

Cardinal wrestlers win 3 more

By Kelley Kossan
World Sports Writer

The Staples Motley wrestlers are 15-1 heading into their last month of action. This past week they took on three teams, including some very tough wrestlers from Pierz, but won all

three meets. Thursday night the Cards participated in a triangular in Breckenridge, along with Parkers Prairie. The Cards first took on the Cowboys from Breckenridge, and won by a score of 61-11. Winning matches by fall were Blake Miller, Sam Duberowski, Jordan

Bendson, Dylan Shequen, Ryan Detloff and David DeYonge. Winning matches by decision were Brandon Flickinger (9-0) and Travis Weite (9-1). Receiving forfeits were Jordan Heldman, Tyler Pogreba and Dylan Kylander.

The Cards od wrestled the Parkers Prairie Pan-

thers 57-9 on the mat. Earning falls in this match were Blake Miller, Jordan Heldman and Chandler Trout. Coach Dan Bjerga remarked, "At 152 Parkers Prairie decided to bump up one of their better wrestlers, Ryan Silbernack to take on Jordan Bendson. Silbernack is very quick on his feet, but Jordan controlled the entire match as he scored two takedowns and won the match 6-1."

At 215, Bjerga said, "Ryan Detloff wrestled a tough match against Tyler Walsh who is currently ranked fourth in the state. They traded escapes before Walsh was able to turn Ryan for three in an arm bar."

The Cardinals traveled to Pierz Friday to

face the Pioneers. Despite four Pierz wrestlers being ranked in the top eight in the state and a very solid remaining lineup, the SM boys showed their tough side and won the meet 36-28. The boys started out a little slow and by the time the 145 match came along the Cards were trailing 22-6. This, however, is where the boys turned things around. Brent Lisson (145), Jordan Bendson (152) and Chandler Trout (160) all put their opponents on the mat for a pin to put the team ahead, 24-22. "Chandler wrestled a very aggressive match against No. 7 ranked John Omann and surprisingly pinned him after leading the match 11-10," Coach Bjerga said.

Dylan Shequen took on the No. 3 ranked wrestler at 171, Sean Huls, and lost 6-5 in a very close match.

At 189, Blake Petrich ended the match quickly, putting the Pioneer on his back for a pin in 1:36. At 215 Ryan Detloff won by forfeit to secure the team win.

David DeYonge faced No. 8, 285 pounder Dylan Peterson. Coach Bjerga said about DeYonge, "David wrestled very tough and smart and was able to go the distance with Peterson, and lost by a mere score of 8-3."

"These guys once again came out and wrestled together as a team. If one or two people lose, then the others pick up the slack. Pierz looked really good on their feet and actually scored twice as many takedowns as we did. But the deciding factor came down to the number of pins that were earned in which Staples Motley earned four, and Pierz only one," Bjerga said. "One of our goals of the season was to beat every team on their feet. Since we clearly didn't accomplish this goal, I would normally get on their case and jack them up a little bit, but just this once maybe I can give them a break!"

A little more than a month remains until the 2010 State Meet, March 3-6. The Cards have four meets until then, including one at home this Thursday against the Aitkin Gobblers, which will be the last home meet of the season. Varsity action starts at 7:30.

Cardinal boys earn three big wins in busy week

By Tom Crawford
News Editor

Three strong wins were in store for Cardinal boys last week, the squad taking out their frustrations for the Jan. 19 loss to Crosby-Iron-ton on Wadena-DC, Park Rapids and Little Falls.



This week:
2-01: SM 76, Pillager 36
2-05: at Pequot Lakes;
2-06: Mpls. Washburn

Jordan Riewer poured in 33 points on Jan. 26 to lead SM to a 79-61 Mid State Conference win over the Wadena-Deer Creek Wolverines.

Jon Bristow added 17 points followed by Derek Wolhowe with 14 and Jordan Peterson's 13. Wolhowe also had 13 rebounds for a double double against the Wolverines.

Friday night at Park Rapids, Wolhowe was the big point producer with 23 points to lead the Cards to an 87-50 win over the Panthers and improve the Cardinals Mid State record to 5-1.

Riewer added 17 points and also had 16 assists for his DD, while Trevor Wentworth and Bristow each had 11 points

Jordan Riewer scored 27 points, had 10 assists and pulled down seven rebounds for the Cardinals in an 83-72 victory over the Little Falls Flyers Saturday. This was a make-up of a

game postponed from one week before.

Jason (JJ) Johnson added 17 points, Wolhowe 14 and Gunner Johnson put in 10 as the Cards rallied from a one point halftime deficit to defeat the Flyers, who were led by Dan Kornbaum's 30 points.

SM, which shot an amazing 55 percent from three point range (10 /18), outscored the Flyers 44-32 in the second half.

Following the three games, the boys had a record of 11 wins and three losses, with a 5-1 Mid State Conference record.

After 14 games (through Little Falls) this year's Cardinal team is scoring at a 70 points a game average, while holding their opponents to 61 ppg. SM is shooting at a 50 percent success rate for all field goals (367/734), and 36 percent (102/281) for three point shots. Their team free throw success is at 70 percent (144/205) after 14 games.

Riewer, with 222 points this season, is at a 15.9 points per game production. Fellow senior Wolhowe is close behind, at 13.8 ppg, on 193 points, with Jon Bristow also in double figures at 10.8 ppg for the season on 151 points. Jason Johnson is at 9.4, with Wentworth at 6.9 and Gunner Johnson at 6.1.

Riewer also leads the Cards in rebounding with 101 total; in assists with 120, steals with 48 and eight blocks. He also leads in turnovers, at 44 and fouls at 41.

This week SM hosted

Pillager in a rare Monday night game. They have games this Saturday at Pequot Lakes and Saturday with Minneapolis Washburn coming to town.

Boys Results

Jan. 26
Staples Motley 38 41 - 79
Wadena-DC 25 36 - 61
Staples Motley (79): Tanner Roberts 2, Jordan Peterson 13, Derek Wolhowe 14, Jordan Riewer 33, Jon Bristow 17. Three-point baskets: 9 (Peterson 3, Wolhowe 2, Riewer 4). Conference: 4-1. Overall: 9-3.

Jan. 29
Staples Motley 87, Park Rapids 50
Park Rapids 24 26 - 50
Staples Motley 49 38 - 87
Park Rapids (50): Taylor Kimball 3, Paul Dirks 13, Tyler Ridlon 4, Roth Mattson 6, Max Brown 4, Dillon Theis 8, Christian Ridlon 10, K. Groterud 2. Three-point baskets: 2 (Kimball, Dirks).

Staples Motley (87): Tanner Roberts 2, Trevor Wentworth 11, Gunner Johnson 8, Jordan Peterson 6, Derek Wolhowe 23, Isaac Fuhrman 3, Alex Jansson 6, Jordan Riewer 17, Jon Bristow 11. FT 17-20 (85 percent). Three-point baskets: 7 (Riewer 2, Peterson 2, Wentworth, Johnson, Wolhowe).

Jan. 30
Staples Motley 39 44 - 83
Little Falls 40 32 - 72
Staples Motley (83): Gunner Johnson 10, Jason Johnson 17, Jordan Peterson 7, Derek Wolhowe 14, Jordan Riewer 27, Jon Bristow 8. FT 19-27 (70 percent). Three-point baskets: (Riewer 5, Wolhowe 2, Peterson 2, G. Johnson 1). Overall: 11-3.

Little Falls (72): Alex Scott 11, Zach Horejsi 7, Grant Bell 12, Mitch Dorn 5, Josh Wenzel 3, Dan Kornbaum 30, Ethan Mustonen 4. FT 15-20 (75 percent). Three-point baskets: (Horejsi 2, Bell 2, Scott 1, Dorn 1, Wenzel 1). Overall: 12-5.

GIRLS continued from page 1b

Girls after Mid State title

Girls Results

Jan. 26
Staples Motley 55, Perham 50

Perham 18 32 - 50
Staples Motley 20 35 - 55
Perham (50): Kaylan Huber 5, Steph Miller 7, Kelli Meehl 2, Jessica Speicher 6, Katrina Moenkedick 19, Elisa Monekedick 11. FT 6-14 (43 percent). Three-point baskets: 2 (Miller, Huber). Perham overall: 11-3.

Staples Motley (55): Nikki Pearson 12, Kelly Pearson 2, Caitlin Robinson 10, Ashley Lisson 16, Abby Smith 10, Kelsey Rice 3. FT 15-18 (83 percent).

Jan. 28
West Central 49, Staples Motley 47

West Central 23 26 - 49
Staples Motley 18 29 - 47
West Central (49): April Nelson 8, Liza Torgerson 17, Jennifer Froemming 4, Alyssa Blair 6, Caitlin Peterson 6, Tanika Nguyen 8. FT 16-24 (68 percent)

Three-point baskets: 3 (Peterson, Nelson 2). 16-24 FT

Staples Motley (47): Nikki Pearson 18, Kelly Pearson 7, Caitlin Robinson 7, Jennifer Vasquez 9, Ashley Lisson 4, Mikayla Wing 2. FT 10-15 (68 percent), Three-point baskets: 5 (Robinson, K. Pearson, N. Pearson 3).

Jan 29
Staples Motley 30 23 - 53
Pequot Lakes 22 29 - 51

Staples Motley (53): Nikki Pearson 18, Caitlin Robinson 18, Ashley Lisson 13, Abby Smith 2, Jaelin Beachy 2. FG 16-41 (39 percent), FT 15-21 (71 percent), Three-point baskets: 6 (Robinson 4, Pearson 2). Conference: 5-2. Overall: 12-4.

Pequot Lakes (51): Kylie Beltz 4, Katelyn Schmidt 3, Mattie Lueck 20, Kendra Johnson 4, Kirsten Noska 4, Emily Lueck 16. FT 13-19 (68 percent), Three-point baskets: 4 (E. Lueck 2, Noska, M. Lueck).

Wrestling results

Staples Motley 36, Pierz 28
103: Chris Ortman (Prz) maj. dec Blake Miller 12-4

112: Brad Meyer (Prz) dec Jordan Heldman 5-4

119: Brandon Sullivan (Prz) pinned Tyler Pogreba 4:15

125: Brady Killian (SM) dec Brett Brausen 6-4

130: Sam Duberowski (SM) dec Josh Lanner 1-0

135: Clint Poster (Prz) win by forfeit

140: Cody Vnzee(Prz) dec Brandon Flickinger 4-1

145: Brent Lisson (SM) pinned Dustin Waytashek 4:53

152: Jordan Bendson (SM) pinned Nathan Tomala 3:08

160: Chandler Trout (SM) pinned John Omann 5:28

171: Sean Huls (Prz) dec Dylan Shequen 6-5

189: Blake Petrich (SM) pinned Ryley Smude 1:36

215: Ryan Detloff (SM) win by forfeit

285: Dylan Peterson (Prz) dec. David DeYonge 8-3.

Cardinal girls B-Squad results

The Cardinal B-squad girls BB had three tough games this past week but finished with three wins.

Coach Stacey Barthel said Jaelin Beachy and Kelly Pearson had a very good week offensively. Jaelin made the game winning free-throw against Pequot Lakes

Jan. 26 SM 47 - Perham 39

Kelly-13, Jaelin-10, Jasmine McGillvray-10, Mikayla Wing -5, Brooke Wolhowe-3, Kelsey Zetah -3, Katie Givans Katie-2.

Jan. 28 SM-51, West Central-39

Jaelin-15, Kelly-13, Jasmine-9, Mikayla -6, Brooke-4, Jenna Ziegler -2, Kelsey-2.

Jan. 29 SM-59, Pequot Lakes-58

Jaelin-18, Jasmine -11, Kelly-10, Mikayla-6, Kyann Nyhus -5, Kelsey-4, Mackenzie Holst -3, Jenna-1pt

The week before, the Cardinals downed C-I, 50-27 and DL 43-29.

All of the girls played well against C-I. Jasmine had two three pointers and ended the game with 16 points. Brooke had a couple of good rebounds that turned into easy lay-ups.

Barthel said the girls had a rough start against Detroit Lakes, but scored 33 points in the second half to win. Jasmine made four, three pointers and ended the game with 18 points. Jaelin had all nine of her points in the second half.

Jan. 15 SM-50, Crosby-Ironton (CI)-27

Jasmine-16, Jaelin-10, Kelly-7, Mikayla-7, Brooke-4, Katie-2.

Jan. 19 SM-43, Detroit Lakes (DL)-29

Jasmine-18, Jaelin-9, Kelsey-7, Kelly-4, Mikayla-3, Brooke-2.

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Hope for resistance to disease

munity to diseases. Worst-case predictions may not come true; or, fish species will recover, with an ability to cope with the threat. That's everyone's hope. But no one wants to travel that path to learn just how well, or how soon, Minnesota's fish populations can adapt or recover from a disease this deadly. Prevention is far more palatable medicine than cure.

Thursday's Twilight League Bowling Wadena Lanes

JANUARY 21	
Mason Bros.	8-4
Gappa Oil	8-4
Lefty's	7-5
Ted & Gens	5-7
Staples Vet Clinic	4-3
Spectrum Printing	4-8
HIGH TEAM SERIES-	
Cappa Oil	1,673
HIGH TEAM GAME-	
Mason Bros	598
HIGH INDIVL. SERIES/HIGH GAME	
Tahna Rurup	585 (213-202-170)
Tia Krupke	566 (210-199)
Deb Pundt	558 (10-187-191)
Marge Harrison	524 (11-177-18)
Lana Hansen	518 (191-179)
Deb Wiese	509 (199)
Gail Judd	495 (1181)
Shirley Wegscheid (175)	

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