAY
Prayer.....7:00 p.m.

Trinity Lutheran Church (LCMS)
524 Front Street, PO Box 116, Hewitt, MN
Pastor Robin Fish
Sunday School.....10:30 a.m.

United Methodist Church
Hwy. 210, Hewitt, MN
Pastor Kenneth Uhren
Sunday Services.....10:30 a.m.
Sunday School.....9:30 a.m.

Verndale
Verndale Alliance
109 NW Brown Street, Verndale, MN 56481
218-445-5619
Senior Pastor Tony Stanley
Heath Belknap, Pastor of Student Ministries
Sunday Worship.....9:30 a.m.
Sunday Bible Fellowship Classes
.....11-11:45 a.m.

Family Life Church
402 NE Clark Drive, Verndale 218-445-5568
VerndaleFLC@gmail.com
Pastor Amos Sell.....218-371-7189
Children's Pastor Kenneth Kjeldergaard
SUNDAY
Discipleship Classes.....9:00 a.m.
Prayer.....9:20 a.m.
Coffee / Fellowship.....9:30 a.m.
Worship Service.....10:00 a.m.
WEDNESDAY
6:00 p.m....Meal.....6:30 p.m. ...Groups

Hope Chapel Alliance
18126 County Road 7, Verndale
218-445-5643 or 218-472-3316
Pastor Neal Malcore
Sunday Worship.....9:00 a.m.
Sunday School.....10:30 a.m.
WEDNESDAY
Family Night.....5:30 p.m.

Immanuel Lutheran Church of Bartlett Township (LCMS)
17097 460th St. PO Box 37, Verndale
Pastor Robin Fish
Sunday Worship.....9:00 a.m.
WEDNESDAY
Bible Study.....6:30 p.m.

Verndale United Methodist
10 3rd Ave. SW, Verndale
218-445-5108
Pastor Jill Pawlowski
Sunday Worship.....9:00 a.m.

Central United Methodist
5 miles N on Cty Rd 26 (Nimrod tar)
Pastor Chuck Horsager, 218-639-4225
Sunday Worship.....9:00 a.m.
Sunday School.....10:30 a.m.

“Record Snowfall in February”

Pastor Carl Larson, Faith Lutheran Church, Staples

God thunders wondrously with His voice; He does great things that we cannot comprehend. For to the snow He says, “Fall on the earth”; and the shower of rain, His heavy shower of rain, serves as a sign on everyone’s hand, so that all whom He has made may know it. Job 37:5-7

It happened! The record for snowfall in February was shattered. And with that record came another snow day for a number of Minnesota teachers and students. And for people like you and me who enjoy the wonders of winter, we also are given time to reflect on the new layer of winter. What’s your favorite thing to do in the snow? Go sledding? Build a snowman? Have a snowball fight? Or, how about relaxing in your homes as you look out upon the expansive whiteness of the snowy land?

In the Bible, the references to snow are few and far between, as might be expected in a land where snow seldom or never fell. And yet, when snow is mentioned, it often is accompanied by verses that remind us of God’s greatness, as is the case in Job 37. And just as it was for Job, I think that may be the case for

many of us as well. For when we are told on the radio or TV’s of an incoming snow storm, don’t we often change our plans, as we prepare ourselves for the coming hours of wintery seclusion when the whiteness takes over our earthly space. And during those times of snowy solitude, maybe we, like Job are gifted time to look upon the snow as a reminder that God is in charge of the day. For with the snow fall often comes a time to reflect on God’s abilities of sharing the seasonal beauty with us.

So, enjoy the snow and the snow days. And allow yourselves to see the snow as a wonderful surprise. For what should have happened in your daily living didn’t happen, but what happened instead can be understood as something awesome.

The Staples area Church Directory is sponsored by these businesses:

Longbella Drug Store
"The Prescription Store"
2nd Ave., Staples • 218-894-2242
Motley and Pillager

Ernie's Food Market
Groceries - Gas - Convenience - more
Staples, MN 218-894-1072

Staples Veterinary Clinic
"Complete Animal Care"
Staples, MN 218-894-1775

Mid-Central Federal Savings Bank
Fully Insured to \$250,000
Staples, MN 218-894-3900

Central Building Supply
Bob Reeck, Manager
Hwy. 10 West, Staples, MN

Staples World
Your community newspaper since 1890
224 4th St. NE, Staples, MN
218-894-1112

Tower Pizza
Pizza, Pasta, Salads, Sandwiches
Staples, MN 218-894-3299

Staples True Value
"Just Ask Rental"
Open 7 days a week.
Staples, MN 218-894-3263



I am Kristine Spadgenske
My family dairy farms 8 miles west of Menahga.
I would be honored to represent
the members of Todd-Wadena Electric Co-op.

- I will listen to members and be their voice.
- I will work to preserve and protect the grassroots co-op structure.
- I will make informed, knowledgeable decisions while protecting the member's best interest.
- I will use my boardroom experience to grow Todd-Wadena for the future both financially and technologically.



I would appreciate your support
in the upcoming TWECE election.

Paid for by Kristine Spadgenske, in her own behalf; Menahga, MN

Student Achievements

ANNA KOOPMANN, Motley, has been named to the 2018 Fall Semester Dean's List at St. Olaf College, Northfield. To qualify, students must achieve a grade point average of 3.75 or higher on a 4.00 scale.

LUCAS JIMENEZ-KLOECKL, Staples, has been named to the 2018 Fall Semester Dean's List at St. Olaf College, Northfield. To qualify, students must achieve a grade point average of 3.75 or higher on a 4.00 scale.

BEMIDJI STATE UNIVERSITY, has announced its 2018 Fall Semester Dean's List. To qualify, students must be enrolled for at least 12 credits and earn a grade point average of 3.5 or higher

during the semester. Local students named include:

- Rebecca Soukup, Aldrich
- Raymond Rohl, Pillager
- Shania Holst, Staples
- Claire Wolhowe, Staples.

BEMIDJI STATE UNIVERSITY, has announced its 2018 Fall Semester President's List. To qualify, students must be enrolled for at least 12 credits and earn a grade point average of 4.0 during the semester. Local students named include:

- Lacie Hines, Pillager
- Elizabeth Brown, Staples
- Kyle Huepenbecker, Staples.

Obituaries



Duane Starke

Duane Starke, 82, of Kingsport, TN went to be with the Lord and his two sons on March 3, 2019 at his residence with his family by his side.

Duane was born in Aldrich and spent most of his childhood in Motley where he graduated as valedictorian from Motley High School. After graduation he joined the Minnesota National Guard where he served for over nine years. Duane attended and graduated from the Minnesota School of Business. He began his career with IBM Corporation while also attending the University of Minnesota. Duane was employed by IBM Corporation for over 35 years where he worked as Administration Manager and received numerous service awards. After his retirement he and his wife spent two and a-half years in Japan; four years in Turkey as missionaries teaching English as a second language. He and his wife Carol were also blessed to travel to several cities in Europe and Asia during this time. Throughout his lifetime he both loved and shared the Lord. He was a well-loved and recognized Sunday School teacher. Duane was a devoted husband, father, grandfather, great-grandfather and an avid Dallas Cowboys fan.

Survivors include his loving wife of 63 years, Carol Starke; daughter, Kim Hamilton and husband Bill; grandchildren; Ashley Ball and husband Chris, Sara Miller and husband Matt, Lisa Starke and Brett Hamilton; great-granddaughter, Katelyn Ball; one brother, Ronald Starke and wife Betty, of Motley; along with several nieces, one nephew, and many, many friends.

He was preceded in death by two sons, Scott and Brent Starke; parents, Joseph and Naomi Starke; father and mother-in-law, Leroy and Ardis Cook and sister, Aloris Starke.

Services were held March 6 at Carter-Trent Funeral Home, Kingsport. A celebration of life service followed with Pastor Lamar Herndon officiating.

In lieu of flowers the family requests memorial contributions to Wycliffe Bible Translators: P.O. Box 628200 Orlando, Florida 32862-8200.

Carter-Trent Funeral Home, Kingsport, served the Starke family.

w11p A00006B2019MAR13



Donald Edwards

Donald Jay Edwards, 86, of Staples, passed away March 9, 2019 at Lakewood Health System Care Center in Staples.

Services will be held at 3:00 p.m., Friday, March 15, at Staples Alliance Church, 1512 8th St NE with visitation from 1:30 p.m. until the time of services at the church.

Don was born March 4, 1933 in Staples, to Ray and Mary Edwards. Don was a man of many hats throughout his lifetime: son, brother, husband, uncle, teacher, father, fisherman, grandfather, friend, hunter, great-grandfather, outdoorsman and more. He received his education at NDSU and Moorhead State, where he met his wife, Rachel (Thompson) they made their family home in Fargo, ND. The family moved to Staples, where Don taught applied mathematics for the drafting and machine trades programs, at the vocational/technical college. He retired from his teaching career in 1995.

Don is survived by one sister, Rose (Ernie) Grossman of Maple Plain; six children, Jathan (Kim) Edwards of Afton, Deanna Edwards of Moorhead, Kathryn Edwards of Staples, Kara Edwards of North St. Paul, Justin Edwards of Somerset, WI, and Rayme Edwards of Inver Grove Heights; and one son-in-law Larry Sandberg of Bertha; 26 grandchildren, 11 great-grandchildren and countless extended family members and friends. He was well-known and respected within the community and will be missed by many, including his dog, Tootsie.

Don was preceded in death by his parents; step-mother, Sarah; one brother, Gene; wife, Rachel and one daughter, Lisa.

w11c A00006B2019MAR13



Joel Greenwaldt

Joel Alan Greenwaldt, 59, passed away February 28, 2019 at his home in the Philippines after a short battle with cancer.

Joel was born January 15, 1960 in Minneapolis. After leaving school he joined the Army. Joel loved to travel and experience nature and different cultures. Most of all, he loved his family.

Joel is survived by his wife, Ronnie Vic Anno; two daughters, Lindsey of Oregon and Jelsey of the Philippines; mother, Lyda Cocking, Staples; three brothers, Gordy (Mary) of Staples, Keith of Motley, Wade (Dayna) of New Ulm; three sisters, Linda (Larry) Doucette of Staples, Cynthia (Wade) Skillings of Browerville, Cheryl (Dave) Hougardy of Oregon; 21 nieces and nephews and numerous great-nieces and nephews.

He was preceded in death by his father, Gordon Greenwaldt; two children, Matthew and Jessica and stepfather, Wally Cocking.

Joel was laid to rest in the Philippines.

w11c A00006B2019MAR13

Hello World

BIRTHS REPORTED AT LAKEWOOD HEALTH SYSTEM HOSPITAL IN STAPLES INCLUDED:

Born to Victoria and Cody Vacek of Bowlus, a baby boy, Corban James weighing seven pounds, 11 ounces on March 5, 2019.

Born to Molly and Luke Mertens of Staples, a baby girl, Autumn Vickie weighing seven pounds, seven ounces on March 5, 2019.

Born to Danielle and Derrick Lenarz of Motley, a baby boy, Maverick James weighing seven pounds, six ounces on March 6, 2019.

Care Center

MARCH BIRTHDAYS

Verie Zillmer, March 18; Phyllis Whitney, March 19; Lillian Rollins, March 28.

MARCH SPECIAL ACTIVITIES AT THE LAKEWOOD HEALTH SYSTEM CARE CENTER:

Weds., March 13, 2 p.m. Bingo, hosted by '93 Lions

Thurs., March 14, 4 p.m. Cheers

Sat., March 16, 10 a.m. Bingo/Marge

Sun., March 17, 2 p.m. Assembly of God Singers

Tues., March 19, 2:15 p.m. Church - Staples Church of Christ; 3:45 p.m. Bingo/Marge

Weds., March 20, 2 p.m.

Bingo

Thurs., March 21, 10 a.m. Bible Study - Pastor Collins; 4 p.m. Cheers

Sat., March 23, 10 a.m. Bingo/Marge

Mon., March 25, Hawaiian Vacation starts; 2:30 p.m. Trinity Lutheran Church

Tues., March 26, 2:15 p.m. Church - St. John's Lutheran Church; 3:45 p.m. Bingo/Marge

Weds., March 27, 2 p.m. Bingo/Marge; 4 p.m. Girl Scouts help w/activities

Thurs., March 28, 1:45 p.m. Communion; 4 p.m. Cheers

Sat., March 30, 10 a.m. Bingo/Marge

Staples Police report

The following are reports taken by the Staples Police Department recently:

Feb. 26: Staples Police responded to a report of a vehicle lock out, where a small child was inside of the vehicle. When police, the vehicle had been unlocked and the child had been safely removed.

Feb. 25: Staples Police investigated a report of a vulnerable adult crime.

Feb. 28: Approximately 3:04 a.m., Staples Police

responded to a business on the 1200 block of 2nd Ave. NE for a report of two suspicious subjects hiding inside. Police made contact with the individuals who stated the heat had broken in their vehicle and they were just trying to warm up. They were advised regarding their suspicious behavior. The individuals were allowed to remain on the premise to warm up before leaving.

Feb. 28.: At 6:17 p.m., Staples Police were called to the Staples-Motley High School gym for a juvenile complaint. Police investigated the incident and issued a citation to Nathan Gosch, 18, for underage possession of alcohol.



Dave Bartylla

March 9, 1950 - March 11, 2018

I miss my hunting partner, our special occasions together, our Sportsman's Banquet where you were the emcee, Monday morning coffee at Lefty's with friends, family gatherings and yearly tractor shows.

Missed and loved
by your wife,
Linda

d11a

Friendly Rider

Cold got you down?
Ride the Friendly Rider!

HERE TO GET YOU THERE...
Need a ride to the store, clinic, after school activity? We get you where you need to go.

Call for a ride today!
218-631-5730

Check out our Extended Hours on our website
WWW.FRIENDLYRIDER.COM

2019 ENERGY ASSISTANCE FUNDING STILL AVAILABLE

The Energy Assistance Program (EAP) helps pay home heating costs and furnace repairs for income-qualified households. EAP is federally funded through the U.S. Department of Health and Human Services. Grants are available for renters or homeowners, with household income at or below 50 percent of the state median income, and is based on household size, income, fuel type and energy usage. Services may include payment of energy bills, help with utility disconnections or necessary fuel deliveries, education on efficient and safe use of home heating energy, and repair or replacement of homeowners' malfunctioning heating systems.

The average energy assistance grant in Todd County is \$756 per household. Households with an income less than 50 percent of the state median income (\$49,968 for a family of four) may qualify; those who qualify are served on a first-come, first-served basis while funds last. People have until May 31, 2019 when the program year ends, to apply for EAP.

EAP pays the utility company directly on behalf of eligible households. Qualifying families must apply for assistance at the local service provider in their area. If you are interested in applying for Energy Assistance, please contact Todd County Health and Human Services at 320-732-4516, or toll free at 888-838-4066. If you signed up for the Cold Weather Rule through your energy provider, this protection ends on April 15, 2019.

Other forms of assistance may be available through county social service programs, community-based organizations, and non-profit agencies. See the Minnesota Department of Commerce webpage at mn.gov/commerce for resources and energy saving tips.

ssw10-11c

Brenny
FUNERAL CHAPEL &
CREMATION SPECIALISTS
800.824.5050

When someone we love becomes a memory; that memory becomes a treasure.

To any history buffs of any age who need a little extra money:

My father Paul Caquelin, previous publisher of the Staples World, passed away recently and I would like to digitally capture all of his weekly columns (hundreds). The job will require digging through archives and taking hi-resolution digital photographs of the weekly columns and storing them on a hard drive (to be provided).

Location is at the Staples World office, pay is \$10/hr. For info. call the office 218-894-1112 or contact: Brian.Caquelin@amd.com

Kenneth Edin

The Celebration of Life memorial service for Kenneth Edin of Cushing, will be held on Friday, March 15, 2019 at 11:00 a.m. at the Lincoln Evangelical Free Church in Cushing, with Pastor Don Reigstad presiding. A visitation will be held on Thursday at the church from 6:00 to 8:00 p.m. and will continue on Friday from 9:30 a.m. until the time of service.

Ken, 88, passed away at his home surrounded by his family on Saturday, March 9, 2019.

Arrangements are with the Schuller Family Funeral Homes & Cremation Services, Wadena.

w11x A00006B2019MAR13

Thank you...
for reading the
Staples World

Help Wanted: Advertising Sales Representative

Seeking energetic, people oriented salesperson to call on local establishments and help them grow their business through print and online advertising.

Part time/flexible hours
Walking route and/or use of own vehicle

Our advertising options include the Staples World newspaper; Staples Square Shooter Shopper and the Staples World online edition, as well as separate promotional pieces including the Visitors Guide, graduation tab and more

Duties include, but not limited to: advertisement sales by personal customer contact at their location or in our office, by phone and email - both established and new accounts; schedule ads by deadline, scheduling inserts with distribution records; can/may design display ad layouts, some inter-office duties including walk-in advertisers, taking classified ad copy, operating camera, copy machine/fax, till, etc.

Willing to learn copy layout and page design a plus - we will train

Good customer skills appreciated as well as computer, telephone, math, spelling, etc.

Stop in for application: 224 4th St. NE, Staples, MN, 218-894-1112 editor@staplesworld.com

Staples World is a weekly newspaper published on Wednesday
Square Shooter Shopper is a free distribution shopper published on Saturday

Staples World

Bridges Career Exploration Day helps students think beyond high school

More than 2,400 students from 26 high schools throughout Central Minnesota gathered at Central Lakes College's Brainerd campus on March 8 to participate in the 12th annual Bridges Career Exploration Day. The career awareness experience provided students with hands-on activities curated by more than 250 volunteers — representing business and education, and featured over 200 careers.

The activities are organized into six primary career clusters, an organizational element first developed by the Minnesota Department of Education. Beyond these six clusters, the Bridges event broke careers into additional groups — representing 17 unique industry areas.

Local businesses and organizations provided nearly 7,000 volunteer hours through committee meetings, set up and event time. Industry professionals offered staff, financial support for prizes or other giveaways, and some developed a unique themed booths to help showcase careers.

Students arrived by bus and dispersed throughout the college campus. Professionals from different com-

panies were available to explain about local careers, their work environment, necessary skill sets, earning potential and the training needed to become employed. Students participated in demonstrations and hands-on activities while talking to business people.

In the manufacturing area, students were able to learn about the complete manufacturing process while building a miniature replica airplane. There were welding simulators, virtual reality demonstrations and robots. The hospitality area offered live food demonstrations with free samples — something especially popular with the students. After interacting with finance professionals, students could earn a crisp new \$1 bill. Some participated in computer-aided landscape design, or tasting hydroponically grown vegetables. Website and graphic design stations offered students a chance to sit and create. The front-end loader simulator was also a big hit, as well as participating in the Facebook Live video stream of the event.

After exploring career possibilities, students were served lunch, before

heading back to their high schools. While en route home, students participated in an online survey about the experience.

Last year's survey showed that the top three learning outcomes of the Bridges Career Exploration Day were: learning about local jobs/careers, helping focus on what career to pursue, and the benefits of post-secondary education. The survey showed 83 percent of attending students are interested and motivated to gain additional skills for a future career; 90 percent of students are satisfied or extremely satisfied with the Career Exploration Day event, and 14 percent of students learned about career opportunities located in Central Minnesota.

Bridges Career Exploration Day has been consistently recognized nationally, as a high quality, effective way to introduce students to careers available in the region. Many community and state leaders have attended as an invited VIP. Attendees have been amazed at the breadth and depth the event offers to students.

The Bridges Career Exploration Day is just

one of the programs of the Bridges Career Academies & Workplace Connection to better integrate work-based learning between schools and business. Other Bridges programs that offer a direct connection to business through career experience activities include business tours, speakers in the classroom and a career video library, as well as the Career Depot, a youth jobs portal with resources on researching and preparing for jobs. Bridges' academic enrichment program is called the Career Academies. These integrated courses focus on the knowledge and skills within a specific career field. Each course integrates technical skills and employability skills with real-world business and industry experiences.

The Bridges Career Academies & Workplace Connection is funded in part by the Carl Perkins Consortium Funding and Sourcewell (formerly the National Joint Powers Alliance), and is supported by the Brainerd Lakes Chamber, Central Lakes College, MSTATE and participating school districts. Find more information about this event at www.bridgesconnection.org/ced2019.

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5. Familiarity with computer software programs and basic typing skills is preferred

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POSITION SUMMARIES:

Highway Maintenance Worker III: The primary role is to safely perform general road and bridge maintenance activities. General maintenance shall include but not be limited to snow removal/ice control, crack sealing, crack and pothole filling, roadside vegetation control, gravel shouldering, road re-graveling, culvert installation, sign maintenance, light and heavy equipment operation, assisting in routine servicing and maintenance of equipment. **Minimum Qualifications and Salary:** Valid Class A Commercial Driver's License without an airbrake restriction with a tank endorsement, ability to perform strenuous physical labor under less than desirable conditions, ability to lift 70-100+ pounds. Grade 51, Step 1, \$15.19 per hour, to Step 10, \$21.71 per hour, depending on qualifications and experience, plus an excellent benefit package. **FLSA, STATUS:** Non-Exempt, Union.

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Engineering Aid/Intern: Must have a valid Minnesota Driver's License, and able to work both indoors and out. Applicants shall be currently enrolled in high school or in college, and must be 18 years old prior to the start of employment. Preferred applicants shall be currently enrolled in a Civil Engineering or Civil Technology program at an accredited college. **Salary:** will typically work four (4) ten hour days (40 hours) per week at a starting rate of \$12.00.

HOW TO APPLY:

Applications available at: <http://mn-wadenacounty.civicplus.com/232/Employment> or may be picked up at the

Wadena County Human Resources office in the **Wadena County Courthouse**, 415 Jefferson Street S, Wadena, MN 56482. Completed applications may be emailed to hr@co.wadena.mn.us, or mailed/delivered to: Curt Kreklau, HR Director, 415 Jefferson St S, Wadena, MN 56482.

Applications must be received no later than **4:00 p.m. on Thursday, March 21, 2019.**

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 the deadline is

5 p.m. Wed.

Region 5 Science Fair showcases knowledge of young scientists

By Dawn Timbs, Staples World reporter

Sixty-three students from schools in Region Five competed at the 2019 Regional Science Fair March 7, at Sourcewell in Staples.

The science fair was open to students in grades fourth - sixth. It's an annual event that's designed to encourage the natural curiosity of all students through the exploration of the scientific method and to explore and find an answer to a question or observation through an experiment (investigation) or research project.

Katie Embree, Student Academic Coordinator at Sourcewell, said, "We had a wonderful variety of young scientists in our midst who explained where the idea for their projects came from. Most science projects begin with a inquisitive mind and willingness to explore the solutions. Every student in attendance enjoyed their learning journey and would do it again."

Ribbons were given to the top four projects in each age group and category. The winners are listed below:

Fourth grade research

- 1st - Jaidyn Dykhoff, Bertha-Hewitt
- 2nd - Caleb Watercott, Henning
- 3rd - Brooke Kline, Henning
- 4th - Evan Schultz, Staples-Motley

Fourth grade experiment

- 1st - Brady Bowman, Bertha-Hewitt
- 2nd - Hallie Weller, Henning
- 3rd - Peyton Roberts & Paxton Line, Browerville
- 4th - Bella Hansen, Henning
- Honorable mention - Elliot Severson, Henning

Fifth grade research

- 1st - Monica Hansen, Henning

- 2nd - Norah Froslee
- 3rd - Mason Albertson, Staples-Motley
- 4th - Callie Greenwaldt, Bertha-Hewitt

Fifth grade experiment

- 1st - Nathaniel Seamann, Staples-Motley
- 2nd - Anthony Rousu, Henning
- 3rd - Anna Hegarty, Bertha-Hewitt
- 4th - Lily Cline, Staples-Motley
- Honorable mention - Miette Hansel, Bertha-Hewitt; Lydia Stearns and Adriana Botello, Browerville

Sixth grade research

- 1st - Peyton Mithun, Staples-Motley
- 2nd - Ella Banister, Bertha-Hewitt
- 3rd - Joshua Rasmussen, Henning
- 4th - Jacob Schmitz, Bertha-Hewitt
- Honorable mention - Steven Petrich, Staples-Motley; Natalie Marxer, Browerville

Sixth grade experiment

- 1st - Carter Wilhelmi, Bertha-Hewitt
- 2nd - Sawyer Ferdon
- 3rd - Tiffany Weber, Henning
- 4th - Maggie Teigland, Bertha-Hewitt.
- Honorable mention - Lily Richey, Staples-Motley.

Kasey Odden, 6th grade science teacher at Motley-Staples Middle School, helped coordinate the school's science fair this past January. Following the subsequent regional fair, Odden said, "I am super impressed with the amazing projects created and talent displayed by our Motley-Staples Middle School scientists. Thank you to all the parents for your support at home. Thank you to Sourcewell for hosting the Regional Science Fair and to all who attended the open house."



Family science outing at Sourcewell

Dozens of people from around the area stopped by Sourcewell in Staples March 7, for the annual Regional Science Fair. The event featured a variety of science projects from fourth, fifth and sixth grader students in Region 5. Above, Motley-Staples 4th grader Lily Davis (right) stands by the display of her experiment project, "From Egg to Butterfly." Also pictured, back row from left, are Lily's dad, Dale Davis; her grandpa, Stan Kaste; and mother, Heather Davis; and in front, her brother, Odin Davis.

Below: Members of the Tyrrell family of Staples stop by the science fair in support of Ben Tyrrell, a Motley-Staples 6th grader whose research project, "Trees in Our Environment" was on display, having been a winner at the district science fair. Pictured, from left, are Joe, Jackie, Ben and Jim Tyrrell. Ben Tyrrell said that this spring, he and his dad will be planting 1,500 trees on their family's property to help the environment. (Staples World photos by Dawn Timbs)



Snow Days medallion

Wyatt Wiener, left, and Michael Serfling won \$100 for finding the medallion at Central Lakes College for Snow Days, March 4-7 on the Staples campus. The robotics students earned a \$100 prize for the find. Other Snow Days activities included a pool tournament, grocery bingo, beanbag tournament and nerf war. (Submitted photo)



One-vehicle crash near Aldrich, no injuries

The Wadena County Sheriff's Office responded to a report of a one-vehicle rollover on Hwy 10 just west of Aldrich on March 5, at approximately 8:23 a.m.

A deputy with the sheriff's office was on scene shortly after the crash occurred and assisted the occupants from the vehicle.

According to the report, the crash happened when a 1997 Ford F-150, driven by Nicholas Drone, 18, of Verndale lost control on the ice. The vehicle spun out on

Hwy 10 before making contact with a snow bank near the intersection of Main Street West and rolled into the ditch. Drone and his passenger, a 10-year-old female, were both checked by medical personnel and released.

The Wadena County Sheriff's Office was assisted on scene by the Verndale Police Department, MN State Patrol, Tri-County Ambulance and Scott's Southtown Towing.

DALE continued from page 1a

Keeping track of weather stats

more than 10 days in advance is very difficult. Computer processing power has improved the ability of meteorologists to predict accurate weather up to 10 days.

A very small change in initial conditions (jet stream, El Nino, etc.) can create a significant difference in outcome 30 - 90 days later.

AccuWeather does give a 90 day forecast for March, April and May. According to information at their website (www.accuweather.com), the first two weeks of March will be below

normal temps, followed by two weeks above normal. The normal temperatures for March is a high of 38° and a low of 15°. April and May are both months with temps above normal. Again, meteorologists are only predicting, just like the Farmer's Almanac!

Dale Hausman is a retired math teacher at Staples-Motley High School. He and his wife, Deb, live north of Staples along the Crow Wing River. They have four grown children; son, Nathan; and daughters Shannon, Jessica and Nicole.



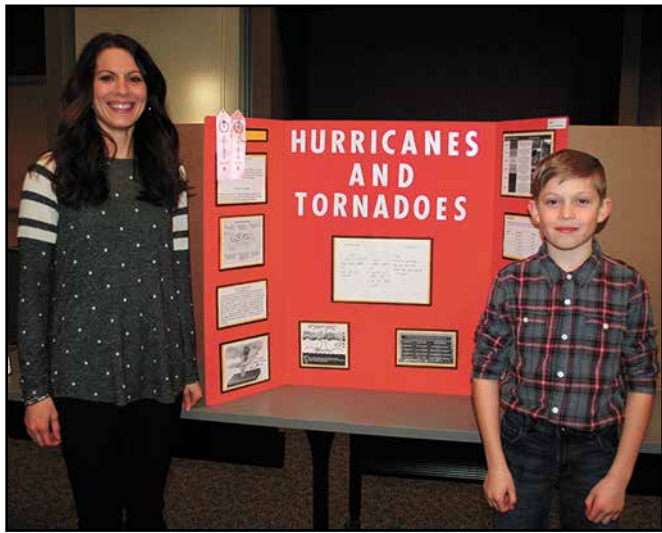
Blue ribbon winners

Two Staples-Motley students received blue ribbons at the Region 5 Science Fair at Sourcewell March 7. Above is Nathaniel Seamann, who took first place in the 5th Grade Experiment category, with his project, "Trial by Pulley." Below, Peyton Mithun received a blue ribbon in the 6th Grade Research category, with his project, "Sea Turtles." (Staples World photos by Dawn Timbs)



Future scientists

Above: Sawyer Ferdon, a sixth grader at Motley-Staples, received a 2nd place ribbon at the recent Regional Science Fair for his experiment project, "He Shoots, He Scores." Below: Motley-Staples fourth grader Evan Schultz received a 4th place ribbon for his research project, "Hurricanes and Tornadoes." He is pictured with his mother, Staci Schultz of Staples. (Staples World photos by Dawn Timbs)



How deep?

Dale Hausmann checks the snow pack.

all heart

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Tri-County Health Care

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