



Vintage Fashion Show

Over 85 people attended the Vintage Fashion Show Saturday afternoon at Central Lakes College. Grace Steuri of Little Rock, Ark., shared more than 60 ensembles from her collection. A few styles from ancient times through the mid-1800s were featured along with some from each decade from 1900 through 1980, including a dress worn by Eleanor Roosevelt. The event was a fund raiser for the Staples Historical Society and

also featured booths from area vendors showing other vintage clothing, jewelry, toys and other collections. The models, from left, were Lynn Dauphinais, Laura Dwyer, Terri Kobliska, Lisa Giza, Hannah Hess, Gene Kanten, Cheyanne Pachan, Joy Tyrrell, Audrey Zimmer, Brittany Borck and Mary Fitcher. The show was sponsored by the Staples Historical Society and Central Lakes College. (Staples World photo by Brenda Halvorson)

EDA continued from page 1a

PCM Products moving into Staples Industrial Building

in, manufacturing and job creation. He would be voting for it, he said, were it not for a distant relationship between himself and Stern. He abstained and the remaining five EDA members voted unanimously to approve the loan to Stern Manufacturing.

The EDA has had previous loans and a stock option

plan with Stern, with the earlier debts all paid off. The EDA also agreed to a lease arrangement for Unit C in the Staples Industrial Building with Bill Paulson Jr., who formerly was involved with Stern and Hunstad in Harvest Components. Nelsen explained that Paulson has started PCM Products, selling

rubber molding products for attaching to various farm implements, similar to Harvest Components. He has been running the business out of his home since Harvest Components ceased operating and now needs more space. He will be paying \$600 a month rent for a portion of Unit C for the last six months of 2009.

In other business, the Staples EDA :

- Studied the year-end 2008 EDA balance sheet, noting the EDA has around

\$200,000 available for loans.

- HEARD updates from Nelsen on the Awning and Facade loan program (three loan requests are being processed, he has two on Sixth Street and another on Fourth Street north of the stoplights; on the North-South Corridor (overpass) project, (Environmental Assessment is all but complete, right of way acquisition can only begin now after the EA is done) and the Highway 10 turnback and Fourth Street project.

Lakewood welcomes two new therapist

Lakewood Health System announces the addition of Miles Krueger, Doctorate Physical Therapist and Janet Byland, Occupational Therapist to its rehabilitation department. Both therapists began practicing at Lakewood in June.

Krueger comes to Lakewood Health System after graduating from the University of North Dakota, School of Medicine in May. Krueger has worked



Miles Krueger

school and home based centers and outpatient facilities.

Her prior practice focused on all ages, but she has specific knowledge in pediatric development delays, orthopedic hand and arm injuries and cognitive/memory changes. Byland finished her bachelor degree in occupational therapy at the College of St. Catherine in St. Paul and is licensed and certified with the Minnesota Department of Health.



Janet Byland

With the addition of Krueger and Byland, Lakewood's rehabilitation department consists of seven physical therapists, three physical therapy assistants, one occupational therapist, two massage therapists and an athletic trainer.

For more information about Miles Krueger, DPT or Janet Byland, OT contact Ron Murray, Director of Rehab Services at 218-894-8426 or email ronmurray@lakewoodhealthsystem.com For a full list of rehabilitation services offered at Lakewood Health System, visit www.lakewoodhealthsystem.com

Fired up for the fourth? Keep it safe and legal

If they fly or explode, they're illegal

The fireworks for sale in Minnesota may be legal, but if not handled carefully they can be dangerous. State Fire Marshal Jerry Rosendahl calls the sparklers, snakes and

other items that are legal in Minnesota "merely less dangerous than the outlawed fireworks that fly or explode."

"The burning tip of a sparkler can reach 2,000 degrees," says Rosendahl. "That's not safe. It's hot enough to melt gold, and precautions are necessary to use sparklers and all other fireworks."

According to the Consumer Products Safety Division, nearly 10,000 Americans are treated for fireworks injuries each year. In Minnesota, the devices caused 69 injuries serious enough for emergency room treatment in 2008—more than half of them to persons age 19 and under.

Fireworks law specifies that you must be at least 18 to purchase consumer fireworks, and retailers are required to check ID. Fireworks may not be used on public property, including parks, roads, alleys, schools and any government property.

Minnesota-legal fireworks include sparklers, snakes, ground spinners and spark cones, any of which can cause injury. Young children are most vulnerable. "Delayed combustion is not uncommon," Rosendahl says. "People who try to relight a device often end up with damaged eyes or fingers."

To avoid injuries, the State Fire Marshal recommends following these tips:

- Set a good example by using only legal fireworks in your celebration.
- Dress appropriately. Shoes are essential. Avoid hats and loose clothing.
- Light one item at a time, and never in an enclosed container.
- NEVER attempt to relight a device that doesn't ignite properly the first time.
- Keep a bucket of water handy to cool spent sparkler wires and extinguish other fireworks.
- Avoid areas with dry grass, brush or debris; flying sparks can ignite these materials.

For more facts and tips, go to www.fire.state.mn.us and select "Fireworks Information."

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