

Xcelerate Staples:

GiANT Worldwide program changes lives

By Mark Anderson
News Editor

In the introductory meeting of Xcelerate Staples on Aug. 16, people who have used the program gave testimonials on how it not only improves workplace conditions, but how it improves the overall lifestyle. The GiANT Worldwide program is being offered in Staples under the name Xcelerate Staples, open to anyone and any organization who wants to use it.

"It was a chance to grow myself and my family," said Tiffany Carlson, who was introduced to the program through work at Lakewood Health System. She also started incorporating it into her family life. When asked if the system made her life easier, Carlson said "Yes, I was at 100 (out of 100) in my work/life balance score."

Chelsea Ornelas was impressed when she started working at NJPA, which had implemented the system.

"To have people greeting you, making you feel welcome when you come to work. People are comfortable with themselves and comfortable with the organization," said Ornelas.

The head people of both those organizations also gave their impression of how it fit into their workplace. Lakewood Health System CEO Tim Rice told the group about implementing GiANT Worldwide in his organization.

"It was a sudden, whole new paradigm of being successful," said Rice.

He said the tools provided by the program have made a difference and one big result is there are better critical conversations among staff members because of it.

NJPA Executive Director Chad Coquette said he likes how the program creates "intentional development of an internal culture." By that, he said they ask "what kind of culture do we want?" The organizational clarity makes it easier to go out and achieve it, he said.

GiANT Worldwide trainer Rynell Schock said the program teaches organizations to spend more time building leadership in their employees and improving organizational awareness, instead of scrambling each day only concentrating on products and clients.

Schock said studies have shown that the system will lead to growth and success. "You get the results you desire," she said.

There will be a second chance for people in the Staples area to learn about the system, with another introductory session in September and the first training session planned for October. The dates for those sessions had not been finalized yet, and the cost of the program is also not yet determined.

At the Aug. 16 meeting, Schock outlined some of the tools that are used in the program and the attendees were able to start analyzing their organization and their personal leadership styles using those tools.

"Within some of these tools, there are three hour sessions to apply it to yourself and to your work," said Schock.

It is a unique opportunity to invite an entire community to participate in the program, which

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Staples-Motley students eager to start the school year

Staples-Motley Elementary School students sprinted off their bus as they arrived for the first day of school on Sept. 5. (Staples World photo by Mark Anderson)

Staples-Motley High School among 'America's Best'

Staples-Motley eighth grade students enjoy the school's free breakfast on the first day of school.

That same day, it was announced that Staples-Motley is listed on the 2017 edition of "America's Best High Schools" as reported by U.S. News and World Report. The school was given the bronze status due to factors including:

- Improvements in MCA reading scores.
- Maintained excellence in our science MCA's.
- College In Schools (CIS) credits earned by graduating class.

- Our free and reduced population showing large improvements in closing the achievement gap.
- Student to teacher ratio. (Staples World photo by Mark Anderson)



Hello, Readers,

On Sept. 7, 1813, the United States gets its nickname, Uncle Sam. The name is linked to Samuel Wilson, a meat packer from Troy, New York, who supplied barrels of beef to the United States Army during the War of 1812. Wilson (1766-1854) stamped the barrels with "U.S." for United States, but soldiers began referring to the grub as "Uncle Sam's." The local newspaper picked up on the story and Uncle Sam eventually gained widespread acceptance as the nickname for the U.S. federal government. In the late 1860s and 1870s, political cartoonist Thomas Nast (1840-1902) began popularizing the image of Uncle Sam. Nast continued to evolve the image, eventually giving Sam the white beard and stars-and-stripes suit that are associated with the character today.

Public Notices

Motley well project: **8A**

Obituary

Doreen Scott

Thank you for subscribing!

First day of school at MSMS

Principal John Regan (far right) and Motley Police Chief Ron Smith (far left) chatted with students at Motley-Staples Middle School prior to the beginning of classes Sept. 5, the first day of school. Students pictured, from left, are McKenzie Fletcher, 4th grade; and Nick Fisher, 5th grade. (Staples World photo by Dawn Timbs)



Year in Germany is life-changing for Staples-Motley High School graduate

By Dawn Timbs
Staples World reporter

Prior to beginning her freshman year of college, Jenessa Iverson of Staples decided to spend 10 months in Germany. Those months proved to be "some of the best of my life," she shared on Facebook recently.

It was a time of self-discovery, of learning a new language and culture, of developing her musical gifts in new and unexpected ways; and of returning to the United States inspired, with clarity regarding the next step on her life's journey.

After graduating valedictorian at Staples-Motley High School in 2016, Jenessa wasn't quite sure what the next step should be. She had been set to enroll at St. Ben's (The College of Saint Benedict) but was

beginning to have second thoughts.

About that time she reconnected with a foreign exchange student who had lived at her family's home in Staples about 15 years ago. She suggested that Jenessa consider coming to Germany to live with her and her husband, and to work as an au pair. The main focus of the job would be to care for the couple's infant son.

It sounded exciting, but Jenessa wasn't sure if she should delay going to college. She talked it over with family and friends, asking their advice. "And I prayed about it," Jenessa said.

Days before she was supposed to mail her decision to the college, Jenessa made up her mind to accept the job offer in Germany.

Her host family lived in northern Germany, not



Reunion in Germany

Kathy (left) and Jeff Iverson (right) of Staples had the opportunity to watch their daughter Jenessa perform with the Jugend Sinfonie Orchester Ahrensburg this past summer in Hamburg, Germany. They are pictured following a concert. (Submitted photo)

far from Hamburg. Jenessa had traveled there eight years earlier for their wedding, but had not spent a significant amount of time in a foreign country.

Learning the German language "was tough at first," Jenessa said. "But I wanted it so badly," she added, mentioning that she immersed herself in the language by watching German television and listening to conversations around her. Her host family was fluent in English, but Jenessa opted to have them speak to her in their native tongue whenever possible. By the end of her stay there, Jenessa considered herself close to being fluent and had even managed to read the first two 'Harry Potter' books in German.

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'In the eighth month of '17...'

...Paul Bunyan gave to me, eight pigs a-racing.' Pictured above at The Bear's Den in Leader are Gary Dauer (front center, wearing cowboy hat), owner of The Bear's Den and master of ceremonies at the pig races; event employees; and several fans of the racing pigs. To see a video performance of their song, visit the Staples World website at www.staplesworld.com; or our Facebook page. The Staples World will be highlighting a variety of area landmarks during the debut of, 'The Twelve Months of '17,' sung to the tune of 'The Twelve Days of Christmas.' Stay tuned to find out what Paul Bunyan delivers each month. (Staples World photo by Dawn Timbs)

'It all begins with a library card'

September is National Library Card Sign-Up month, and Great River Regional Library (GRRL), including the Staples Public Library, has joined forces with the American Library Association and libraries across the country to highlight the ways library cards change lives. This year marks the 30th anniversary of Library Card Sign-up Month, launched in 1987 to encourage all people, particularly children, to register for a library card. Since then, thousands of public and school libraries collaborate each fall in a national effort to ensure every child does just that. Libraries provide strong foundations for children starting at the earliest stages of development, and librarians are key players

in educating families on the link between early literacy and future academic success. GRRL branches offer a variety of programs year-round to stimulate an interest in reading and learning. Preschool storytimes expose young children to the joys of reading, while homework and research assistance for older children inspire strong academic success and pave the way for successful futures. Libraries are thriving technology hubs offering high-quality internet access and numerous digital tools. In addition to books, magazines, DVDs, computers, games, software and other multimedia materials, libraries provide access to e-books and e-book readers. GRRL libraries are frequently the first points of contact for community members with questions. From providing assistance to small business owners to programs about resources for those in need, libraries are changing lives through education. Libraries are America's great information equalizers - the only places people of all ages, cultures and socio-economic backgrounds can find and freely use such a diversity of resources. And it all begins with a library card. To learn more and celebrate National Library Card Sign-Up month with a new membership, visit <https://griver.org/services/apply-for-your-free-library-card> or just visit your local GRRL branch.

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Staples Police report includes drugs, abuse

Recent reports in to the Staples Police Dept include the following:
Aug. 22, Staples Police stopped a vehicle on Hwy 10 and Dower Lake Rd. After investigation, police cited both occupants for possession of marijuana.
Aug. 26, Staples Police took a report of a domestic that occurred earlier in the day on the 1400 block of 4th St. NE. Police arrested Shawn Bennett, 21, for domestic assault, 5th degree assault and disorderly conduct.
Aug. 28, Staples Police responded to a report of kids playing in window wells of an unoccupied residence. Police spoke to the property owner's relative who said that it was children in his family and they've been told to stay off the property. There was no damage to the property.
Aug. 31, Staples Police received a report of dogs

that are continuously running at large near Forest Ave. SE. The owner was advised of the complaint and on the city ordinance.
Aug. 31, Staples Police responded to multiple reports of a black bear running throughout the city. Police, along with residents, were able to get the bear out of the city.
Aug. 31, Staples Police responded to assist the MN State Patrol with a one vehicle crash on Hwy 10, just west of Staples. Zachary Lindsey, Verndale, was traveling eastbound on Hwy 10, when he lost control of his vehicle, ending on its side in the median. A passenger in Lindsey's vehicle was taken to LHS Hospital by ambulance. Also assisting at the scene was the Staples Fire Dept and Staples Ambulance. The MN State Patrol is investigating the crash.
Sept. 1, Staples Police

stopped a semi for driving conduct. The driver stated that he was tired. Police advised the driver to stop at Bricks in Motley and rest.
Sept. 2, Staples Police responded to Hwy 10 for a report of child abuse. Prior to police arrival, the vehicle with its occupants had left eastbound on Hwy 10. Motley police conducted a traffic stop on the vehicle. After investigation it was learned the child involved was throwing a temper tantrum and the parent was attempting to discipline the child. No crime occurred.
Sept. 3, Staples Police assisted the Staples Ambulance with locating a SUV on Hwy 10 that was en route to LHS Hospital with a child with a head injury. The vehicle was directed to the Lakewood Health System Emergency Room.



Creating a healthy culture in Staples
Rynell Schock explains one of the GiANT Worldwide leadership techniques during the Xcelerate Staples Program on Aug. 16.



New location for Freshwater ALC

The Freshwater Alternative Learning Center held an open house Aug. 30. Devon Brusewitz, left, talks with student advisor Leah Graves. Many students attended the open house to see the new site, now located at Central Lakes College in Staples. The new center includes three classrooms, group project area, individual study areas, library and a group therapy room for the new adolescent therapy program at the school. Students will also be able to take some of the trade classes offered at CLC. Classes at the Freshwater ALC began this week. They will also be hosting credit recovery night school classes on Wednesday evenings. (Staples World photo by Mark Anderson)



Group training for STEP workers
Rynell Schock speaks to the STEP table at the Xcelerate Staples introductory meeting, clockwise from top left, Melvin Norvell, Kayla Lawrence, Cory Lawrence, Connie Sonsalla and Diane Schuett. (Staples World photos by Mark Anderson)

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Schock moving program from large employers to small businesses and community

is usually only offered through large employers who buy into the system. Schock envisions the possibilities of similar small organizations and businesses building on each

other's strengths and using it to come together as a community. "We can glean ideas from each other and share what it takes to be a leader," she said.

Scam alert regarding ad sales

The Starbuck Police Dept. recently took several reports of a scammer in the Alexandria, Starbuck and Glenwood areas and, they suspect, in surrounding counties in Minnesota. The individual has already attempted to scam several businesses in Pope County. The individual is white, dark hair, approximately 6'2" - 6'3" and about 200-220 lbs, driving a silver/gray 2006 Buick Lucerne with Wisconsin plates. He's going to businesses trying to sell advertising for the local business, where he offers to put coupons on the back side of the business receipts. He states that it's only \$25 a month or \$300 for a year. When a business signs up and writes him a check, he skips town. The suspect has hit several other cities and counties in the state of Minnesota. Anyone with questions regarding this scam or who might have been the victim of a scam, contact the local police department.

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- When: October 9th-20th, 8:00 a.m.-4:30 p.m.
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To register contact Tamara Mench at tamaramench@lakewoodhealthsystem.com.

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Submit events to dtimbs@staplesworld.com

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Winchester to return with more on rural trends

Back by popular demand, Ben Winchester is returning to Todd County to offer more research findings about rural Minnesota economic trends.

On Tuesday, Sept. 26, Winchester will be at NJPA in Staples from 12-2 p.m., and at Long Prairie-Grey Eagle High School from 3:30-5:30 p.m.

The presentation will include:

- Highlights of January, 2017 presentation on rural economic trends. Positive trends show that rural communities show a resilience of which we should be proud.

- New insight into Rural Housing Supply issues.

- Baby Boomers and the Rural Housing Supply.

This free presentation, is open to the

public and will explore the supply challenges and the demand opportunities over the next 30 years. Is Todd County prepared for the housing challenges of the future?

Winchester will present the latest Todd County data and will lead participants in a discussion on how we can all be involved in making Todd County the best it can be for future residents.

The event is sponsored by Todd County Council on Aging and Citizens Against Drugs as a Healthy Community Coalition whose goal is making Todd County a safe and healthy place for all.

For more information, contact Connie Burns at 320-732-2221 or connie.burns@co.todd.mn.us.

Wetland easements in Todd County granted to Land Trust

In a rare conservation hat-trick, the Minnesota Land Trust recently completed three conservation easements on the same day, permanently protecting more than 350 acres in the Prairie Pothole Region of Western Minnesota. These projects represent a significant step in permanently preserving critical wetlands.

Wetlands are, in essence, the kidneys of the region, filtering surface water for humans and wildlife alike. Wetlands also provide key habitat for migratory waterfowl, trout, pollinators and other species whose habitats are threatened.

"We're pleased to have worked with the Imdieke and Durrant families to accomplish these important milestones for future generations," says Kris Larson, Executive Director of Minnesota Land Trust. "And we're grateful for the support provided by the McKnight Foundation and the Outdoor Heritage Fund."

The Durrant property, in Todd County, runs through the heart of the Mississippi River Flyway and Central Minnesota. The easement ensures permanent protection of more than 6,700 feet of shoreline along perennial and intermittent streams, natural springs, wetlands and grasslands.

The area is home to

a variety of plants, fish and animals, especially migratory songbirds and waterfowl. And the land's undeveloped shorelines along the stream and the wetlands help keep the water clean in nearby Little Pine Lake.

"This land is an important part of a larger old-growth forest and contains a designated trout stream. Overall, it provides significant habitat for many species of plants and animals," says Patrick Anderson, Wetlands Program Manager for Minnesota Land Trust.

The Imdieke family protected two properties in Stearns County - including over one half mile of shoreline on George Lake - with two conservation easements. These properties are located in the Mississippi River Flyway and provide important nesting area for migrating waterfowl.

The undeveloped and relatively natural shoreline along George Lake and the wetlands of the property help to maintain the water quality and provide near-shore habitat for a variety of aquatic plants, animals and natural communities, including trumpeter swans. The easements also ensure that one of the last remaining "shadow forests" in the area will stay intact. A shadow forest is formed when a lake has histori-

cally protected the habitat on the eastern side of the lake from the wild prairie fires ensuing from the west.

These permanent conservation easements were made possible thanks to the generous members of the Minnesota Land Trust, the McKnight Foundation, and with funding from the Outdoor Heritage Fund, as appropriated by the Minnesota State Legislature and recommended by the Lessard-Sams Outdoor Heritage Council (LSOHC).

The Minnesota Land Trust is a membership-based non-profit organization. Its mission is to protect and restore Minnesota's most vital natural lands in order to provide wildlife habitat, clean water, outdoor experiences and scenic beauty for generations to come. The organization has completed 529 conservation projects statewide, permanently protecting over 50,000 acres of natural and scenic land and over one million feet of fragile shoreline.

A conservation easement is a voluntary, legal agreement between a landowner and a land trust or other qualified agency that permanently limits certain uses of land in order to protect its conservation values. Landowners continue to own and enjoy the land and pay property taxes. Once created, the conservation easement is binding on all future owners of the property. More information can be found at www.mnland.org.



Grondahl honored at retirement party

After 32 years with the City of Staples, Parks and Recreation Director/Community Center Director Kevin Grondahl ended his last day at work at Pine Grove Park, where friends and family greeted him and wished him well. "I'll miss the people," Grondahl said about leaving his job.

At right, the legend and the legacy, Grondahl with his "mini-me," Isaac Reed. (Staples World photos by Mark Anderson)



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In Case you forgot!
DEADLINES
For all classified ads, including garage sales, is **5 p.m. Monday** to be published in **Thursday's Staples World**. For publication in **Saturday's Staples Square Shooter** the deadline is **5 p.m. Wednesday**

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Help sought to locate sex offender



Timothy George Bungert

The Wadena County Sheriff's Office is seeking the public's help in locating a Non-Compliant Level 3 Predatory Offender. The offender, Timothy George Bungert, age 35, was last registered as living at Becker Ave South in the City of Sebeka.

Bungert is said to be approximately 6'0" tall, 214 pounds, hazel eyes, brown/gray hair, with a medium build. Bungert is currently on warrant status out of Wadena County for Failure to Register as a Predatory Offender.

Bungert has a history

of contacting adolescent females (age 12-14) on the Internet and engaging in sexual conversation. He has also attempted to arrange to meet for sexual contact with one victim. He was not known to victims.

Anyone with any information regarding Bungert's whereabouts is asked to contact the Wadena County Sheriff's Office at 218-631-7600. You can remain anonymous. You can also go online to submit a tip at <https://por.state.mn.us/OffenderDetails.aspx>

THANK YOU

for making a difference!

Congratulations to these 5-Star employees



Left to right: Nancy Morriss, Ione Mertens, Lacey Lind, Lauri Thew, Heidi Brings

Lacey Lind and Nancy Morriss, Universal Workers, Senior Housing

Nominated by Jessica Mudgett, RN, Senior Housing and Kari Davis Secretary, Care Van, "Lacey and Nancy took the lead on starting a committee that involved providing tenants with little gifts or treats on holidays and special occasions from the assisted living staff. They have been proactive in organizing this committee, keeping other staff members involved and going the extra mile to provide tenants with something unique and special for various events. This idea brought forth by Lacey and Nancy has given our team a way to show each of our tenants how special they are and how much we love each of them."

Ione Mertens, Scheduler, Radiology

Nominated by Dee Lehner, Radiology Director, "Due to my time off work it was decided that a "Point Person" for the radiology department was necessary and Ione would be that person. She was professional, positive and above all helped the department run as usual. I can't thank Ione enough for accepting the challenge that was put before her and completing it so wonderfully. Lakewood is very fortunate to have an employee like Ione."

Lauri Thew, Specialist Scheduler, Clinic

Nominated by Anne Qureshi BSN, RN Surgery Coordinator, "Lauri has made the patient experience more convenient for Dr. Rose's patients. She created a template that every care giver fills out with the most up-to-date information. Lauri sends the patients a letter, which she created, to make sure they come prepared with all necessary documents. This improvement has affected direct patient care in a positive way. I appreciate the personal effort she made to improve the process for patients."

Heidi Brings RN, Case Manager, Home Health/Hospice

Nominated by Tami Mench, RN, Care Center and Pam Olson, RN, BSN Quality Improvement Director, "A Care Center resident who was on Hospice passed away. I was working as the only charge nurse when Hospice staff telephoned Heidi to notify her of this resident passing. Heidi came right in and spent hours with the family and was such a help to the Care Center staff. This is not the first time Heidi has done this for residents and their families. She is an awesome Hospice nurse and goes above and beyond to ensure that Hospice clients and their families are cared for as she gives 5-Star service."



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Confidence Learning Center

FALL AUCTION

Saturday, Sept. 23

9 am Preview - 10 am Auction

Directions: 1620 Mary Fawcett Memorial Dr., East Gull Lake, MN. Approximately 5 miles west of Baxter on Hwy 210 to Cass Co. Rd. 18, two miles north of Confidence Learning Center, auction signs

Current items listed below with MORE arriving daily. Donations are still being accepted!

CARS, MOTORIZED VEHICLES:

- 1999 Ford F150 XL, 5 Speed, 291,757 miles
- 1994 Chevrolet Silverado, Automatic 240,940 miles
- 1979 Johnson C Scow Sail Boat & Trailer
- Antique Motors

ANTIQUES: Furniture Indoor and Outdoor and Household Goods:

Antiques, furniture, antique lamps, chairs, couches & love seats, end tables, lamps (all types & styles) & lamp shades, mirrors, recliners, bookshelves, desks, head boards & frames, lawn furniture and tables, outdoor grills, framed art work, set of dishes, holiday decorations, kids toys, flooring, refrigerators and much more.

- Antique Dressers
- Wood Stoves •Various Size Nails
- 2 Person Hot Tub

Sporting Goods, Boat & Water Toys, Building Materials & tools:

Hunting & fishing equipment, GUNS, Stevens Double Barrel 12 Gauge & 20 gauge bolt action, Misc. watercraft items, vanities, tools, saws, mowers, new construction materials and more items arriving daily.

- Multiple Guns (see descriptions above)
- 1996 Polaris Indy Tour 500 Snowmobile
- 1986 Tuffy Ramage 160 70 hp Evenrude Outboard Motor
- 2005 Kowaski Ultra 150

We are unable to list or show each item, but there is something for everyone! Terms: Everything sold "As Is, Where Is". All items must be paid for and removed the day of auction. Any statement made by auctioneer at auction takes precedence over any printed materials. VISA and MASTERCARD accepted. All proceeds benefit the Campers and programs or Confidence Learning Center. concessions provided on the grounds and sponsored by Brainerd Lakes Area Women of Today.

*Question on the auction or to donate items contact: Ed Vobejda at 218-820-2258, Confidence Learning Center 218-828-2344 - www.campconfidence.com

*Thank You to our Auctioneers, Brad Frisk(Lic. # 11-48) & Dave Schubert (Lic # 18-294) for donating their services. Check also at www.midwestauctions.com

*Check us out on Facebook for additional items arriving weekly: www.facebook.com/campConfidence

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Reading Corps tutors

By Don Heinzman

The Minnesota Reading and Math Corps needs 2,000 full and part-time tutors to meet its goal of helping all Minnesota children become proficient readers by the end of third grade and proficient math students by the end of 8th grade.

Robert Mowatt of Bloomington is one of 1,700 reading and math tutors who enabled 30,000 struggling readers and math students to improve their skills in Minnesota last year. (This fall the Reading Corps will need 1,700 literacy and 300 math tutors to teach 35,000 students at 900 sites in Minnesota.)

Mowatt has overcome an amazing personal struggle to become a tutor. After 40-plus years in a corrections career, he retired, only to suffer a stroke six years ago when he lost his ability to read.

"The only word I could read was the," he said.

After nine months of rehabilitation, his reading ability returned and he realized more than ever the importance of reading.

He heard about the Minnesota Reading Corps and its amazing success. He applied, went through the interview, passed the background check and was assigned to Hillcrest Elementary School in Bloomington where he will start

his fourth year of tutoring K-3 students.

Aided by a "wonderful" internal coach, Cecelia Welch, and the support of two master coaches, he has helped 50 students. Of that number, more than half have reached their goal of reading at grade level and the rest have all made remarkable progress.

This is significant, because according to the Minnesota Reading Corps, one in three students in Minnesota are not reading up to grade level after third grade.

The Reading Corps demands that Mowatt meets 20 minutes a day with each student, applying the corps's evidenced-based literacy interventions that facilitate students to learn letter sounds, words, sentences and reading comprehension. He daily records progress and weekly test results in a computer management system.

Monthly, he meets with Coach Welch and Master Coach Julie Johnson where progress of each student is monitored and adjustments made.

As a part-time tutor, he is required to serve for 11 months and tutor for a minimum of 20 hours a week or perform community service for a total of 920 hours. In return, the corps provides a modest living allowance of \$500 a month net in bi-monthly pay-

ments, plus an educational benefit of \$2,887 that can be used for the education of his children and grandchildren. He has used the benefit to pay for his own children's education.

Full-time tutors must put in 1,720 hours of tutoring and community service for which they earn the bi-monthly living allowance and an educational benefit of up to \$5,775. Full-time tutors also are eligible for health insurance.

The joy for Mowatt comes in seeing his students surprise even themselves as they give birth to new sounds, words and sentences. He recalls how one student could not read at all and after six months, he stopped in the middle of a sentence, looked at Mowatt and said "You really did teach me to read, Bob." He added, "Now I am reading every night."

Graduation standards for these students are challenging: 48 sounds a minute for Kindergarteners, reading 62 words per minute (wpm) for first graders, 116 wpm for second graders and 135 wpm for third graders.

Mowatt wants you to consider joining the Minnesota Reading and Math Corps, which is a program of Americorps.

"It's so rewarding. You know you're helping kids, you're making a difference and every student is so appreciative. . . It keeps you alert, it challenges you, it doesn't overwhelm you and there is that education award.

"The staff at Hillcrest is so grateful and you feel a part of the school team because we can do what teachers don't have the time allowing them more time with their classes.

I served as a part-time tutor at Rahn Elementary School in Eagan, and can attest to the effectiveness of the program and the joy of seeing students learn. I second all that Mowatt says about the program.

To learn more and to apply for a position, go to readingandmath.net.

You and your students will be happy you applied.

Tutor Mowatt guarantees it.

Don Heinzman is a columnist for ECM Publishers.

Whaling on the prairie

By Chuck Brown

There was a time, in America's early years, when a fellow could get a job going to sea on a wooden sailing ship, and when they came upon a whale the fellow and his mates would lower away in boats and row out with their harpoons, and if the whale didn't kill them first, they would try to kill the whale. Dangerous work, to be sure, but hey, it was a job. More to the point, it was a business model operating in a market, a market having both a supply and demand function. The supply function was complex, as supply functions tend to be, and entailed ships and sails and sailors and harpoons and grog, not to mention propagating whales. The demand function rose from a human desire, as demand functions usually do, in this case the desire to not sit around in the dark after sunset. The whales were harvested chiefly for their blubber, blubber that was then refined into oil and sold to folks who then burned it in their lamps. Let there be light. What could possibly go wrong with such a well-balanced market?

The problem, of course, is that the demand for illumination soon outgrew the whale oil market's ability to supply it. Trouble loomed, especially if you happened to be a whale, but then technology and innovation saved the day, as technology and innovation usually do. New methods for lighting up the night were devised and that eventually brought us to electricity, and that greatly increased our use of coal.

The country once pretty much ran on coal. It was burned to generate the steam that powered the railroads and ships at sea. People burned it to heat their homes. Those functions have since switched to other energy sources, but the steady increase in the demand for coal-fired electricity positioned coal as our chief source of power for many years. 92 percent of U.S. coal consumption in 2016 went to the electric power sector according to the U.S. Energy Information Agency (EIA). But total U.S. coal production has dropped steadily over the past ten years, with a remarkable 18 percent decline in 2016 alone, and with the loss of production has come a significant loss in coal mining jobs.

2016 also saw natural gas overtake coal for the first time as the country's number one generating fuel. This was largely driven by the new abundance and affordability of natural gas, but there is no denying the environmental benefit as gas is a much cleaner fuel than coal.

After natural gas and coal comes nuclear as the next largest source of electricity followed by renewables (wind, solar and hydro). Nuclear electrical generation has been flat for many years now, but innovation is driving a recent surge in renewables. EIA reported that for the first half of 2016 renewables provided 16.9 percent of U.S. electrical generation, an increase from 13.7 percent the year before. Non-

hydro renewable energy grew from 7.6 percent in 2015 to 9.2 percent in 2016. This trend is expected to continue as more and more large-scale wind and solar projects come on line, a trend that bodes well for future energy usage and its impact on climate change.

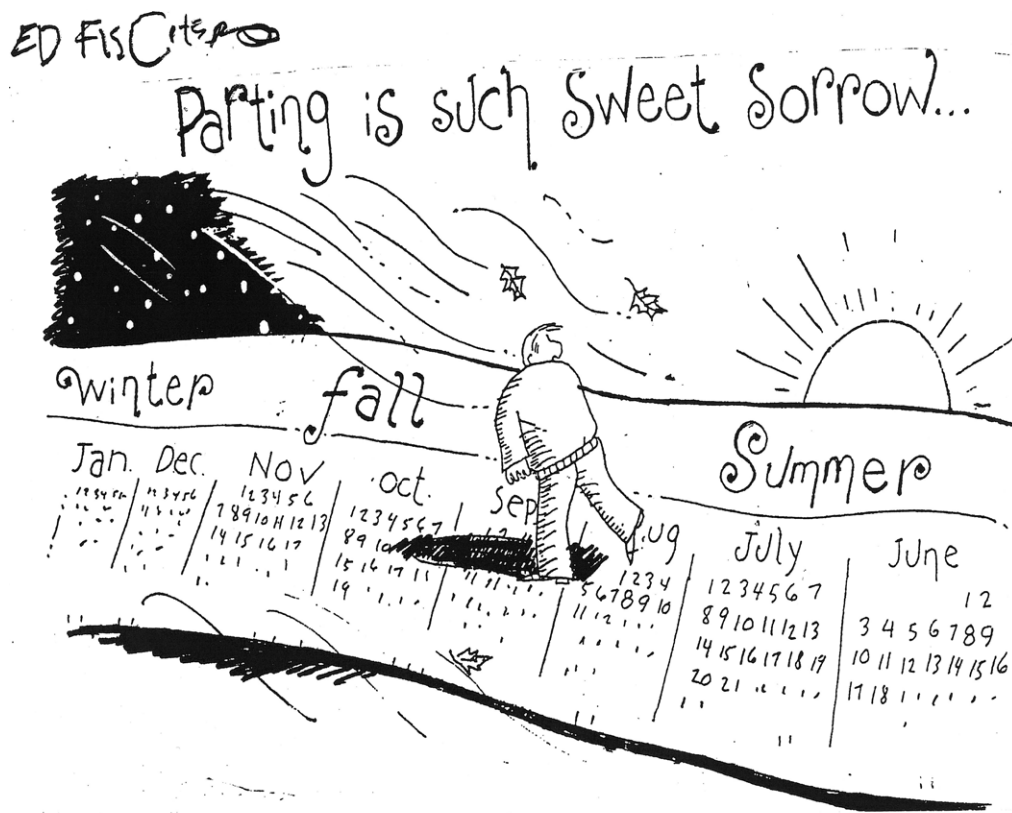
Still, no one should expect coal to disappear from our energy mix anytime soon. Coal's role in the world's biggest economy is simply too large to replace quickly, but hopefully that role will continue shrinking year by year with new investment in gas-fired plants and renewables. The harsh economic reality of this trend is that we'll continue losing coal mining jobs, but innovation and progress always alter the employment landscape. It's called the destructive creativity of capitalism - think whalers. It does become important to retrain workers for the new jobs that technology and innovation create, the jobs that caused the old ones to go the way of whalers.

And that brings us to economic opportunity in Greater Minnesota, especially the vast stretches of southern and western Minnesota dominated by agriculture. Given the cyclical swings common to ag markets, these areas would clearly benefit from the diversity gained by adding energy to the economic mix. Transportation energy is already in the mix with ethanol production, but many view ethanol as a short to intermediate term solution. With the world's ever-growing population we might not long be able to divert resources from the food supply into energy production.

Renewable electricity generation might be a better long range plan for economic diversity in Greater Minnesota. The countryside has been dotted with wind farms for years with more coming, and now we're beginning to see large-scale solar installations as well. These areas have ample sunshine and wind, and the land needed is more affordable than in urban areas. But what about the land? Won't these applications divert land from food production too? Only to a very small extent, and nowhere near the land required to grow the corn going into ethanol production.

The processes leading to these future-friendly investments are largely economic, but they're also political, and while politics invariably faces skeptical headwinds, it's politics that makes civil life possible. Politics done well paves the way for innovation and prosperity. Politics done badly blocks them. And so the task is clear: avoid nostalgic longing for the workforce of the past and focus instead on educating, training and investing in the workforce of the future. It's a whale of an idea.

Chuck Brown is a Minnesota writer and the retired manager of a manufacturing company who served 12 years on the Olivia City Council. He is a Growth & Justice Policy Fellow advising on rural issues.



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The deadline is 5 p.m. Monday. Opinions expressed on this page do not necessarily represent the views of this newspaper.

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Nationally renowned author Charles Baxter coming to Wadena



Charles Baxter

Charles Baxter, author of novels, short stories, essays and poetry is the September guest at Book Ends, the monthly meet-the-author event at The Uptown in Wadena. The program is Saturday, Sept. 9 at 11 a.m.

Baxter authored the best-selling "The Feast of Love" that was adapted into a motion picture. He was a finalist in the National Book Award and has won a multitude of literary prizes and honors. Six of his short stories have been included in Great American Short Story anthologies.

gies.

"I place him in the category of celebrated Minnesota male authors like F. Scott Fitzgerald, Sinclair Lewis, Tim O'Brien, Gary Paulsen and Jon Hassler," says Jerry Mevissen, Nimrod author and moderator for the series. "We are extremely fortunate to host his visit."

Baxter's most recent publications are "There's Something I Want You To Do," "Gryphon" and "Believers," all short story collections and available now at An Open Book in Wadena.

Aside from his literary talent, Charlie Baxter is known as an affable and approachable guy. "I'm eager to make the trip to Wadena," he says. "It's been too long."

After the program, discussion follows from 11 a.m. until noon, followed by book sales, autographs and lunch. There is no admission charge; lunch is on you.

For more information contact An Open Book, 218-632-2665.



Bandshell on the move . . .

Volunteers recently prepared the bandshell for its move from Northern Pacific Park, Staples, to Bruce and Bev Nelsen's home, where extensive work needs to be done for it to be safely used again. Those interested in donating to the efforts necessary to save the bandshell can do so by donating through LEAP (memo for "bandshell"). Donations can be dropped off at the Nelsens or in care of Gretchen Bestlad at Lakewood Health System.

Top: Bruce Nelsen and Rick Anderson prepare the roof for the move while LeRoy Peterson adds a helping hand with the platforms. Bottom: Bandshell on the move ... from the park. (Submitted photos)

Archaeology discussion

The Wadena County Historical Society will host a roundtable discussion about archaeology in Wadena County, Thursday, Sept. 21, from noon to 1 p.m. at the Wadena County Museum.

Artifacts from excavations in Wadena County will be on display throughout the month and will include items from the Joseph Réaume Trading Post and Little Round Hill.

The Wadena County Museum is located at 603 Jefferson St. N., Wadena. For more information visit www.WadenaCountyHistory.org

Staples City Council agenda

The Staples City Council will meet Tuesday, Sept. 12, at 7 p.m. at the Staples City Hall, 122 6th St NE, Staples.

Preliminary agenda items include:

- Public hearing at 7 p.m. on proposed 2018-2022 Capital Improvement Plan.
- Consider request from B & B's Sports Bar & Grill to change the time that establishments with a Sunday on sale intoxicating liquor license may begin on sale of intoxicating liquor on Sundays from noon to 11 a.m. to correspond with state off sales times.
- Consider request from Sacred Heart Catholic Church for permission to conduct bingo and a raffle on Oct. 29, 2017.
- Committee reports including the public works commission, the economic development authority and the planning and zoning commission.
- Open forum.
- City Administrator's report.

Mark Your Calendar

September 12

PASTOR SHAHRAM HADIAN - TRUTH IN LOVE (TIL) PROJECT speaking about critical issues facing our nation Tues., Sept. 12, Browerville Community Center, 653 Main St., Browerville, 7 p.m. Doors open at 6 p.m.

September 14

WADENA WHIRLWAYS SQUARE DANCE CLUB MTG Thurs., Sept. 14, 7:30 - 10 p.m., Wadena VFW. Roger McNeil, caller; Bernadette McNeil, cuer. For info., 218-296-1641.

September 15

MORRISON COUNTY HISTORI-

CAL SOCIETY ANNUAL MTG Fri., Sept. 15, 7 p.m., at the Little Falls Care Center, Little Falls. Election for board of directors.

September 19-20

IMMUNIZATION CLINIC - WALK-IN sponsored by Cass County Public Health, Tues., Sept. 19, 10 a.m. - noon and 1 - 2:30 p.m., Pillager Family Resource Center. For info., 218-547-1340 ext. 246.

WIC NUTRITION PROGRAM sponsored by Cass County Public Health, Tues., Sept. 19, 10 a.m. - noon and 1 - 2:30 p.m.; and Wed., Sept. 20, 9:30 a.m. - noon and 12:30 - 2 p.m., Pillager Family Resource Center. For info., 1-866-632-9992.

Author to speak on first book in series

Steve Paper, author of "An Army Lost", returns to his hometown, on Sept. 15, at 7 p.m. to talk about his historical novel at the Wadena County Museum. The book is currently being considered for a TV series.

"An Army Lost" is a fictional account based on a little known campaign and the first in the Fallen Timbers series following the James family into the wilderness and across the seas during the early days of the American Republic.

With the end of the Revolutionary War the far west beckons to many. Among the homesteaders, farmers, adventurers and former soldiers looking for a new life is Landis James, a veteran estranged from his Philadelphia merchant father, who settles in the Kentucky borderlands. Soon many of the new-

comers are encroaching on lands ceded to the Native Americans by treaty. To the Miami, Shawnee and other native peoples this is an outright invasion.

The British still occupy Forts Detroit, Michilimackinac and Niagara in violation of the Treaty of Paris and see an opportunity to either reclaim the colonies or at the very least, establish a buffer state to protect Canada. Encouraged and armed by the British, the tribes unite to defend their homeland.

In 1790, President George Washington sends an army into the wilderness north of the Ohio River to end the "troubles." The soldiers are routed by a coalition of tribes led by the Miami War Chief, Little Turtle.

In 1791, he sends a new army. Landis James, now a captain, heads north with

many of his fellow Kentuckians to settle the score.

The Wadena County Museum is located at 603 Jefferson St N., Wadena. For more information call 218 631-9079 or email 603wchs@arvig.net

Educational Opportunities

September 11-12

55+ DRIVER IMPROVEMENT COURSE sponsored by the Minnesota Highway Safety Center, Mon., Sept. 11; and Tues., Sept. 12, 5 - 9 p.m., Staples Community Center, 425 4th St. NE, Staples. For info., to register, 1-888-234-1294.

U.S.-Dakota war to be discussed Sept. 17

Colin Mustful will talk about the U.S. - Dakota War of 1862 at the Verndale Lions Community Center Sunday, Sept. 17, at 4 p.m. Following the free program, the Verndale Historical Society will hold a fundraiser to help raise money for a display case for a grist mill and fire pumper.

The author of several historical novels, Mustful has compiled his research into one comprehensive resource titled "Confronting Minnesota's Past: A Resource to Test Your Understanding on the U.S.-Dakota War."

His published books are a unique cross-genre using elements of fiction and nonfiction in order to tell compelling stories that inform and entertain.

The author's work focuses on the tragic and complicated history surrounding the largely unknown and misunderstood event of the U.S.-Dakota War of 1862. Using a variety of sources, Mustful objectively considers this important part of Minnesota history through multiple perspectives and necessary historical context. The result is an educational narrative that includes fictional drama and a thought-provoking story.

To learn more visit www.colinmustful.com or call the Wadena County Historical Society at 218 631-9079 or email 603wchs@arvig.net

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"The Big Sick" at 7:00
"The Hero" at 7:10
"Lost in Paris" at 9:15
"Maudie" at 9:25

Sat. Sept. 9th
"Neither Wolf Nor Dog" at 1:30 (FREE)
"The Big Sick" at 1:00
"The Hero" at 1:15
"Step" at 3:00 & 7:00
"Sweetland" at 4:30 (FREE)
"Beatriz at Dinner" at 3:15 & 7:10
"Lost in Paris" at 9:15
"Maudie" at 9:25

Sun. Sept. 10th
"Neither Wolf Nor Dog" at 1:30 (FREE)
"Step" at 1:00
"Beatriz at Dinner" at 1:15
"Sweetland" at 4:30 (FREE)
"The Big Sick" at 7:00
"The Hero" at 7:10
"Lost in Paris" at 3:00 & 9:15
"Maudie" at 3:15 & 9:25

Mon. Sept. 11th
"Step" at 7:00
"Beatriz at Dinner" at 7:10

Tues. Sept. 12th
"The Big Sick" at 7:00
"The Hero" at 7:10

Wed. Sept. 13th
"Lost in Paris" at 7:00
"Maudie" at 7:10

Thurs. Sept. 14th
"The Big Sick" at 7:00
"The Hero" at 7:10

www.cozytheatre.com

Fall Trap Shooting League

A 'Fall Trap Shooting League' for students in grades six - 12 will be held at the Staples Sportsmen's Club every Sunday, Sept. 10 - Oct. 8, from 2 - 6 p.m. Sponsored by Staples-Motley Community Education.

The instructor, Steve Benson, will provide an introduction to trap shooting for new shooters and a practice opportunity for seasoned shooters.

Participants are required to have a firearm safety certificate. Registration fee includes clay targets and use of the range. Participants are responsible to provide their own shells, shotgun, eye/ear protection.

For more information, call Benson at 218-296-0712.

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Staples High School Class of 1967 reunion

The Staples High School Class of 1967 held their 50th Class Reunion at Timbers Restaurant & Event Center Aug. 25. Those attending were: front row, from left, Susan Edwards, Susan Westin Stark, Roseann Deering Stark, Carol Shinabarger, Margie Germann Etzler, Helen Schmitz Bjorge, Karen Nurnberger, Charlie Simkins, Judy Thelen, Darrel Wilson and Randy Thiel; second row, from left, Wayne Elliot, Ana Markfelder Reinbold, Karen Strain Engelmänn, Mel Chapin, Sharon Drajna Prout, Mary Klodt Bailey, Carol Smith Leisso, Claire Jean Hoemberg Pelarski, Joyce Johnson and Kathy Fellman Isaacson; third row, from left, Terry Far-

ber, Gary Knosalla, Don Seipkes, Steve Christianson, Gene Johnson, Larry McCadum, Ken Morrison, Jerry Cleveland, Glen Hasselberg, Charlie Hopkins, John Hanson, Eileen Mayhew Moore, Mary Greig Fahnlander, Betty Motl Bethke, Bonnie Klose Roberts, LuJean Thorn Larson and Jerry Noska; fourth row, from left, Dale Wagner, Malory Marr, Rick Peter, Bruce Steinhagen, Mike Doyle, Pat Doyle, Greg Chapin, Kevin Jenkins, Curt Johnson, Steve Goepferd, Dane Thompson, Denny Hoemberg, Jeff Campbell, Charlie Martin, Rick Roline, John Jansen, Larry Mertens, Blaine Peterson, Rod Quering and Gary Halbersma. (Submitted photo)



Staples singer winner at state fair

Aaron Krienke of Staples, second from left, along with his group, The Chancellors Quartet, were first-place winners at the Minnesota State Fair's Amateur Talent Contest Aug. 31. They sang, "This Old House." The other group members, from left, included Jeff Lindstrom, Mike McCowen, Chris Fish. Subsequently, the

winners from each night at the fair competed at the Amateur Talent Contest finals, held at the grandstand Sept. 3, for the opportunity to win \$10,000. First place went to singer/guitarist Russ Parrish of Burnsville. (Submitted photo)



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Hello World

BIRTHS REPORTED AT LAKEWOOD HEALTH SYSTEM HOSPITAL INCLUDED:

Born to Rebekah and Ross Bollin of Clarissa, a baby girl, Hailey Jo weighing eight pounds, three ounces on August 25, 2017.

Born to Selena and Jacob Rosenthal of Staples, a baby boy, Ethan Joel weighing seven pounds, five ounces on August 28, 2017.

Born to Kelly and Tyler Fisher of Verndale, a baby girl, Taya Jeanne weighing nine pounds, two ounces on August 28, 2017.

Born to Michelle and Marcus Meiners of Clarissa, a baby girl, Madelynn Kathleen weighing eight pounds on August 29, 2017.



Avoid Event Conflicts
Check the Events Calendar online at www.staplesworld.com
Submit events to dlimbs@staplesworld.com



Obituaries

Doreen Scott

Doreen Louise Scott, 83, of Motley, passed away September 1, 2017 in Motley following declining health.

Services will be held Friday, Sept. 8, 2017 at 11:00 a.m. at Sacred Heart Church in Staples. Visitation begins at 9:30 a.m. until time of services at the church. Burial following the service at Evergreen Hill Cemetery in Staples.

Doreen was born to Thomas and Louise (Ziegler) Conlin on July 12, 1934 in Staples. Following graduation in 1952 she was employed by the Northern Pacific Railway as a stenographer in St. Paul. Doreen returned to Staples in 1955 after her divorce from Edward O'Neill and was employed by Northwestern Bell Telephone Company where she was Chief Operator of the Staples Exchange. She married John Scott in 1960. In 1984 Doreen enjoyed cooking and bartending for Scotty's Pub for many years. She made many friends and became everyone's "ma".

Doreen was involved in and an active supporter of Sacred Heart Church; instrumental in getting the food shelf started in Staples and served as treasurer. Doreen was President of the Staples Senior

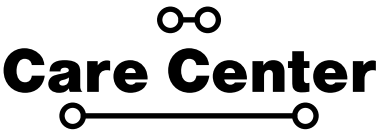


Citizens until she resigned in December 2016; and also Treasurer of the American Legion Auxiliary Post 20. Doreen enjoyed playing bridge, cooking, bingo, writing stories and poems. Above all she loved her family and spending time with them.

Doreen is survived by two sons, Thomas (Chrys) O'Neill, Fertile and Steven (Becky) Scott, Dent; one daughter, Karen Johnson, Motley; one sister, Pamela Sather, Wasilla, AK; five grandchildren, Jared, Jordan, Stephanie, Jennifer, Nicholas; one great-granddaughter, Elaina and the grand dogs.

Doreen is preceded in death by her husband, John W. Scott; her parents and baby brother; Thomas Conlin, Jr.

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Care Center

SEPTEMBER SPECIAL ACTIVITIES AT THE LAKEWOOD HEALTH SYSTEM CARE CENTER:

Sun., Sept. 10 Grandparents Day; 1:45 p.m. Bingo/Marge

Mon., Sept. 11, Cruise Week - England; 10 a.m. Catholic service; 11 a.m. Boarding Passes for River Tour; 1 a.m. Ship Tour; 2 p.m. Tea & Crumpets; 2:30 Trinity Lutheran Church; 3:15 Word game; 6:30 Bingo

Tus., Sept. 12, Holland; 10 a.m. Holland presentation; 2:15 p.m. Church; 3:15 p.m. Make & Take; 6:30 p.m. Bingo

Weds., Sept. 13, Italy; 9:30 a.m. Spa Day; 1:30 p.m. Hair/make up; 2 p.m. Bingo; 3:45 p.m. Photos; 5:30 p.m. Captain's Dinner w/entertainment

Thurs., Sept. 14, Monaco; 10 a.m. Races; 2 - 4:30 p.m. Casino, snacks and beverages

Fri., Sept. 15, Germany; 10 a.m. - 2 p.m. Car/Tractor Show; 11:30 a.m. Picnic; 3:15 p.m. Reading newspaper; 4 p.m. Individual activities

Sat., Sept. 16, 10 a.m. Bingo/Marge

Mon., Sept. 17, 2:30 p.m. Church - Trinity Lutheran

Tues., Sept. 19, 2:15 p.m. Church - Motley Free Methodist; 4 p.m. Bingo/Marge; 6:30 p.m. Make & Take

Weds., Sept. 20, 2 p.m. Bingo - hosted by United Methodist Motley

Thurs., Sept 21, 10 a.m. Bible study - Paster Johnson; 4 p.m. Cheers; 6:30 p.m. Cards & Games

Sat., Sept. 23 10 a.m. Bingo/Marge; 2 p.m. Assembly of God Singers

Sun., Sept. 24, 7 p.m. Square dancing

Mon., Sept. 25, 2:15 p.m. Church - Staples Alliance, Round dancers

Tues., Sept. 26, 4 p.m. Bingo/Marge

Weds., Sept. 27 2 p.m. Bingo; Trinity Church

Thurs., Sept. 28, 10 a.m. Men's group Cheers; 6:30 Cards & games

Fri., Sept. 29, 11:30 a.m. Burger King

Sat., Sept. 30, 10 a.m. Bingo/ Marge



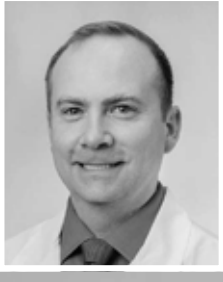
FFA Day at the state fair

Minnesota Lt. Governor Tina Smith presented a proclamation at the Minnesota State Fair, declaring September 2 as "FFA Day at the Fair." The Governor and Lt. Governor's proclamation recognizes the positive impact of FFA for Minnesota kids, with more than 10,850 members statewide. Pictured: Smith with Staples-Motley FFA members Rebekka Paskewitz, Molly Lindgren and Katie Benson. (Submitted photo)

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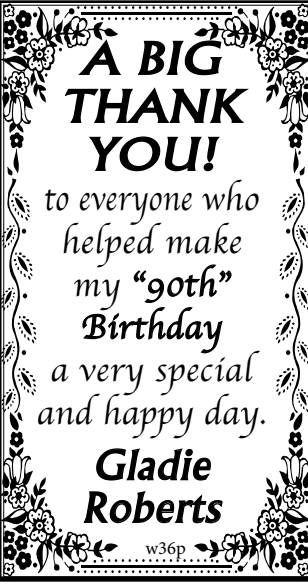
Bradley Qualey, M.D.



Scott Wheeler, M.D.



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A BIG THANK YOU!

to everyone who helped make my "90th" Birthday a very special and happy day.

Gladi Roberts



Balsamlund Church

9TH ANNUAL

Fall Dinner

Sunday, Sept. 17
11 a.m. - 1 p.m.

Hewitt Community Center, Hewitt, MN

We will be SERVING:

- Meatballs
- Potatoes
- Side Dishes
- Brownies and Ice Cream

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RR Days pedal pull results

The Staples Railroad Days Pedal Pull had 43 contestants, competing on a wet and rainy track. The top three placers can go on to the state pull on Sept. 9, in Hutchinson.

Following are the top three placers in each age group:

Age 3: 1. Derek Zimmerman, Motley, 4'5"; 2. Connor Reeck, Staples, 4'4"; 3. Drew James, Brainerd, 3'7"

Age 4: 1. Porter Lehner, Motley, 16'11"; 2. Camdyn Klebs, Alexandria, 7'1"; 3.

Wyatt Greenwood, Staples, 7'0"

Age 5: 1. Matthew Jewison, Staples, 30'11"; 2. Brennen Sorenstahl, Staples, 20'11"; 3. Cayden Dickmann, Staples, 16'0"

Age 6: 1. Jacob Reeck, Staples, 36'0" (full pull); 2. Emma Peterson, Staples, 30'5"; 3. Michael Jewison, Staples, 28'6"

Age 7: 1. Brooke Reisenauer, Staples, 21'4"; 2. Andrew Black, Staples, 21'2"; 3. Carsen Sweeney, Staples, 15'11"

Age 8: 1. Carson DeWald, Staples, 21'7"; 2. Johnathan Hockert, Wadena, 21'6"; 3. Jaida Holst, Staples, 19'5"

Age 9: 1. Britta Sweeney, Staples, 13'0"; 2. Daniel Zimmerman, Motley, 12'1"; 3. Elliot Allen, Aldrich, 11'11"

Age 10: 1. Payton Allen, Staples, 21'7"; 2. Kristofer Taylor, Staples, 12'10"; 3. Heidi Zimmerman, Motley, 12'8"

Age 11: 1. Alex Black, Staples, 13'2"

Schoeck is newest family physician at Lakewood

Dr. Kaitlyn Schoeck is the newest family medicine physician to join Lakewood Health System's medical staff.

Originally from International Falls, Schoeck completed her undergraduate work at the University of Minnesota Duluth and received her medical degree from the University of Minnesota. Her residency was done at the University of Minnesota - St. John's Hospital Family Medicine Residency. Schoeck is a member of the Minnesota Academy of Family Physicians and the American Academy of Family Physicians.

As a family practice provider, Schoeck enjoys practicing the full-spectrum of family medicine, which includes seeing patients in the clinic, hospital, emergency department or labor and delivery. She has special interests in women's



Dr. Kaitlyn Schoeck

health, obstetrics and newborn care, and preventative care at all stages of life. Schoeck also enjoys teaching other learners and leading quality improvement initiatives to ensure evidence-based care is provided to all patients.

"Since spending time in Staples as an RPAP (Rural Physician Associate Program) student during my third year of medi-

cal school, I knew I had found a special place," said Schoeck. "I'm very excited to have the opportunity to return to Lakewood to build my career, surrounded by wonderful partners, staff and patients."

Schoeck and her husband, Charlie, met while both living in Staples and they are very excited to be back in the area. They love to do all things "Minnesota," which includes swimming, boating, fishing, kayaking and camping. On summer nights they can be found playing a twilight round of golf at area courses, or enjoying a bonfire in their backyard. They also enjoy traveling and exploring new places."

Schoeck will be seeing patients at Lakewood's Pilager and Staples clinics. To make an appointment with her, call 218-894-1515.



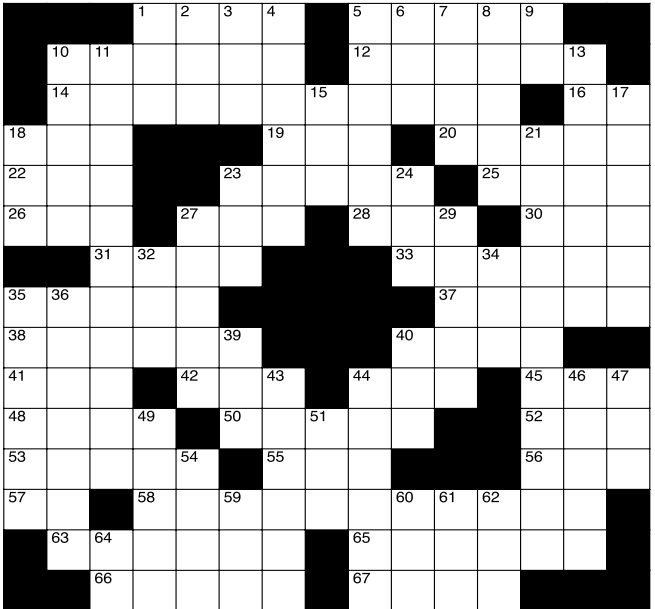
Pennies for apples and more

Rita Stone, left, presents \$1,030 to Staples Food Shelf Manager Fran Mertens, the proceeds from the Congregational Church penny auction held during Staples Railroad Days. The amount, is one half of the money raised at the event, with the other half going to the Motley Food Shelf. Mertens said the donation will buy much more than apples, as the meat section of the food shelf always needs replenishing. (Staples World photo by Mark Anderson)

Student Achievements

KAYLA BENSON, Staples, recently graduated from Minnesota State Community and Technical College with a degree in Cosmetology-DIP.

Crossword Puzzle



- CLUES ACROSS**

 - Taro plant
 - Stone splinter
 - One who likes tobacco
 - Roughly chipped flint
 - He played Gandalf
 - Indicates position
 - AMC ad show "Mad"
 - Popular sports league
 - Linguistics pioneer
 - Singer DiFranco
 - Dispenses
 - Most important part
 - Worthless entertainment
 - Remunerate
 - Cool
 - Ex-Knick Jeremy
 - On top
 - Felt for
 - Vulcan doctor
 - Publicly denounce
 - Bits of
 - Something to live by
- CLUES DOWN**

 - Very long period of time
 - Boston-based Celtic punk band (abbr.)
 - Final month (abbr.)
 - Scottish island
 - Merchandise
 - Elected leader (abbr.)
 - Brews
 - Linear accelerator (abbr.)
 - Lawrence Taylor (abbr.)
 - Upstate NY college
 - Schemer
 - Even more shaggy
- Answers**

1. Taro plant
2. Stone splinter
3. One who likes tobacco
4. Roughly chipped flint
5. He played Gandalf
6. Indicates position
7. AMC ad show "Mad"
8. Popular sports league
9. Linguistics pioneer
10. Singer DiFranco
11. Dispenses
12. Most important part
13. Worthless entertainment
14. Remunerate
15. Cool
16. Ex-Knick Jeremy
17. On top
18. Felt for
19. Vulcan doctor
20. Publicly denounce
21. Bits of
22. Something to live by
23. Very long period of time
24. Boston-based Celtic punk band (abbr.)
25. Final month (abbr.)
26. Scottish island
27. Merchandise
28. Elected leader (abbr.)
29. Brews
30. Linear accelerator (abbr.)
31. Lawrence Taylor (abbr.)
32. Upstate NY college
33. Schemer
34. Even more shaggy

Staples Area Church Directory

Staples Staples Alliance 1512 8th St. NE, Staples218-894-2891 Pastor Bob Hepokoski, Paul Johnson Mark Shea, Pastor of Student Ministries Sunday Worship.....9:30 a.m. Sunday School.....11:00 a.m. WEDNESDAY AWANA.....6:15 p.m. Assembly of God 914 3rd Ave. NE, Staples.....218-894-1081 Pastor Roy Miles Youth Pastor Julie Boone Discipleship Class.....9:15 a.m. Sunday Worship.....10:30 a.m. Evening Prayer.....6:00 p.m. WEDNESDAY Sonlight & Youth.....6:30 p.m. Church of Christ 27343 490th St., Staples.....218-894-2609 Pastor Barry Klein Website: www.stapleschurchofchrist.org Bible School (youth and adult).....9:30 a.m. Sunday Worship.....10:30 a.m. WEDNESDAY: Teen Youth/Adults Bible Study.....6:30 p.m. Congregational Church, UCC 204 5th St. NE, Staples.....218-894-2571 Worship.....9:30 a.m. Fellowship, refreshments following service Faith Lutheran 430 12th Street. NE, Staples.....218-894-1546 Interim Pastor: Saul Stensvaag Emelia Engstad, Director of Youth, Family & Christian Ed. Sunday Worship Service.....9:00 a.m. Coffee Fellowship.....10:05 a.m. Sacred Heart Church 310 4th St. NE, Staples Church.....218-894-2296 Pastor Fr. Joe Korf Youth and Young Adult Ministry Coordinator: Monica J. Simmons218-414-0081 cell/text MASS: Thursday and Friday.....8:30 a.m. Saturday.....5:00 p.m. Sunday.....8:30 a.m. Seventh Day Adventist 421 Dakota Ave. SE, Staples 218-894-0033 Saturday Worship.....10:45 a.m. Sabbath School.....9:30 a.m. Thomastown Covenant 15940 251st Ave., Staples.....218-894-3923 Pastor Nathan Hillman Sunday School.....9:45 a.m. Sunday Worship.....11:00 a.m. WEDNESDAY.....7:00 p.m. Trinity Lutheran 1000 4th St. NE, Staples.....218-894-2372 Rev. Robin Collins Sunday Divine Service.....9:00 a.m. Sunday School & Bible Class.....10:15 a.m.	United Methodist 310 5th St. NE, Staples.....218-894-2248 Pastor Greg Leslie Sunday Worship.....10:30 a.m. (Nursery Available for Sunday Worship) Sunday School (for grades K-12 and adults)9:15-10:15 a.m. Aldrich Congregational, United Church of Christ One block S. of Hwy. 10, Aldrich Pastor Dave Seaton.....218-445-5831 Sunday Worship.....9:00 a.m. Communion.....1st Sunday of Month Balsamlund Lutheran 19550 490th Street, Aldrich Eric Clapp.....701-261-2394 (cell) Sunday Worship.....8:15 a.m. Sunday School.....8:30 a.m. Cushing Bethany Lutheran 25430 Bison Rd. Cushing, MN 320-749-2140 www.bethanylutherancushing.com. Rev. Jean M. Megorden Lay Pastor Bob Mueller Sunday Worship.....9:00 a.m. Lincoln Evangelical Free 1354 320th St., Cushing.....218-575-2449 www.lincolnefree.org Facebook Lincoln E Free Office Hours: Mon.-Thurs., 9 a.m.-2 p.m. Friday Office Closed Visitation Pastor: Jim Brown Youth Coordinator: Kelly Gelle SUNDAY Sunday School for all ages.....9:00 a.m. Worship Gathering.....10:00 a.m. WEDNESDAY Praise & Prayer.....4:30 p.m. Kids' Club.....6:00 p.m. Jr./Sr. Forge Youth Group.....6:00 p.m. Cushing Baptist 26298 Bear Rd., Cushing www.cushingbaptistchurch.org Pastor Dan Holmes.....320-749-2583 Sunday School.....9:30 a.m. Worship.....10:30 a.m. WEDNESDAY Bible study.....7:30 p.m. Leaf River Township The Old Country Church Leaf River Twp., Wadena County Rd. 6 Info. 218-837-5690 Open by arrangement Leader Swan Valley Lutheran Leader.....218-397-2470 Pastor David Stevens Sunday Worship.....11:00 a.m. Maple Hill Lutheran Pastor David Stevens Leader.....218-397-2470 (Rural Pine River) Worship and Sunday School.....9:00 a.m.	Motley Motley Free Methodist 33 Wellwood St. E Motley 56466.....218-352-6888 Pastor Jim Johnson Assistant Pastor Richard Broberg Sunday Worship.....9:00 & 10:30 a.m. Sunday School.....10:30 a.m. WEDNESDAY Kids Club.....4:00-5:30 p.m. Youth Group.....5:30-7:30 p.m. St. John's Lutheran 497 3rd Ave. S, Motley.....218-352-6399 Pastor Vicar Paul Koehler Sunday School and Bible Class.....8:30 a.m. Sunday Worship.....9:30 a.m. St. Michael 1st St. and Birch, Motley.....218-894-2296 Pastor Fr. Joe Korf MASS: Tuesday.....6:30 p.m., Wednesday.....8:30 a.m., Saturday.....7:00 p.m., Sunday.....10:30 a.m. United Methodist 847 3rd Ave. S. Lane, Motley.....218-352-6466 Pastor Greg Leslie www.motleyumc.org Sunday Worship Service.....9:00 a.m. Monday AA meeting.....8:00 p.m. Oylen Oylen Alliance City Rds. 7 and 9, Oylen 218-472-3440 or 218-472-3316 Pastor Neal Malore Sunday School.....10:00 a.m. Sunday Worship.....11:00 a.m. Pillager First Lutheran Church 717 River Street S, Pillager, MN 218-746-3775 Pastor Hector Merced Sunday Worship.....9:30 a.m. Sunday School.....8:30 a.m. Casino Assembly of God Pastor Dan Johnson N. of Motley, Hwy. 64, E. on Cty 34 to Cty. 104. Phone.....218-746-3839 Sunday School.....9:30 a.m. Worship.....10:30 a.m. Sunday Worship.....7:00 p.m. WEDNESDAY.....7:00 p.m. First Baptist 903 River Street South, Pillager Pastor Skip Hansen 218-746-3768 Sunday Worship.....9:30 a.m. Children's Church.....9:30 a.m. WEDNESDAY Adrenaline Youth Group.....5:45 p.m.	Hewitt Church of the Nazarene 114 Front Street, P.O. Box 146 Hewitt, MN 218-924-2028 Pastor Wayne Hoffer Sunday School.....9:30 a.m. Sunday Worship.....10:45 a.m./6 p.m. WEDNESDAY Prayer.....7:00 p.m. Trinity Lutheran Church (LCMS) 524 Front Street, PO Box 116, Hewitt, MN Pastor Robin Fish Sunday Worship.....10:30 a.m. Verndale Verndale Alliance 109 NW Brown Street, Verndale, MN 56481 218-445-5619 Senior Pastor Tony Stanley Heath Belknap, Pastor of Student Ministries Sunday Worship.....9:30 a.m. Sunday Bible Fellowship Classes11-11:45 a.m. Family Life Church 402 NE Clark Drive, Verndale Church.....218-445-5568 VerndaleFLC@gmail.com Pastor Amos Self.....218-371-7189 Children's Pastor Kenneth Kjeldergaard Prayer.....8:30 a.m. Coffee & Fellowship.....8:45 a.m. Worship.....9:10 and 11:00 a.m. Prayer or Life Groups.....6:00 p.m. WEDNESDAY 6:00 p.m. Family fellowship meal 6:30 p.m. Ministry Groups/Bible study Hope Chapel Alliance 18126 County Road 7, Verndale 218-445-5643 or 218-472-3316 Pastor Neal Malore Sunday Worship.....9:00 a.m. Sunday School.....10:30 a.m. WEDNESDAY Family Night.....5:30 p.m. Immanuel Lutheran Church of Bartlett Township (LCMS) 17097 460th St. PO Box 37, Verndale Pastor Robin Fish Sunday Worship.....9:00 a.m. WEDNESDAY Bible Study.....6:30 p.m. Verndale United Methodist 10 3rd Ave. SW, Verndale 218-445-5108 Pastor Jill Pawlowski Sunday Worship.....9:00 a.m. Central United Methodist 5 miles N on Cty Rd 26 (Nimrod tar) Pastor Chuck Horsager 218-639-4225 Sunday Worship.....9:00 a.m. Sunday School.....10:30 a.m.
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Family

One of the valuable lessons which I learned growing up was that family is important. My father was fond of saying that friends would come and go, but that family would always be there for you. I also recall how painful it was to both of my parents when there was an argument between siblings. Brothers and sisters shouldn't fight like mortal enemies, a little healthy competition is okay, but siblings should always stick up for each other.

If there are rifts in your family, do your best to heal them, and strive to help your family and always be there in times of need. We should have this same attitude to our extended family, to our aunts and uncles, nieces and nephews, and even distant cousins. But, we should also realize that we are all God's children and thus part of the human family.

No doubt it pains God to see his children fighting and killing each other, no less than it pains human parents when they see their children fighting.

-MCG

"From one man he made all the nations, that they should inhabit the whole earth; and he marked out their appointed times in history and the boundaries of their lands. God did this so that they would seek him and perhaps reach out for him and find him, though he is not far from any one of us. . . . As some of your own poets have said, 'We are his offspring.'"

Acts 17: 26-28

The Staples area Church Directory is sponsored by these businesses:

Longbella Drug Store
"The Prescription Store"
2nd Ave., Staples • 218-894-2242
Motley and Pillager

Ernie's Food Market
Groceries - Gas - Convenience - more
Staples, MN 218-894-1072

Staples Veterinary Clinic
"Complete Animal Care"
Staples, MN 218-894-1775

Mid-Central Federal Savings Bank
Fully Insured to \$250,000
Staples, MN 218-894-3900

Central Building Supply
Bob Reeck, Manager
Hwy. 10 West, Staples, MN

Staples World
Your community newspaper since 1890
224 4th St. NE, Staples, MN
218-894-1112

Tower Pizza
Pizza, Pasta, Salads, Sandwiches
Staples, MN 218-894-3299

Staples True Value "Just Ask Rental"
Open 7 days a week.
Staples, MN 218-894-3263

**SECTION 00100 -
ADVERTISEMENT
FOR BIDS**
**Motley Well No. 6
Supply Project
City of Motley
Motley, MN**

**RECEIPT AND OPEN-
ING OF PROPOSALS:**
Sealed proposals for the
work described below will
be received at the Office
of the Clerk/Treasurer,
City of Motley, 316 High-
way 10 S, Motley, MN 56466
until 10:00 a.m. on Mon-
day, September 11, 2017 at
which time the bids will be
opened and publicly read.
**DESCRIPTION OF
WORK:** The work includes
the construction of approx-
imately:
Construct one (1) 12-
inch diameter production
well approximately 110 feet
deep.
together with numerous
related items of work, all in
accordance with Plans and
Specifications. This project
is subject to Responsible
Contractor Certification.
**COMPLETION OF
WORK:** Interim well work
will be completed by No-
vember 10, 2017 and with
a final completion date of
March 15, 2018 under the
Contract.
**PLANHOLDERS LIST,
ADDENDUMS AND BID
TABULATION:** The plan-
holders list, addendums
and bid tabulations will be
available for download on-
line at www.boltonmenk.com
or www.questcdn.com.
Any addendums may also
be distributed by mail, fax
or email.
**TO OBTAIN BID
DOCUMENTS:** Complete
digital project bidding
documents are available
at www.boltonmenk.com
or www.questcdn.com.
You may view the digital
plan documents for free
by entering Quest project
#5346010 on the website's
Project Search page. Docu-
ments may be download-
ed for \$20. Please contact
QuestCDN.com at 952-233-
1632 or info@questcdn.com
for assistance in free
membership registration,
viewing, downloading, and
working with this digital
project information. An op-
tional paper set of project
documents is also avail-
able for a nonrefundable
price of \$50 per set, which
includes applicable sales
tax and shipping. Please
make your check to pay-
able to Bolton & Menk, Inc.
and send it to 7656 Design
Road, Suite 200, Baxter, MN
56425-8676, phone (218) 825-
0684, fax (218) 825-0685.
BID SECURITY: A cer-
tified check or proposal
bond in the amount of not
less than 5 percent of the
total amount bid, drawn
in favor of City of Motley
shall accompany each bid.
**OWNER'S RIGHTS
RESERVED:** The Owner
reserves the right to reject
any or all bids and to waive
any irregularities and in-
formalities therein and to
award the Contract to oth-
er than the lowest bidder if,
in their discretion, the in-
terest of the Owner would
be best served thereby.

Dated: August 28, 2017

Lacey Smieja
Clerk/Treasurer

Published:
Finance and Commerce:
August 30, 2017; September
6, 2017
Staples World: August 31,
2017; September 7, 2017
35-36pnc

**NOTICE
CITY OF STAPLES
REQUEST FOR
PROPOSALS
TOURISM
MARKETING**

Overview
The City of Staples re-
cently approved an ordi-
nance that allows the City
to implement a Local Lodg-
ing Tax. The proceeds of
this tax must be utilized to
fund a Tourism Promotion
Committee for the purpose
of marketing and promot-
ing the City as a tourist
center. The City is request-
ing proposals from non-
profit organizations which
have experience and quali-
fications in regards to mar-
keting, specifically tourism
marketing.
The selected organiza-
tion will be held respon-
sible for all financial man-
agement, implementation,
and reporting duties to
execute a defined strate-
gic marketing plan. This
would include the man-
agement and oversight of
any and all hired resources
to complete plan require-
ments.
Proposal Requirements
The lodging tax has an
anticipated approximate
first year budget of \$25,000
and a second year budget
of \$50,000, with an antici-
pated start date of January
2018. The proposal must
include a two year marketing
plan that includes desired
outcomes along with a de-
tailed budget sharing how
much each activity will
cost as well as approximate
timeline for implementa-
tion.
Proposal Package:
• 2- year Marketing Plan
• Desired Outcomes
• Detailed Budget
• Estimated Timeline

The City is interested in
utilizing all forms of mar-
keting including but not
limited to print, digital,
mobile/interactive/apps,
social media, radio, televi-
sion, partnerships and pro-
motions. Submitted mar-
keting plans do not need
to include all forms listed.
However, the City requires
a written explanation for
any listed activities exclud-
ed from the strategy.
Timeline
Please submit propos-
als by **October 1, 2017** for
initial review. You may be
asked to present your pro-
posal to the council to as-
sist in making an informed
decision. The anticipated
start date of the project
will be January 1, 2018.

**Please submit full
proposal package to:
City of Staples**
Attn:
Melissa Radermacher
122 6th Street, NE
Staples, MN 56479
Or by email at mradermacher@ci.staples.mn.us
35-36pnc

**STATE OF
MINNESOTA
DISTRICT COURT
COUNTY OF TODD
SEVENTH JUDICIAL
DISTRICT
PROBATE DIVISION
Court File No.:
77-PR-17-793**

**In Re: Estate of
Lila Rosalie Lewis,
Decedent.**

**NOTICE OF AND
ORDER FOR HEARING
ON PETITION FOR
FORMAL PROBATE
OF WILL AND
APPOINTMENT
OF PERSONAL
REPRESENTATIVE**

**AND NOTICE TO
CREDITORS**

It is Ordered and Notice
is given that on Septem-
ber 19, 2017, at 1:15 p.m., a
hearing will be held in this
Court at the Todd County
Government Center, 221
First Avenue South, Long
Prairie, Minnesota 56347
for the formal probate of
an instrument purporting
to be the decedent's Will
dated February 2, 2017,
and for the appointment of
Brian H. Lewis as personal
representative of the estate
of the decedent in a super-
vised administration.
Any objections to the
petition must be raised at
the hearing or filed with
the Court prior to the
hearing. If the petition is
proper and no objections
are filed or raised, the per-
sonal representative will
be appointed with the full
power to administer the es-
tate, including the power
to collect all assets; pay all
legal debts, claims, taxes,
and expenses; to sell real
and personal property; and
do all necessary acts for the
estate.
Notice is also given that,
subject to Minn. Stat. §
524.3-801, all creditors hav-
ing claims against the dec-
edent's estate are required
to present the claims to the
personal representative or
to the Court within four
(4) months after the date
of this notice or the claims
will be barred.
Dated: 8/24/17
BY THE COURT
/s/ Daniel Benson
Judge of District Court
Dated: 8/24/17
/s/ Rhonda Bot
Court Administrator
by Patti Johnson, Deputy
Jason R. Sellnow
(MN #0391558)
Sellnow Law Office, P.A.
229 Central Avenue
Long Prairie, Minnesota
56347
Telephone: 320-732-1919
Facsimile: 320-732-1922
35-36pnc

**NOTICE
WADENA COUNTY
BOARD OF
ADJUSTMENT
APPEAL FOR
VARIANCE**

Notice is hereby given
that on Thursday the 21st
day of September, 2017,
at the hour of 7:00 p.m.
in the Wadena County
Courthouse Multi-Purpose
Room, the Board of Ad-
justment will hold a public
hearing on the application
of **Teri Ellen Cain, 23908
County Road 2, Staples,
MN**, for a variance on the
following described prop-
erty: SE1/4 NE1/4 except
the SE1/4 SE1/4 SE1/4
NE1/4, Thomastown Town-
ship, Section 29, Township
137 North, Range 33 West,
located in an A-3 General
Agriculture District.
Application, if ap-
proved, would allow a sec-
ond split of a ¼ ¼ parcel
of land.
All persons interested
are invited to attend said
hearing and be heard on
this matter. Access to the
public hearing will be al-
lowed through the Sheriff's
department on the South
side of the Courthouse
only.
Date: August 29, 2017
Board of Adjustment
Deana M. Malone
Planning & Zoning
Administrator
36pnc



Display welcomes students to school

When Staples-Motley Elementary School students walked into the hallway, they were greeted by a display wall decorated with welcome back messages from all the staff members. The display was set up by a parent of one of the stu-

dents. Pictured from left, second grader River Munger, first grader Josiah Johnston and third graders Jasmine Isley and Serenity Hangge. (Staples World photo by Mark Anderson)

Free resources to ensure child car seat safety

Every day in America, too many children ride in car seats that have been installed incorrectly, or are riding in the wrong car seats for their ages and sizes. Even worse, many other children ride while completely unbuckled. According to the U.S. Department of Transportation, National Highway Traffic Safety Administration (NHTSA), two out of three car seats are misused.

To help combat this issue, NHTSA is sponsoring Child Passenger Safety Week from September 17-23, 2017, a campaign dedicated to helping parents and caregivers make sure their children ride as safely as possible - every trip, every time.

"Every 33 seconds in 2015, a child under 13 was involved in a crash," said Samantha Cofell. "Using car seats that are age- and size-appropriate is the best way to keep your children safe."

According to NHTSA, motor vehicle crashes are a leading killer of children and fatalities are on the rise. Car seats, booster seats, and seat belts can make all the difference.

"In 2015, there were 248 children under the age of five saved because they were riding in car seats," Cofell said. "Car seats matter, and having the right car seat installed and used the right way is critical."

She added that too often, parents move their children to the front seat before they should, which increases the risk of injury and death. The safest place for all kids under 13 is in the back seat. Also, accord-

ing to NHTSA in 2015, about 25.8 percent of children four to seven who should be riding in booster seats were prematurely moved to seat belts, and 11.6 percent were unbuckled altogether.

"It's our job to keep our children safe," she said. "Get your car seats checked. Make certain they're installed correctly, and that your kids are in the right seats and are buckled in correctly. Even if you think your child is safe, check again, so you can be sure that your child is the safest he or she can be while traveling."

NHTSA recommends keeping children rear-facing as long as possible up to the top height or weight allowed by their particular seats. Once a child outgrows the rear-facing-only "infant" car seat, he/she should travel in a rear-facing "convertible" or all-in-one car seat.

Once a child outgrows the rear-facing size limits, the child is ready to travel in a forward-facing car seat with a harness and tether. After outgrowing the forward-facing car seat with harness, the child should ride in a booster seat until he/she is the right size to use a seat belt safely.

Always remember to register your car seat and booster seat with the car seat manufacturer so you can be notified in the event of a recall. Parents and caregivers can view more information on car seat safety and locate a certified child passenger safety technician at www.nhtsa.gov/carseat or call Todd County Health & Human Services at 320-732-4500.



Pickleball... anyone?

The pickleball action is heating up at the Staples Community Center, as every Tuesday and Thursday players gather for informal games. Players usually switch partners every game to keep the match-ups interesting. Anyone interested in learning the game is invited to join the group for fun competition. (Staples World photo by Mark Anderson)

Monitoring your teen's activities: what parents and families should know

The teen years are a time of rapid growth, exploration and risk taking. Taking risks provides young people the opportunity to test their skills and abilities and discover who they are. But, some risks—such as smoking, using drugs, drinking and driving and having unprotected sex—can have harmful and long-lasting effects on a teen's health and well-being. Parents are a powerful influence in the lives of their teens. When parents make a habit of knowing about their teens—what they are doing, who they're with and where they are and setting clear expectations for behavior with regular check-ins to be sure these expectations are being met—they can reduce their teens' risks for injury, pregnancy and drug, alcohol and cigarette use.

What can parents do to monitor their teens effectively? The following are some steps you can take to monitor your teen and help protect him or her from risky behaviors:

- Talk with your teen about your rules and expectations and explain the consequences for breaking the rules.
- Talk and listen to your teen often about how he or she feels and what he or she is thinking.
- Know who your teen's friends are.
- Talk with your teen about the plans he or she has with friends, what he or she is doing after school and where he or she will be going.
- Set expectations for when your teen will come home, and expect a call if he or she is going to be late.
- Ask whether an adult will be present when your teen is visiting a friend's home.
- Get to know your teen's boyfriend or girlfriend.
- Get to know the parents

of your teen's friends.

- Talk with your relatives, neighbors, teachers and other adults who know your teen. Ask them to share what they observe about your teen's behaviors, moods or friends.
- Watch how your teen spends money.
- Keep track of how your teen spends time online, and talk about using the Internet safely.
- Pay attention to your teen's mood and behavior at home, and discuss any concerns you might have.
- If your teen does break a rule, enforce the consequences fairly and consistently.
- Make sure your teen knows how to contact you at all times.

Submitted by Todd County Health and Human Services
Source: Centers for Disease Control and Prevention



Steve Fields
Minnesota Attorney

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Railroad Days Dash results reported

The Railroad Days Dash for Kinship Partners had 75 participants for the five kilometer run on Aug. 26. Complete results can be found on raceberryjam.com.

Top 20 men finishers
Kenny Miller, Wadena, 16:25; Paul Gorton, St. Paul 18:26; Taylor Johnson, Sauk Rapids, 19:00; Sammual Hemmerich, Minneapolis, 19:16; Zac Jennissen, Foley, 20:36; Cyris Eagle Tail, Staples, 20:45; Jesse Jennissen, Cambridge, 21:23; Braydon Engelmeier, Byron, 22:11; Keith Ferdon, Motley, 22:19; Derek Dickey, Staples, 23:21; Alex Jennissen, Foley, 24:07; Lyne Jennissen, Foley, 24:07 Paul Forehand, Staples, 24:27; Preston Miller, Wadena, 24:38; Joe Gorton, St. Paul, 24:55; Justin Roelfs, Mankato, 25:18; Alex Black, Staples, 25:57; Logan Robben, Staples, 26:00; Dakota Bible,

Staples, 26:02; Alex Schultz, Staples, 26:07;
Top 20 women finishers
Sara Carlson, Brainerd, 21:35; Jessica Miller, Wadena, 22:35; Amanda Turner, Motley, 23:30; Aften Robinson, Staples, 25:41; Emily Warner, Wesby, MT, 27:02; Sarah Koopmann, Motley, 27:39; Linsey Johnson, Staples, 30:00; Kathy Harren, Eagle Bend, 31:33; Sam Schimpp, Staples, 32:36; Valerie Black, Staples, 33:55; Brooke Ferdon, Motley, 35:13; Jacque Bartczak, Cushing, 35:16; Dawn Captain, Verndale, 35:25; Rebecca Hillman, Staples, 35:42; Elizabeth Wright, Staples, 35:46; Kassie Martin, Detroit Lakes, 36:09; Sharon Hirschey, Staples, 36:10; Melissa Wright, Staples, 37:00 ; Janice Heideman, Staples, 37:13; Leah Cloakey, Mary Ether, FL, 38:11



Dakota Bible

Railroad Days 5K Dash

Runners were off for the start of the Staples Railroad Days 5K Dash held Aug. 26. Above, some of the fantastic finishers who participated in the race on a soggy day. (Staples World photos by Mark Anderson)



Linsey Johnson, Kenneth Johnson and Rilee Johnson



Janice Heideman



Ray Heideman



Alex and Lyne Jennissen cross the finish line together. They were both part of the winning team for the RR Days Dash, Tony's Chicken.



Kenny Hales, 85, finishes the race with a wave to the crowd and a smile from Kelsey Hales, right. Hales, from Staples, was the oldest participant in the race.



Kenny Miller



Sara Carlson



Annette Wright and Alicia Wright



Jacque Bartczak



Braydon Engelmeier



Nicole Carlson



Carlos Ramirez

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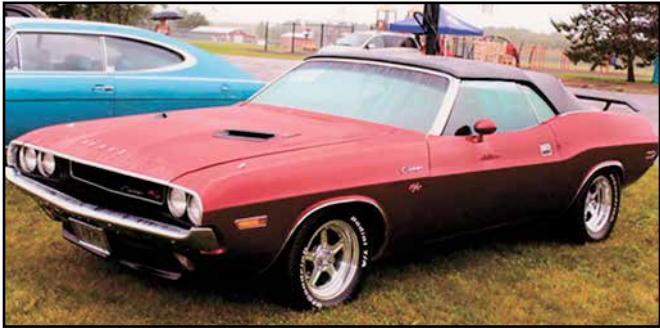
- F** Facial Drooping
- A** Arm Weakness
- S** Slurred Speech
- T** Time to call 9-1-1

DEPARTMENT OF HEALTH



Overall Champ: Mustang

Pat Donnelly with his 1964 Ford Mustang was selected Overall Champion of the Staples Railroad Days Car Show, sponsored by the Staples Motley Area Women of Today and NAPA Auto Parts. Stacy Finck of the Women of Today presents his trophy. (Submitted photos)



People's Choice: Challenger

Stacy Finck of Women of Today presents Dan Hoemberg his People's Choice award for his 1970 Dodge Challenger at the Staples Railroad Days Car Show.



Driver's Choice: '37 Coupe

Duane Gilleland and his 1937 Chevy Coupe was chosen for the Driver's Choice award at the Staples Railroad Days Car Show, held Aug. 26. Stacy Finck of the Women of Today presents the trophy.

IVERSON continued from page 1a

Free time was spent exploring and performing music

She bonded immediately with her host family's baby boy, who was four months old when she arrived. Jenessa recalled singing the same German lullabies to him that his mother had sung to her years earlier at the Iverson home in Staples. "I am very close to him, it was hard to say goodbye."

In addition to learning how to take care of a baby, Jenessa was responsible for a few household chores. "I loved grocery shopping in Germany," she shared.

When she was off duty, Jenessa enjoyed exploring the area. She did a lot of walking and biking, as well as utilizing public transportation which is readily available in Germany. Growing up in Staples, one could only catch the Amtrak train at two in the morning, Jenessa laughed. Jenessa had befriended

several foreign exchange students while she was in high school and was able to visit them during her year in Germany. Stops along the way included Italy and the Czech Republic. "I also took a trip to Denmark with my host family," she said.

During one of her walking expeditions, Jenessa encountered a street performer playing guitar in a tunnel by the train station. His name was Gabriel and he was the most talented guitar player she had ever met, Jenessa said.

She would stop and listen to him whenever she had the opportunity and one day asked Gabriel if she could sing a song with him. "He said, 'Yes,'" Jenessa shared. Their first duet was Nat King Cole's 'A Christmas Song.'

Thus began a Saturday morning tradition of per-

forming with Gabriel in the train tunnel. "That was one of the highlights of my year," Jenessa said.

She also joined a youth choir and jazz band, and played bassoon in the Jugend Sinfonie Orchester. "I met some of the best friends I have ever had, and hope to have for the rest of my life," Jenessa shared on Facebook of her time with the choir.

Jenessa went on to say that, "Music connected me to the world around me. It was, for a while, the only language I could fluently speak with the people I became closest to. My passion became my form of communication and it changed my life."

A turning point for Jenessa took place after attending the musical "Aladdin" with her host family. Seeing that production brought her so much joy and she knew that she wanted to share that same kind of joy with others.

Jenessa flew back to Minnesota last March for an audition at the University of Minnesota, Duluth and was accepted into the school's BFA (Bachelor of Fine Arts) Musical Theatre program. It was an affirmation to her that she was on the right path.

During her final months in Germany, Jenessa continued to perform with the various music groups she was a part of. With her choir, she had the opportunity to travel to Switzerland, Norway and Spain.

Although she's excited to be a college student, Jenessa said she has no regrets about taking a gap year before starting. "I needed that time to explore who I was and what the world is like," Jenessa said.

During her time in Germany, Jenessa said her independence level grew and she also became more comfortable with herself. Learning about other cultures has given her a broader world view and an appreciation for other traditions. "I will go to college with a more open mind," Jenessa said.

She believes this experience will also have a positive impact on her acting and singing, as she will be able to bring more depth to the characters she portrays.

"I still have a lot of growing to do. A lot of learning," Jenessa shared on Facebook. "That's a cool thing I am learning about life...that growing and learning is a huge part of it. In Germany I learned that making mistakes is more than okay, as long as I learn from them. And I have to continually push myself to understand this concept, but I am realizing more and more that life is more about the journey than the finish line. And my journey is still barely starting. It may be a rocky road at times, but climb like a champ and enjoy it. Stop thinking outside the box and live outside of it. You've only got one life."



Grand Prize

Grand Prize drawing winner at the RR Days Car Show was Reggie Petrich, of a welder, cart and helmet, presented by John Rachuy of NAPA Auto Parts.

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Dr. Ryan Kroll,
Family Practice Physician

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Street singers

While living and working in Germany this past year, Jenessa Iverson of Staples (right) met up with a guitarist named Gabriel (center) and his wife, Pepa. Gabriel is a full-time street musician, performing regularly in a tunnel near the train station. Having the opportunity to sing with Gabriel on occasion was a highlight of her year abroad, Jenessa said. (Submitted photo)

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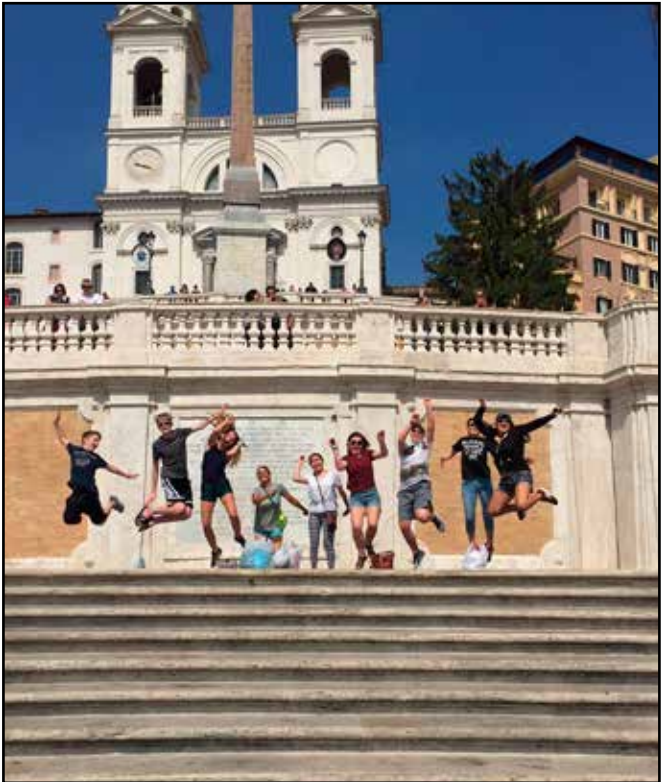


Staples-Motley students study in Italy, Greece



Next stop, Greece

Students and adult chaperones traveled by way of ferry from Italy to Greece during their educational tour this past June. Pictured, from left, are Nita DeWald, Laraina Franks, Vanessa Lozano, Frankie Hanson, Evelyn Gonzalez. The group was led by Amanda Olson, art teacher at Motley-Staples Middle School. (Submitted photo)



When in Rome...

...jump as the Romans do. Pictured above, on top of the Spanish Steps in Rome, Italy, are, from left: Staples-Motley students Kieran Groetsch, Bradyn Siewert, Frankie Hanson, Evelyn Gonzalez, Vanessa Lozano, Jadyn Kincaid, Oliver Lund, Nita DeWald, Laraina Franks. According to Wikipedia, the Spanish Steps climb a steep slope between the Piazza di Spagna at the base and the Piazza Trinita dei Monti at the top. (Submitted photo)

Case involving two boys under investigation

The Morrison County Sheriff's Office reports that on Sept. 3, at approximately 3:21 p.m., they received a call of a medical near the Little Elk River under the Hwy 115 bridge in Randall. According to their report, 14-year-old Cole Kjeldergaard of Cushing was located on land near the river and was semi-responsive. Nicholas Angevine, 12, of Randall was also located under the bridge and he was unresponsive.

The two boys were

pulled up to the roadway where they were tended to by medical personnel. Angevine was airlifted by Life Link III helicopter to Hennepin County Medical Center and his condition was listed as stable. Kjeldergaard was transported by Gold Cross Ambulance to St. Gabriel's Hospital in Little Falls. He has since been released.

This case is still under investigation by the Randall Police Department.



Construction complete

The Motley Area Transmission Project was recently energized. Pictured above is a construction photo taken near the completion of the project. (Submitted photo)

By Dawn Timbs
Staples World reporter

Ten Staples-Motley students (along with seven adults) traveled to Italy and Greece this past June, through EF (Education First) Tours.

It was a trip of a lifetime that introduced them to different cultures and provided the students an opportunity to learn about history in a real and tangible way.

Amanda Olson, art teacher at Motley-Staples Middle School (MSMS), was the leader of the trip. She had received a postcard at school with information about the company and the tours they offered and thought it sounded like a wonderful opportunity for students. It was actually addressed to the former middle school art teacher, Amanda shared of the postcard, adding that she decided to look into the program.

After receiving details about EF Tours, Amanda ran it by the school board, received their blessing to move forward; and then invited interested students and parents to an informational meeting at school.

"The classroom was packed," Amanda said, adding that there was a lot of excitement in the air upon hearing about the potential educational tour.

EF Tours offers a number of travel destinations, including the package to Italy and Greece which was the one that worked best for the Staples-Motley students.

In the end, 10 students (in grades six - nine) committed to traveling abroad. They included Nita DeWald, Laraina Franks, Vanessa Lozano, Evelyn Gonzalez, Kieran Groetsch, Frankie Hanson, Bradyn Siewert, Oliver Lund, Jadyn Kincaid, Cy Johnson.

"We started preparing

(for the trip) in February of 2016," Amanda said. She recruited special education teacher Ruth Tokarczyk, her mom, Heidi Olson; and four other adults to sign up as well.

According to information at their website, www.eftours.com, "Our educational philosophy is simple: the best way to help students gain new perspectives and build skills for the future is through experiential learning. As an accredited institution, we partner with educators across the world to create global education programs that blend classroom, digital and experiential learning for students."

The 17-member group flew out of Minneapolis on June 13, had a layover in Atlanta; and landed eventually in Rome. "For some of these kids, it was their first plane ride," Amanda said.

Upon arriving in Italy, the Staples-Motley group was paired with a school group from Kentucky which included 31 students.

They spent a couple of days in Rome, taking in a number of historic sites including Michelangelo's painted ceiling at the Sistine Chapel, St. Peter's Basilica and the Colosseum. On one of the days, they visited the ancient town of Pompeii, Capri Island and Sorrento.

Amanda noted that when visiting churches in Rome, one's knees and shoulders must be covered. They have a much higher level of respect when entering a place of worship than is evidenced in the United States, she noted.

The group took an overnight ferry ride across the Mediterranean Sea and when they woke the next morning, they were in Greece. That final portion of their trip included tours of ancient Delphi and Athens, along with visits to museums.



Visiting the Colosseum

As part of their educational tour, Staples-Motley students visited the Colosseum in Rome, Italy. The ancient amphitheater is reported to have been built in approximately 70 AD. Pictured above, from left: Nita DeWald, Laraina Franks, Frankie Hanson, Evelyn Gonzalez, Kieran Groetsch, Bradyn Siewert, Vanessa Lozano. (Submitted photo)

"The kids really enjoyed our tour guides," Amanda said, mentioning that they explained history through the art of storytelling.

Personal highlights for Amanda included visiting the Colosseum, which she described as "incredible;" throwing coins into the Trevi Fountain in Rome; and taking in the amazing views from the mountains of Delphi.

She enjoyed seeing so much history as well. "It was so cool to see sculptures I've read about in art books."

The students adjusted well to the different cultural aspects while they were there, Amanda said, adding that they developed an appreciation for toilet seats, toilet paper and Wi-Fi. "It's good for kids to be able to experience different lifestyles," she added.

They were able to try a number of traditional food

items from both countries. In Italy, they had a lot of pizza and pasta, Amanda said. The flavors were probably richer than what we are accustomed to in the United States, she added. She also noted that salads were always served with a dressing of fresh virgin olive oil and salt. Gelato, Italian ice-cream, was a big hit with everyone. Some of the favorite menu items in Greece included spinach pie and baklava.

Amanda was impressed with how engaged the students were during the entire tour. They seemed to understand that depending on what you put into the trip is what you would get out of it.

It was exhausting, Amanda said of the EF Tours experience; "but I would definitely do it again," she added.

Motley-Staples Middle School Open House



Checking out the cafeteria

Families had the opportunity to share a meal at the cafeteria during the recent open house at Motley-Staples Middle School. Pictured, from left, are Makenzie Radueg, 6th grade; Wyatt Radueg, 3rd grade; and their mother, Tammy Radueg, Motley.



New locker

Seventh grader Luke Bates (at left) checked out his locker during the open house at Motley-Staples Middle School Aug. 29.

Free books

A number of books were given away during the recent open house at Motley-Staples Middle School. Pictured at right browsing through the free books are, from left, Ida Lombard, Staples; and Autumn Smith, 5th grade.



Meeting his teacher

Students had the opportunity to meet their teachers for the upcoming school year during the recent open house at Motley-Staples Middle School. Pictured above, from left, are Sarah Dano, 6th grade English teacher; Joshua Picconatto, 6th grade; and Joshua's mother, Elissa Picconatto, Staples. (Staples World photos by Dawn Timbs)



Motley Area Transmission Project completed

The construction of the Motley Area 115-kV Project was completed recently and energization took place the week of Aug. 28.

This transmission project, which covers portions of Cass and Morrison counties, will allow for a bolstered electric service in the Motley area as well as provide electric power for the Minnesota Pipeline Fish Trap pump station. Great River Energy

(GRE) and Crow Wing Power invested in strengthening the Motley area's electric system, which will provide for more reliable service in the Motley area.

Construction began last January. According to Chuck Lukkarila, project manager at the Motley site, there were no real issues to contend with during the process. "We had some wet weather in July, but we worked

around that," Lukkarila said.

Jenny Mattson, GRE Communications Coordinator, said, "Great River Energy and Crow Wing Power would like to extend our thanks to the property owners, environmental agencies, local government leaders and our contracts who enabled a safe construction and completion of this important project."



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107 Notices

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Application deadline is Friday, September 8, 2017.

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36-38p

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Cardinals finish strong, top LP-GE for first volleyball win

The Staples-Motley volleyball team dropped their first set against Long Prairie-Grey Eagle on Aug. 29, but came back to win the next three to win their home opener.

“This was a great win on our home court to start the season,” said Coach Gretchen Bestland. “What I am most impressed with is that they have the determination to fight back and

finish the sets with wins.”

It was the reverse scenario from the Cardinals’ opening tournament, in which they won the first set but lost the rest.

“This team has great potential, the key will be for them to start believing that they do,” said Bestland. “This win points us in the right direction.”

Team results
S-M vs. LP-GE: 21-25, 25-

18, 25-20, 25-21

Mackenna Bjerga: ace serve-2, digs-2, set assists-13, kills-2

Alex Davis: digs-5, set assists-2, kills-3, blocks-1

Tabetha Allen: digs-1, kills-7, blocks-4

Kiera Dumpprope: kills-3, blocks-7

Kiera Storoy: ace serves-2, digs-10, kills-1, blocks-2

Alix Peterson: digs-5, kills-4

Camryn Banaka: ace serves-1, digs-14, kills-2

Football team learns from opening loss

The Staples-Motley football team was outmanned in their season opener, but they continued working hard until the end of their 52-0 loss to Pequot Lakes.

“They flexed their muscles on us a bit and showed us their age,” said Coach Travis VanOverbeke. “Strength, turnovers, and field position determined the game.”

All those factors came into play in the first quarter, as PL scored four touchdowns.

“I’ll give our squad credit they stayed in the game mentally and continued to support each other,” said VanOverbeke. “We had several young players on the field gain experience, hopefully they can apply that education to Crookston on Friday.”

The Cardinals host Crookston at 7 p.m. on

Friday, Sept. 8.

VanOverbeke said there will be some positional changes that will give the team a different look for that game.

Team results
Staples-Motley 0, Pequot Lakes 52

Rushing: 32-53 - Cade Schmidt 13-40, Spencer Miller 5-17, Jordon Carlson 8-9, Chase Davis 6-(-13)

Passing: Davis 4-7, 29 yards; Josh Lombard 2-7, 16 yards

Receiving: Derek Kennedy 3-24 yards, Griffin Webster 2-19, Matt Fisher 1-5

Tackles: Brayden Tyrrell 8, Scout Strickland 7, Emmitt Winkels 6, Kyle Serich 4, Webster 4, Kennedy 3, Miller 3, Evan Nanik 3, Schmidt 2, Isaac Swendsrud 2, Mason Nyhus 2, Luke Schmieg 1, Ryan Wick 1, Jeff Sundstrom 1, Ryker Beckner 1

Tennis team plays hard through wins and losses

The Staples-Motley girls tennis team ran into a tough Foley team and lost 7-0, but came back to defeat Long Prairie-Grey Eagle 6-1 in a triangular meet on Aug. 31.

Kelsi Peterson played well at number one singles, with two close matches. Rose Han and Jenna Dvorak came close to an upset against Foley, then won

their second match 6-1, 6-0.

“Rose and Jenna really battled, as did Kelsi in her singles matches,” said Coach Jacque Doll.

Team results
Staples-Motley 0, Foley 7

Singles: Kelsi Peterson L 6-7 (2-7), 6-4; Claire Wolhowe L 1-6, 0-6; Anna Wilgoths L 3-6, 1-6; Beth Johnson L 1-6, 1-6

Doubles: Bryn Williams/Katie Johnson L 3-6, 0-6; Jenna

Dvorak/Rose Han L 5-7, 4-6; Brittney Lisson/Haley Cichos L 2-6, 1-6

Staples-Motley 6, Long Prairie-Grey Eagle 1

Singles: Peterson W 3-6, 6-2, (10-5); Willgoths L 6-0, 6-4; Haylee Wold W 6-2, 6-1; K. Johnson W 6-3, 6-1

Doubles: Wolhowe/Williams W 6-1, 6-0; B. Johnson/Cichos W 6-0, 6-0; Han/Dvorak W 6-1, 6-0

5K fun run/walk for Homecoming

Staples-Motley High School will host a 5K Fun Run/Walk on Saturday, Sept. 30, at 9 a.m. Registration begins at 8 a.m.

‘Cardinal Pride’ is the theme of this event, which is being held in conjunction

with Homecoming Week, 2017.

To pre-register (required), email rossmcrae83@yahoo.com; or stop by the high school office, Staples Dairy Queen or Motley Dairy Queen.



Fun for all finishers

The Staples-Motley Cross Country team escorts the final runners across the finish line in the RR Days Junior Dash held Aug. 26. Some of the Junior Dash runners showed style for the race. (Staples World photos by Mark Anderson)



‘Why me?’ may be a hunting question with no answer

We value justice and fairness as ground rules in our lives, but we also know from experience that life doesn’t necessarily deal everyone an even hand. Some have opportunities greater than their peers. Some have challenges and travails that others don’t face.

Recently I spent time with a lifelong friend who also happens to be my duck hunting partner. His visit was officially to discuss and take measurements for kitchen and fireplace cabinet work he’s doing for my wife and I. But with the opening day of waterfowl hunting less than three weeks away, I knew we would inevitably spend time plotting hunting strategy, too.

From the look of things, we will have a new addition to the equipment used in our hunts. It is not for attracting ducks, for getting to our duck blind more efficiently, or for being more accurate in our shooting. The new equipment is a pair of ski poles. I saw them for the first time when my friend and his wife met my spouse and I at the family cabin. They arrived before we did, and were enjoying the south-facing view from the Adirondack chairs arranged along the crest of the hill. Leaning against the arm of his chair were the ski poles. I didn’t have to ask what they were for.

They had rubber pads rather than sharp-pointed tips; apparent that they were intended to grip soft ground or pavement, rather than to penetrate such icy ground as might be found on a ski run or a cross-country trail. I knew without asking that

the poles were to aid him in walking, though when we had last been together over the 4th of July he did not have them. As soon became clear, they are for balance, and to allow the strength in my friend’s arms and upper body to assist his legs. He has multiple sclerosis, more commonly known by the initials MS.

For reasons that are not entirely clear, the immune system of those with MS attacks and damages the protective sheath surrounding nerves, making it difficult for messages between the brain and other parts of the body to be transmitted successfully. Weakness and impaired muscle control are common effects, as happens to be the case with my hunting partner. MS’s advance can be rapid or slow. My friend has been relatively fortunate – if that can ever be the right word – that it has taken more than 20 years for his MS to reach this point. Twenty years, medical specialists and a variety of treatments in the hope of arresting or slowing its effects.

People react differently to setbacks. Some wear their ailments or complaints on their sleeve. Some are into one-upsmanship and are sure to have more serious setbacks or maladies than anyone else. Some are always asking “Why me?” I’ve always taken a certain amount of pleasure in answering someone’s doom and gloom stories by telling them how wonderful things are in my life, even if they aren’t.

My hunting partner is like that too. Perhaps that helps explain how we’ve maintained a companionship and friendship now in its fourth decade. You’ll never detect a hint of self-pity, or phishing for yours. Unless you brought up the issue of MS, it would remain unacknowledged, though his pace is slower, and his gait conspicuous for the effort it clearly demands.

In hunting seasons past, the chal-

lenge he’s faced has been not a matter of balance, but of a stubborn leg that was reluctant to obey commands, needing to be coaxed along when walking, and given a boost to rise above the gunwale of our duck boat when loading and preparing to launch at the landing. Now, several weeks hence when we reenact our decades-old ritual, it may require a bit more planning. But planning and preparation and effort are what duck hunters are about. We will make some adjustments, and the important things will be as they always have been.

The flip-side to the question “Why me?” is the equally imponderable “Why not me?” Why should one avid and appreciative lover of the out-of-doors have to contend with such a vexing complication of his life and sport, while another – like me – does not? I have been the recipient in the past half dozen years of a knee replacement, and more recently a new hip. Why were my infirmities ones that could be resolved with a brief time under anesthesia, replacement parts installed by a capable surgeon, and a brief period of post-op physical therapy?

We look for – want to believe in – reason and order, and find it troubling when they prove difficult to find. A believer in reincarnation might call it karma, pay-back for what happened in a prior life. Another might say such trials are a test of faith, but it seems to me that my faith is as much in need of a test as my hunting partner’s. If the outcome is a matter of genetics, it’s an accident of who fell in love with whom in some generation before ours. If it’s exposure to some virus or pathogen, then it’s luck or accident there, too.

Perhaps some penetrating questions will always remain beyond answering.

Dog flu strikes

By Ray Gildow

Being a dog owner, I got my attention when I read some newspaper headlines that some cases of dog flu had recently been identified in Crow Wing, Kandiyohi, Ramsey, Sherburne and Wright counties in Minnesota. As of August 17, eleven cases of dog flu were reported to the Board of Animal Health in Minnesota.

How this flu gets to the state is a controversial issue. There is a huge demand for animals in Minnesota and not enough pets to meet that demand. Animals are often shipped in from other states to animal shelters and then distributed to folks who want to have a pet dog or cat. These animals are inspected and must meet health standards to cross state lines, but the flu is often very hard to detect in the early stages and thus some animals fall through the cracks even though shelters in Minnesota are very diligent about screening incoming animals.

So, what is the flu danger to those of us who have dogs and how do we try to prevent our animals from getting sick? I contacted my local veterinarian, Dr. Kathy Marcussen, who owns the Staples Veterinary Clinic in Staples, Minnesota. According to Dr. Marcussen, animal flu is a summer seasonal event. Animals get the flu in the warmer months of the year and people get the flu in the colder months. People tend to get bunched together in the winter months and are exposed to others, while dogs get exposed to

other dogs more during the warmer months. People go on vacation, take their dog to a boarding kennel or take their dogs to family outings, exposing them to other dogs. The opportunities for exposure are endless.

The good news is we can’t get flu from the dogs and they can’t get flu from us either. The bad news is like the flu people get, dog flu is very contagious. It is a virus and can take the life of an animal that has immune deficiencies.

According to Marcussen, flu symptoms are very similar in dogs and people; Fever and cough that will last one to three weeks, decreased appetite, lethargy and a greenish discharge from the nose and eyes. Diagnosis can be tricky because some of the symptoms mimic those of other illnesses like kennel cough and even pneumonia.

Treatment options include rest, home monitoring, changes in food and watering, antibiotics, and oxygen therapy. There are some vaccinations available but ideally they should be given before the dog contacts the flu.

Dr. Marcussen stated that most dogs that get the flu will survive if they are healthy before getting sick. Unfortunately, some will not survive. She said the most important protection a dog owner can practice is to not expose your dog to other dogs during the summer months. That is the best prevention. Fortunately, the number of cases of flu are dwindling now that we are nearing the end of summer.